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The Editor is always pleased to receive local news of people, clubs and events.

Village Life

The bi-monthly community news magazine for Aston Clinton, Buckland and Drayton Beauchamp



SOMETIMES it's hard not to despair at the negativity which seems to surround us in our national politics and in the press. We are constantly told about all the things that are wrong: rarely do we seem to celebrate the things that are right. Our recent sporting successes are one conspicuous exception.

At a local level, there's much to celebrate. This issue of your magazine chronicles many of the good things happening across our villages. Our Parish Council has transformed what was a fine park and recreation ground into one of the best public amenities for many miles around (see p6). Indeed, I believe that one family came from Kent during the summer because they'd heard that it was worth the 140-mile round trip to see and enjoy.

The caring ethos of our school (p9) is also something to celebrate as another group of infants start their journey through the educational system, wide-eyed and eager to learn.

On pages 10 and 11, James Adam completes his three-part description of Aston Clinton's medieval church and some of the famous people commemorated within it. Despite the recent violation, St Michael's remains, as attested by comments in the visitors' book, a peaceful and beautiful place.

A hopeful story is told on pages 14 and 15. You may have noticed the large number of bicycles for sale at the Recycling Centre's Hospice shop. Read the article and allow your heart to be warmed by the brilliant idea of restoring self-worth to damaged young men whilst at the same time encouraging the benefits of exercise, *and* raising money for South Bucks Hospice. A classic win-win!

Slightly out of season, there's another inspiring story on p18. The look on those youngsters' faces says it all.

Alec Just Editor

Letter from the Rector

Dear Friends

This is the time in the church year when we give thanks and remember. We have just finished celebrating Harvest, a time when we give thanks to God for the created world and we're moving towards Remembrance, holding in our hearts and minds those who have died in war. That's a time of sadness about the past, but a time of resolve about the future too.

I wonder how important remembering and thanksgiving are to you... What do you remember most about last summer? What are you most thankful for?

I've been remembering when all the lead was stolen from the north roof of St Michael's Church. It happened back in July when one Wednesday night a group of people took the gates off the cricket ground in Church Lane and drove a vehicle in there. They cut the fence into the churchyard, ripped out two tombstones to make a clear path to the lorry, and went up onto the

church roof. We assume they rolled up the lead which covered the roof boards and breaking off one of the battlements, dropped it onto the ground. You may have heard how Tia, the church cat, was spotted on the roof the following day. She appears to have followed the thieves onto the roof and then was stranded there! Fortunately, Richard Nicholls scaled one of his ladders to rescue her.

The church was insured, but because those who steal lead are rarely caught, the insurance will only pay out £7,500 per claim. I feel sad

remembering this theft because our fundraising can't go towards a project to help the community but has to be focused on replacing what was perfectly good before! But as with the much more serious remembering we do on Remembrance Sunday, there's an element of resolve too. A church is more than just stone, wood and lead; it's a building which is a meeting place. It comes into focus at times of times of grief and joy; it's a place where village people, both adults and children, come for worship at Christmas as well as for Christenings, Weddings and Funerals. I hope the whole

village will resolve to ensure that St Michael's is able to be this focus and can continue to be a place set aside for prayer at the heart of the

community.

So if that's what I've been remembering, what I've been giving thanks to God for over the Harvest season... is you! I won't mention individuals by name as I'm sure to forget someone, but I'm so grateful

to all of you who have given so generously. You've given expertise and time, energy and money to help put things right. Thank you.

Here's a verse from the hymn that was going around my head when I woke yesterday morning:

O God our help in ages past, Our hope for years to come, Our shelter from the stormy blast And our eternal home.

With love Elizabeth



If you would like to help repair the roof, you can donate online at https://mydonate.bt.com/events/astonclintonchurchroof or by cheque made out to St Michael and All Angels Church Appeal Fund and handed to someone you trust!

St Michael and All Angels

Regular Services: 9.15am and 6pm each Sunday and Evening Prayer at 7.30pm each Friday





Date	Time	Event	Location
Sat 22 Oct	7.30pm	Tall Ships – Film and Q + A	St Michael's Church
Sun 13 Nov	11am	Act of Remembrance	War Memorial
Sun 13 Nov	11.20am	RBL Service of Remembrance	St Michael's Church
Sat 19 Nov	7.30pm	Music Quiz	Anthony Hall
Sat 3 Dec	11am-4pm	Christmas Fayre	Anthony Hall

Every Monday 10am Bridge at St Michael's and 2-4.30pm Rhubarb Café at St Michael's Church. More details about all these events on the church website: www.s-michaels.org.uk

Aston Clinton Ladies Group

Forthcoming meetings

Wed 19 October at 8pm at the Guide Hall Debbie la Hay will be giving a talk about the charity 'Horses Helping People'.

Wed 16 November at 8pm at Buckland Village Hall. AGM and social evening with prosecco and canapés. Tickets £8. Also, Catherine will be bringing along her handmade jewellery for those special Christmas presents.

If you would like to join us please call Sue Sanders on 01296 630740 or Janet Watson on 01296 631014. New members are always very welcome.



In the classified directory of advertisers on page 34 you will find a wide range of local services. Please support our advertisers and mention Village Life when you contact them.

Parish Council news

IT has been fantastic to see the upgraded park so busy every day during recent months with the equipment well-used. All the hard work and extra hours to get it all done in time for the summer has been so worthwhile and we hope it has helped your Parish Council to be seen as proactive and caring.

The new integrated play park was officially opened by Harrison, the little boy whose mum first brought to our attention that there was no play provision locally for children in wheel-chairs. We hope to see more wheelchair users coming to our park and using the facilities.



Harrison Glaze, who has cerebral palsy, opened the new assisted play area on Friday 29 July.

We have had a well-documented increase in vandalism and this got so bad at one point that we had to employ private security overnight in the park. We were criticised on social media for this but it was just for two nights. On the second night, it resulted in culprits being detained. The matter is now with the police. Perhaps we could all help educate our young-

sters in understanding that it costs money to replace equipment and clean up mess, as well as taking up staff time which means we all end up paying! On that note, the darker months usually bring an increase in dog fouling. Our CCTV has been upgraded recently and any incidents of dog fouling should be reported to us with dates, times and locations so that we can review the footage.

The early summer rain brought an increase in complaints about growth, although a lot less than usual, thanks to our new contractors Aylesbury Town Council doing a fine job on the verges. Services no longer provided by the county council are still coming to light and there is no doubt that the parishes will have to take on more local services in the coming years. There are many opportunities for local residents to engage with the parish council and make their views known. Council meetings are held on the first Wednesday of the month and always have a public participation session at the start. You can attend a Neighbourhood Plan event or committee meeting and offer feedback. Or email us any time, especially at this time of year when we set priorities for the coming year.

We are now planning the Remembrance Day ceremony (Sunday 13 November at 10.45 am at the War Memorial), as well as Santa's visit (provisionally Sunday 18 December) and the launch of the new Youth Cafe in the Churchill Hall (the old Youth Club building).

I will end by thanking everyone involved in having got us ready for the successful summer: Chris Ronson for voluntarily carrying out the ground repair work; Eamonn McGoldrick for the extra bin emptyings and loo cleans and all our councillors who don't just sit around in meetings but are out there in the park doing the jobs that help save money.

Gill Merry, Parish Clerk

New Parish Councillors

AT the Parish Council meetings in August and September, two new councillors were co-opted to fill casual vacancies. Roisin Stewart joined the Council in August and Marion Mason in September. Here are brief biographical details of Cllrs Stewart and Mason:

Roisin Stewart moved to Aston Clinton almost a decade ago along with her husband and their two sons, aged 10 and 13 years. After a 28-year fast-paced Civil Service career, recently she has managed our local Job Centre. She believes that people are at the heart of everything and that effective communication is essential in working together to reach shared goals. Roisin is currently studying with the Open University and working as a volunteer for Hearing Dogs for Deaf People and says she will bring a strong work ethic and positivity to her service on the Parish Council.



Marion Mason is a professional photographer and the latest member of the Parish Council, co-opted in September. She is also a digital photography tutor for Bucks Adult Learning, holding regular classes locally. With her earlier career in PR and promotion, Marion hopes that her experience and creativity will be an asset to her new role in the community. She has been a resident of Aston Clinton since 2007 and will initially work on the Aston Clinton Neighbourhood Plan. Marion lives with her long-term partner, Bob. Her three grown-up children live locally.



The new assisted play area has been integrated with the existing—and upgraded—play area to avoid children in wheelchairs feeling segregated from other children.



ioto: David Lonsdal

I WAS JUST WONDERING why I'm finding this particular column so hard to write. Is it because the deadline falls right at the back end of the summer holidays so all I really want to get off my chest is: a) how annoying my kids are, b) how much I wish I liked camping, and c) how ridiculously expensive school shoes are? Which is all pretty irrelevant now we are up to our necks in pumpkins and pies and impending fireworks. But if I'm honest, the real reason I'm struggling to focus is WhatsApp.

I love WhatsApp—the free instant messaging app—but my dependency on it scares me a little. I love that being part of a WhatsApp

group chat feels like being in a room with a gang of my besties at any given time. Advising, supporting, laughing with each other throughout the drama (and often monotony) of daily life, regardless of where we are in the world. Unfortunately, the continual pinging of messages does make it virtually impossible to get anything done.

Scaremongering articles in the press seem to focus on the teenagers who spend hours online but I've just lost most of the morning to my phone, achieving not much more than G's secret recipe for guacamole and a decision that M should wear the blue asymmetric dress to the wedding this

How I wish WhatsApp had been a thing when I was a new mum first time around. Oh to have the NCT girls on a group chat during those lonely hours of continuous feeding and crying (baby feeding, me crying). Perhaps I would have been braver about reaching out to those new friends, when I so desperately craved company, instead of worrying they would think I was a saddo if I asked to meet up without at least three days' advance notice.

These days, I belong to several group chats the School Mums (with my kids now attending three different schools, there are lots of variants on school-related chat, bitching about projects, homework and sussing out which week we are on for school dinners as well as arranging emergency pick-ups and drop-offs for each other's kids); the former Work Mates (I used to schlep into Soho to catch up with the media bunch but now I can fulfil all tabloid gossip needs whilst in the bath); Village Friends (mostly arranging dinner dates and feeding each other's pets); Family (who's buying what for the kids' birthdays and is anyone planning to visit gran who's had a fall?). Then there's my own Childhood Friends (organising reunions,

catching up on who's getting divorced and/or botox from the class of '96'); the Soccer Mums (someone needs to co-ordinate the away match prosecco, I mean, picnic supplies) and it can be a challenge being sure to send the appropriate reply to the right group if several chats are taking place at the same time.

Ironically, the most significant downside to all this WhatsApping is

being anti-social. I may be snuggled up to my husband watching Game of Thrones but I'm also analysing plot twists and admiring Jon Snow with five others (yep, there's a group chat with fellow GoT fans too).

I have considered limiting my time spent online but it is hard when pretty much every aspect of running this family's life is organised via some form of online communication, be it email, text, Facebook or WhatsApp. I may mock my tweenage daughter's threads for excessive emoji use but even she rolls her eyes at me, giggling at the silly photo someone has sent while I'm making dinner.

And so I resolve to be more present in the moment with the people I'm with and to put the phone away. Convinced? No, me neither.

Kelly Cornish



weekend.



Aston Clinton School



Back to school

As I write this, the children are just beginning their new school year. The new year is always a nervous time for children (and parents). They are moving up into a different year group with higher expectations. Usually the nervous feeling disappears very quickly as routines are established and they find out that our job, as adults, is to guide them through any new learning or responsibilities they now have to take on board. With our support they should be able to feel success quickly. The start of the new school year is also a time to reflect on what happened last year and to decide what changes need to be made for this year to be even more successful. It is an opportunity for a clean slate, should one be needed.

For some children their nervousness is because they are starting school for the first time. We are always delighted to welcome our new reception children and their families into our school and to watch them grow throughout their time with us. When you are four you have a lot to take on board so it will be a few weeks before they all understand that you have to come to school every week of term time, not just for the first five days of September!

We also have welcomed some children who

have moved into the area or been offered a place from out of our catchment area as they are on the waiting list. Some of these children did not know they were going to be joining us until the summer holidays, so they may be, understandably, more nervous than most. Thank goodness that we have Mrs Astle to support these children through their first few days in school.

With all the housebuilding in the village, I suspect we will see more and more children coming to our school from within our catchment area. Those who live further afield will either go elsewhere or choose to go on our waiting lists. As a school we do not have anything to do with the admissions process, so we do not know who is coming until admissions tell us. Bucks CC is our admissions authority and has to follow strict criteria in deciding which school any particular child should attend. As a school we do correspond with the admissions team and we have ensured that they are fully aware of the proposed building work in the village. What they do with that information, we will have to wait and see.

However the children end up in our school, we look forward to working with them and seeing them flourish. Helen Shepherd

at 7pm for 7.30 start. Tickets £12 to include supper. Bring your own drinks.

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An historical guide to St Michael's Church



PART THREE: THE NAVE

The nave is the main body of the church stretching from the chancel arch in the east to the vestry screen in the west. Although I always give 1232 as the date of the original church because that was when the first rector was recorded, the original nave could well have been erected as early as the 12th century. The irregular setting out of the 13th century south arcade (the pillars on the south side) possibly indicates that a 12th century nave of about two squares was lengthened towards the west about 1270, when the south aisle was built, with the north aisle being added around 1340.

At the east end of the nave is the chancel arch. Immediately in front of it is the pulpit

which we know was installed in 1867, although the base of it and the very well-worn steps leading up to it, are much older. Above the pulpit is an internal window depicting St Michael, our patron saint. The window was donated by the family of a former rector, Rev'd Terry Lewis.

Photo: James

The Lewis Window

The artist's sketch of the window is now the church's logo. The Lewis Window fills a space which was once the entrance to the gallery above the rood screen and behind it, on the north side, the actual steps leading to it can be seen high above the Children's Corner. This rood screen ran right across the chancel from pillar to pillar. In the middle of it would have been a large cross with a life-size figure of Christ on it. Behind the lectern can be seen the last remaining signs of the spiral stair leading up to the other end and in the Lady Chapel side of the glazed opening can be seen the hinges of the door to it.

The old pine pews were gradually replaced from 1953 onwards when the present fine pews were installed. Carved in Aylesbury by Webster and Cannon, they are in English oak taken from trees felled to make way for the then new Bedgrove estate. The two front pews were removed in 2015 to create a larger worship and performance space and to make it easier to walk in front of the pulpit and the lectern.

Above the pews in the nave on both walls are four hatchments. These are diamond-shaped paintings and are representations of the coats of arms of squires and families who have been Lords of the Manor.

They were painted on their deaths and laid on their coffins before being 'laid up' in the church. Almost all hatchments are painted in oils on canvas and nailed directly onto their frames. Our hatchments were removed from the walls in the early 1950s and stored in the boiler room until 1970. They were in poor shape and a local picture restorer, John Essex, agreed to restore them at cost. They were put onto stretchers and reframed and are now much stronger and durable than they would otherwise have been. They were than restored to their rightful places in 1973 when the church was redecorated.







The Minshulls (above left) were a medieval family, one of whom followed Richard the Lionheart on the Third Crusade. There is a monument on the south aisle wall in his memory. The recurring motif on the monument and hatchment is the star and crescent moon and the Saladin crest. Their hatchments are identical and therefore probably those of a father and son. The motto reads His Saladinium vicimus armis (We conquered Saladin by force of arms).

The Lakes (above centre): Lord Lake of Delhi, Laswara and Aston Clinton was an 18th century general who fought in North America and in India. He lived at Aston Clinton House before Sir Anthony de Rothschild. There is also a marble memorial to him on the north wall. The family tomb is in the sanctuary. Gerard Lake was born in Harrow in 1744 and died in London in 1808. He entered the foot guards in 1758 (aged 15) and had a distinguished military and political career. He was promoted to lieutenant (captain in the army) in 1762 and by 1792 he was a general officer in the army. He served with his regiment in Germany between 1760 and 1762, and with a composite battalion in the Battle of Yorktown in 1781. After this he was equerry to the Prince of Wales, afterwards George IV. The Prince used to come out to Aston Clinton to hunt with Lake, As he brought such a large retinue with him, he (the Prince of Wales) built what became the Bell Inn as a 'shooting box' to house them all.

Like many contemporaries, Lake pursued both a parliamentary and military career and he was MP for Aylesbury from 1790 to 1802. The Rothschilds (above right) were (and are) a famous Jewish banking family whose country seats in the area included Aston Clinton Park as well as nearby Halton, Waddesdon and Ascott. Sir Anthony regularly entertained such distinguished guests as Disraeli and Gladstone who attended services at St Michael's. The hatchment is, in fact, that of Lady de Rothschild and the coat of arms of her family (the Montefiores) can be seen in the right half of the shield. The Rothschild motto is far more practical than the Lakes and is simply, translated from the Latin, 'Friendship, honesty and work'.

Although, in England, Sir Anthony was a baronet – a hereditary knight – and thus we would expect to see a helmet with the visor open above the shield, as he was also a baron of the Austrian Empire in his own right, we see an Austrian baron's coronet, a great rarity in English hatchments.

The lighting in the nave was replaced in 2011 in memory of Dick and Vera Stratford with the majority of the cost being donated by their son George who sadly died in 2012.

The vestry screen was originally pine with yellow tinted windows and reminded the then rector (Terry Lewis) 'of a Welsh pub!' Jack Midwinter agreed to fund its painting and reglazing. The coats of arms are of Jesus College, Oxford (our Patrons) and the Diocese of Oxford.

The Church is open every day from 8am to 3.30pm. James Adam

Aston Clinton, Buckland & Drayton Beauchamp Horticultural Society

THE Horticultural Society's 2016 Summer Show, sponsored by 'Café-in-the-Park', was held this year in the hall beside the Café. All the entries were conveniently sited in one room instead of being spread across several rooms as in previous shows. In fact it was like coming home since in the 1970s and earlier the show was always held in the Park in several marquees.



All the exhibits were easily viewed. When I went around I was 'wowed' by the children's classes. Their originality and creativity – from constructing a miniature garden in a seed tray to writing poems – was outstanding. We hope that they will, with others, try again next year. Our congratulations to those children who won cups. The prizewinners were:

The Rosa Warner Memorial Cup for the girl gaining most points in the younger children's section was awarded to Freya Potton. The girl gaining most points in the older children's section was given to Lizy Pearson. The Frederick Warner Memorial Cup for the boy with most points in either section was won by William Pearson. Both William Pearson and James Beaumont each won a cup for the best miniature garden in each section and the Teddy Plested Cup for the best child's cookery exhibit was won by Lizy Pearson.

It would take too long to list all the cup winners but the important RHS Banksian Medal for most points in the horticultural sections went to Ralph Weston.

David Elkins won most cups overall in the Vegetable section including the President's Cup for most points in that section. The Purvis Memorial Trophy for most points in the flower section was won by Ralph Weston. Sadly neither the Novice Cup for vegetables nor the one for flowers were won this year. We would love to see novices entering the Show in 2017.

From a personal view, I want to thank all those who congratulated me on my success in the show. Everybody seemed to be coming up to me. I must say that this year has been most challenging, with the wet weather in the early part of the summer followed by baking sun in recent weeks. The ground was so hard I broke a stainless steel fork digging for parsnips. I had to sow carrots and parsnips twice and I ended up sowing peas in pots first and planting them out later. The only bonus was that instead of the peas being finished by the hot weather

mine are just starting to 'pod up'. I was lucky to find ten pods for the show. The dahlias were also problematic and required a lot of watering to get them to flower. For the second year running my 'Grow for Show' dahlia is still in bud. Only one person managed to enter the main dahlia classes. I do hope that we can attract more entries next year.

There was no fete to accompany the show this year, so the unsettled weather did not affect us. The raffle, tombola and cake stalls were all set up in the Churchill Hall and proved a success whilst our plant stall remained outside. Our thanks go to the Café-in-the-Park for supporting this venture



Who's proudest-mother or daughter?

and to the Parish Council and we hope to repeat it next year.

Our October event in the Anthony Hall is on Wednesday 12 October when Margaret Deakin will talk to us on 'New England - From History to Foliage'. At this evening meeting there will be our annual daffodil and tulip bulb sale; a great opportunity to buy bulbs for the Spring Show or just to plant out in your garden. Later in the month, on Wednesday 26 October we will hold our Annual General Meeting followed by Social Time.

Do join us for some or all of these.

Ralph Weston

Below: Longstanding member Doreen Graves presents a cup to a young prizewinner Right: Judith Jenkins' striking flower arrangement

entitled 'My Holiday'





Richard Needh

Young prisoners praise charity bike repair scheme

VOUNG prisoners have praised a charity project in which they repair bicycles to raise funds to help patients at South Bucks Hospice. Around ten young men at the Young Offenders Institution in Aylesbury work five days a week refurbishing old bikes which are then sent to Hospice shops for resale.

If you've visited our local Recycling Centre at College Road North, you will have noticed stacks of old bikes donated by the public. This is the source of many of the bikes the young prisoners work on.

The prisoners, who are instructed by a specialist officer, learn various skills and techniques which they hope will help them find jobs when they are released. Several spoke warmly about the project during a visit to their workshop by Hospice CEO Jo Woolf.

Michael, 19, who has been involved in the scheme for around three months, said: "It keeps me out of the cell and keeps me active. I've learnt a lot since I've been here, and it feels good to be helping the charity." He said he would probably try to continue this type of work on the outside if he could continue to learn more and develop new skills.

Jo Woolf added: "We are giving them back a lot of bikes and they tell us they have sold a lot

of them - it's a good feeling."

"The prisoners repair about 15 bikes a week. Many are then taken to the re-use shop at the Household Waste Recycling Centre at Aston Clinton. The rest go to High Wycombe."

The Hospice estimates that 87 cycles have been sold to the public in the last four months, raising more than £6,300 for patients. Business



Jo Woolf, CEO of South Bucks Hospice, with Philip Abayateye,the instructional officer in the cycle repair workshop at Aylesbury Young Offenders Institution.

peaked in April when 29 bikes were sold during Easter, raising £2,238 in that period alone.

Another prisoner – Albert, 21 – spoke of how he became involved in the project just over a year ago after seeing a leaflet on a notice-board: "I was bored and I thought, let me see what this is about and I applied for it", he said. "I have learnt a lot of skills, such as how to service bikes and how to look at problems."

He said the project helped him focus on what was important because it was a good feeling to know he was helping people who may not have long to live. "They are trying to get

A prisoner working on a bike in the repair workshop at the Young Offenders Institution.

the best out of their life. I have a life and I appreciate it and we have got to do our bit. I may be in prison but I still have a life, but their life is coming to an end."

Yahya, 20, has been on the project for about a year. He explained: "We break the bike apart, clean it up and if is broken, repair it, change the parts and put it back together. I want to do something with engineering, but I am doing this for charity. It feels good to do it for charity, and we get to come out of our cells."

Philip Abayateye, the instructional officer, said: "The bikes are brought in for the charity and we look at the condition to see if they are fixable or not. We recondition those that are suitable and make sure they are fit for purpose. There are quality and safety checks made before they go out." He said the prisoners learn a lot of skills in terms of bicycle repair and managing resources.

Laura Boyle, Industries Manager at the prison, said:

"We teach employability skills and to respect a working environment, especially as some of these young men haven't worked prior to coming to prison. We help them to understand not only what skills they need to obtain a job, but more importantly, the skills they need to keep it. We need to provide more opportunities like this, ensuring our young men are purposefully engaged. When you explain to them that this work ultimately funds a nurse for the hospice, you see it click and they know they are making a difference."

The old bicycles are donated by the public and Thames Valley Police from lost property.

Jo Woolf, CEO of the Hospice, said:

"Whenever I visit the workshop, I am so impressed with the commitment given by everyone involved in this project. I am heartened to see how this scheme not only benefits our patients but also helps the young prisoners in this way."

South Bucks Hospice is appealing for unwanted bikes to be donated to the hospice's ReUse site in Aston Clinton. The refurbished bikes are then sold to go towards supporting people with life-limiting illnesses. You can donate your old bikes at the Aston Clinton Household Waste and Recycling Centre, or call them on 01296 632766.

More information is available at the South Bucks Hospice website at www.sbh.org.uk

Refurbished and roadworthy bikes for sale at the Hospice Shop at the Recycling Centre, College Road North



Aston Clinton village charities

"The poor you will always have with you", is a well-worn maxim over time. Many people have made donations/provisions for the poor both locally and nationally and continue to do so.

Aston Clinton has been no different from many other parishes and generous gifts of money have been left in trust for the poor.

Unfortunately, some, not all, are much reduced by inflation. Examples of three of our village charities are:

Anna Molique, a resident of Aston Clinton, was formally a companion to Lady Rothschild. In her will of 1924 she left £141 to be invested and the dividends to be paid amongst 'such poor widows or maids resident in the parish who have attained the age of sixty years and in the opinion of the trustees be most deserving and necessitous but no recipient shall in any one year be paid more than one pound or less than ten shillings'. In 1924 an agricultural worker was carning on average 24 shillings (£1.20) per week.

William Mortimer owned a farm in Aston Clinton. In his will dated 1782, it is stated that a rent-charge of one guinea per annum should be used for the purchase of a coat for a poor resident of the parish. The coat was to be marked I.M. and given to the oldest labourer in the parish. The tradition of the parish is that this gift lapsed after the coat was given to a person who was later confined to Aylesbury gaol, and he tore the mark off the sleeve of the coat. After this, the Mortimer family refused to give away any more coats.

Widow Turpin bequeathed in her will all the income from her arable land within the parish to the poor of Aston Clinton for ever, to be administered by the 'overseers of the poor'. The overseers of the poor and their successors were to let her estate to the best advantage. After deducting two shillings for their trouble, the overseers were to use the rents to buy fourpenny loaves of good wholesome bread, which they will equally distribute to the poorest inhabitants of the parish, by equal portions, on the Feast of St. Michael and the Annunciation of the Virgin Mary. The estate consisted of seven acres of land in College Road North and allotments in London Road, Aston Clinton.

The estate came into the possession of the parish in 1736; at that time St Leonards was part of the parish of Aston Clinton and their residents are included in the benefits of this will. Food vouchers long since replaced the distribution of bread. At the time the village was administered by the Vestry Committee, who appointed the church wardens, the overseers of the poor and the parish constables.

The Turpin Charity continues today. The current trustees are the Rector of St Michael and all Angels, a nominated trustee appointed for the Parish of Cholesbury & St Leonards and three co-opted trustees residing in the parish of Aston Clinton.

In 2011 the Trustees resolved to change the objects of the Charity from the distribution of good wholesome bread to: 'The relief of persons who are in *Continued opposite*

Extract from Widow Turpin's will (framed and displayed on the south wall of St Michael's church)

2 for their trouble in 4 loades of good Pholesome bread, which they shall equally distribute to the poorest inhabitants of the aforesaid Parish by equal portions, on the Feast of the ichael and the municiation of the irgin and

Brown Owl becomes Snowy Owl

For the past 24 years, Cheryl Muirhead has been the leader in charge of 2nd Aston Clinton Brownies; guiding hundreds of girls through activities, badges, outings, pack holidays and many other experiences. Included in this number are two Paralympians.

This summer Cheryl decided to stand down from being Brown Owl to be a more part-time Guider (taking on the name Snowy Owl). In recognition of her years of service, a presentation was made at the last Brownie meeting of the summer term in Wendover Woods.

Cheryl was presented with a Girlguiding Thanks badge and certificate along with presents from the Brownies; flowers, biscuits and an engraved pint glass (Cheryl now lives above The King's Arms in Tring). She also received youchers from Wendover District Guides.

Then the bit that the Brownies really enjoyed; the cutting of a cake made especially for the occasion.

2nd Aston Clinton Brownies will now be run jointly by the two remaining Guiders (taking on the names Eagle Owl and Tawny Owl), with the help of Unit Helpers, Young Leaders and parents.

Girlguiding welcomes volunteers of all backgrounds, cultures, faiths, and abilities. Volunteering is very flexible and can be adapted around busy lifestyles. If you are interested in volunteering a few hours each week please visit https://enquiryv.girlguiding.org.uk

For further information on Girlguiding, the UK's leading charity for girls and young women, call 0800 169 5901 or visit http://www.girlguiding.org.uk/

Hilary Weston



to: Rebecca

Charities, *contd.* conditions of need, hardship or distress whether physical or mental. To assist with the education and training of young persons, the provision of residential accommodation, and any other benefit.' The seven acres of land was sold earlier this year for over £1m which the trust intends to invest with the income being distributed in grants.

The trustees now need a clerk to administer the trust. This will be a paid part-time position, amounting to a few hours throughout the year. Anyone interested in this position should contact the chairman of the trustees whose email address is at the end of this article.

It would be wrong not to mention Lord and Lady Rothschild when it comes to charity in the village. When the Rothschilds moved to the village in 1851 there was only a school for boys. They built and paid for a school for girls (now demolished), a new boys' school and the Anthony Hall.

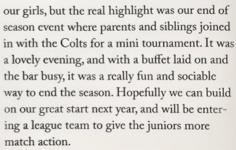
It was said that Lady Rothschild would never see anyone in the village go hungry.

Richard Maskell
Chairman of the Turpin Charity
Email: richard_maskell@sky.com

Cricket, lovely cricket...

THE 2016 SEASON was a memorable one for Buckland and Aston Clinton Cricket Club in several ways. The most important event for the future of the club was the relaunch of the Colts section after a gap of some years, but there was success on the field of play too.

When we set out to start the junior section this year we did not know how the community would respond but have been delighted with what has been achieved so far. Several members of the club went on coaching courses over the close season, and led by the now level 2 qualified coach (and club chairman / 1st team captain) Mike Parsonage, we were able to provide our Under 11s with structured yet enjoyable training sessions. We welcomed nearly 40 new junior members over the season and it has been wonderful to see and hear our ground resonate with the buzz and exuberance of youth once again. There were matches against Wendover and Cublington and the Lady Taverners' tournament at Chesham for



Our Saturday teams sponsored by Dayla for the second year have had good seasons. The senior 1st XI have consolidated their position in Division 2 of the Four Counties Cricket League. Khurram Shazhad has again led the way with the bat and Mike Parsonage has continued to baffle many a batsman with his unique brand of slow bowling.

However, it is the 2nd XI who have taken the glory this year. They stormed to the Division 6 title, with the most pleasing aspect being the key contributions made by graduates of our last junior side, notably Liam Smith,

Charlie Skiller, Tom Walker and Max Burgess. Aided by father and son combination Mark and Jake Buchorski, and the spin of James Wood, the 2nd XI proved unstoppable. The challenge now will be for some on those players to step up and continue their improvement in the 1st team.

In 2017 we will look to build on the progress made this year. The Colts will again be a key focus, and it was very encouraging that a number of parents have already volunteered to help out next season. We will also continue to run two Saturday teams and a midweek evening side. New players (and any prospective umpires) are always welcome.

Mike Parsonage



Back to Netball

HUNDREDS OF WOMEN from all over the country are getting 'Back to Netball' each week. Running across England since 2010, over 60,000 women have taken part in Back to Netball and realised the benefits of getting involved. From losing weight, developing the body's cardiovascular system and improving muscle tone, taking part in Back to Netball is great for you in so many ways.

You don't need any special kit, just clothes that you feel comfortable exercising in and

backito

trainers. Make sure you bring some water and that you've had a snack a couple of hours beforehand so that you've got plenty of energy.

Back to Netball sessions provide

women of all ages with a gentle

re-introduction to the sport. Run by passionate and enthusiastic coaches, sessions cover the basics of the game including passing, footwork and shooting. Sessions finish with a friendly game to put the skills you have learnt into practice.

Come and give it a try in Aston Clinton! Session details are as follows:

Venue: Aston Clinton Tennis Park,

Aston Clinton Park, London Road,

Aston Clinton HP22 5HL

Day: Mondays
Time: 6pm - 7pm
Cost: £4 per session
Coach: Molly Wilkinson

Contact: 07545 033986 Email: weststandmolly@aol.com

To find out about other sessions in North Buckinghamshire please visit the website - www.netballnorthbucks.co.uk/back-to-netball.html

See you on the court!

Joanne Odro Netball Development Officer | Bucks England Netball

BE INSPIRED BY BOCCIA

The Olympic and Paralympic games have once again grabbed the nation's attention, generating excitement through the power of sport. London 2012 aimed to leave a legacy, 'inspiring a generation' and allowing sport to be accessible to everyone. This message has been particularly influential on myself. In 2012, I discovered the Paralympic sport of Boccia, a target-based sport similar to bowls for the most severely disabled athletes. Starting as a Young Official, I quickly grew to love the sport and felt truly inspired by each athlete I met and privileged to have the chance to enjoy the sport with them.

Now, four years on, I'm studying at the University of Surrey whilst being a qualified coach working with Boccia England. I have recently taken my first England cap with a trip to Russia for a junior competition and was also in Poland recently for another international competition.

Boccia is the fastest growing Paralympic sport but heavily reliant on volunteers. If you've been inspired by Rio 2016, please check out the Boccia England website to see how you can get involved!

Felicity Nicholls



Please support our advertisers

An active autumn for the WI

BUCKLAND, Drayton Beachamp and Aston Clinton WI meet on the first Wednesday of every month at Anthony Hall at 7.45 p.m.

In August we had a very successful fund raising Cheese & Wine Evening in a member's garden and raised £350 for the local Alzheimer's Society.

Lunch get-togethers are also arranged each month at one of the local hostelries together with a strolling group and walking group. Our Christmas lunch will be at The Chequers, Weston Turville on 15th December.

We welcome prospective new members at any of our meetings – come along and try us – you will receive a warm welcome.

Claire Castle

Our next meetings are:

5 October Rock 'n' Roll and a Rocking Chair

2 November Fish & Chip Supper to celebrate the completion of the Outer Aylesbury

Ring walk followed by our Annual

Meeting

7 December Supper to celebrate our birthday

New defibrillators for Aston Clinton

ASTON CLINTON has just got safer, thanks to two new defibrillators for the village. The devices have been funded by the Gib Lane Solar Fund and the Parish Council and are located in the park and outside the school. The Gib Lane fund was set up last year to facilitate the donation of small community grants to local parishes bordering the Solar Farm in Bierton. The fund paid for the defibrillator at the school. The parish council funded the one in the Park which is located on the Churchill Hall/Youth Club building.

These life-saving devices are provided by the Community Heartbeat Trust. They are designed to be used by complete beginners, following the simple instructions on the cabinets. In an emergency, these intructions direct members of the public to call the relevant ambulance service who will give verbal instructions over the phone, whilst directing the ambulance service to the location.

Information on defibrillators can be found at: www.communityheartbeat.org.uk/

For further enquiries contact Aston Clinton Parish Council on 01296 631269.

Gill Merry, Parish Clerk





The Bridge Group

at St. Michael & All Angels' Church, Church Lane, Aston Clinton HP22 5HJ

The Bridge Group will re-convene on Monday, 3rd October and meet every Monday morning thereafter throughout the winter months (except bank holidays).

The Group plays Duplicate Bridge in an informal and friendly atmosphere for around 2½ hours commencing at 10 am.

A charge of £3 per person is made to include refreshments.

New players welcome — but with some previous experience of the game.





Please support our advertisers

Royal British Legion

OUR BRANCH of the Royal British Legion had a short evening service at the war memorial to remember those from our villages who died at the Battle of the Somme. Several members attended a special school assembly when stories about the Battle of the Somme were read out and a minute's silence was held.

More recently the branch honoured Heather

and Phil Davies for their contribution to the Poppy Appeal over the last 30 years, collecting £2735. They were presented with an RBL medal at a reception in July. We thank them very much for their efforts over such a long period (see photo).

The National Poppy Appeal takes place in November and Aston Clinton branch will play its part. Please support the Legion with a generous donation. We shall be outside B&Q.

On Remembrance Sunday we will once again meet at the war memorial at 11am for the Act of Remembrance. The RAF and all the youth organisations will be in attendance and will join in the march to St Michael's Church for the Remembrance service. We look forward to seeing you on the day at the war memorial or in Church or both.

Ralph Weston

Left-to-right: Lee Lawson, Phil and Heather Davies and the County President, Lt Col Simon Wilkinson



hoto: Ralph Weston

News from Aston Clinton Surgery

WE HOPE you all enjoyed your summer; after a wet start it improved and was better than last year!

Our flu clinics started at the end of September. If you have not yet had your flu injection please don't worry, you can call the surgery and we will get you into a clinic as soon as possible. Flu clinics will be shared across the patch this year, as are some of our appointments, so if you wish you can attend any of the flu clinics at any of our three sites. Letters will not be sent but there will be posters in the surgery, local pharmacy and post office, giving the dates and reminding people of eligibility. To confirm your own eligibility please check the posters or call the surgery. Posters will also be on display in Weston Turville and Tring. Information is also on prescriptions, on Facebook and on our web-

site www.westongrove.com

If we have your mobile number, you will be messaged. Please make sure that your contact details are correct and apply for our text messaging facility if you don't already have it. Text messaging is very helpful if you like to book appointments across the patch as it will also remind you which site to attend. Please remember that you can update contact information on our website. You can also access more of your own information, complete forms online and access medical advice through easy links to other NHS sites and Web GP. Please ask at the surgery for information on Patient Access so that we can give you secure access to any new services you would like.

Best wishes to all our patients, from everyone at Aston Clinton Surgery

Green Park activity centre awaits you

THE Adventure Learning Foundation activity centre at Green Park in Aston Clinton, is busy and open for adventure all-year round. After a great summer with schools from across the country, international youth groups, plus lots of birthday party and Activity Day, visitors there's been a quick tidy up ahead of the start of the new school term. They've had hundreds of young people making the most of the outdoors – perhaps even hiking past your home!

As we move into autumn things don't slow down. The Safari Lodges are heated with wood burners for use all year round. Environmental Learning (available Saturday morning for those aged 7+) takes on a different slant with the Park changing substantially and in some ways at its best. Our instructors run activity sessions for schools, youth groups and birthday parties.

We are pleased to be hosting partly-funded courses for mountain biking, archery and climbing, so those aged 11-25 can learn a new skill with our expert instructors at a subsidised cost. Also, for those in Bucks with additional needs, the partly-funded All Ability Days are available during October.

With the October half-term looming they will be offering Holiday Activity Days and a nature trail around the site so, whether it's the autumn sun or autumn colours that take your fancy, make the most of the outdoors at Green Park.

Tessa Barfield

Marketing officer Tel: 033 0303 0101

Green Park in Stablebridge Road is not only a scenically beautiful place. It is also the home of one of the Adventure Learning Foundation's activity centres offering a range of experiences as described in this article.



Whitechapel Mission

IN OUR CHURCHES we collect for the Whitechapel Mission in East London, which has been serving the homeless and marginalised for 140 years. Services include a day centre, skills training and career advice, activity programmes, and specialist support for complex needs. By encouraging each person to address the issues which caused their homelessness, qualified advisers help them to gain the skills and confidence to make lasting changes in their lives.

Perhaps what the Mission is best known for is providing 300 breakfasts each day of the year; they are open on Christmas Day and other holidays. Breakfasts are cooked and served by volunteers using food donated by us and others at Harvest Festivals across the land. Along with the cooked breakfast, the homeless are able to have cereals, coffee and tea. The customers pay a nominal amount for their breakfasts and many buy extra to take out for later or to feed their companion dogs.

By the time you read this article our Harvest Services will have been completed; however, we are still collecting through October so it is not too late to donate.

Amongst those who seek help from the Whitechapel Mission are a large number of ex-servicemen. Evidence suggests that there are far more ex-military people on the streets than is generally realised. Many men sign up to serve this country, only to discover upon their demob a few years later, the opportunities for employment and homes are closed to them.

The Whitechapel Mission offers free clothing to all who need it, so the other thing we do at this time of the year is to collect secondhand clothes for their clothes bank. If you have castoffs, place them in a polythene bag and leave in St Michael's church. Last year we nearly filled the Whitechapel trailer. Special items we have been asked to donate this year include new socks and men's underpants. Underwear and socks are understandably not washed at the Mission but are exchanged for new. At present, the Mission exchanges 200 pairs of underpants every day. Our plea is: please buy us underpants that we can send up to Whitechapel.

There is a list in the porches of our churches stating the items they are most desperate for. These include baked beans (a breakfast staple), sugar, plum tomatoes, cereal, biscuits, tea, coffee and hot chocolate. More information is available on the Whitechapel Mission website where there is also guidance about volunteering. Please donate what you can by leaving your contribution in St Michael's church which is open every day. Thank you.

Ralph Weston Tel: 01296 630456

A selection of donated food and new underwear on display during Harvest Festival at St Michael's



hoto: Ralph We:

All Saints' Church, Buckland

Regular Services:

8am Holy Communion each Sunday 11am Morning Worship - First and Third Sundays 6pm Choral Evensong - Fourth Sunday each month 10am Midweek Communion each Wednesday



Forthcoming events

Date	Time	Event	Location
Sun 2 Oct	11am	Pet Service	All Saints' Church
Fri 11 Nov	7.30pm	Film Night	All Saints' Church
Sat 12 Nov	4pm	Junior Flicks	All Saints' Church
Sun 13 Nov	12.30pm	Act of Remembrance	All Saints' Church

More details about all these events on the church website: www.allsaintsbuckland.org.uk

A striking aerial view of the celebrants attending the Benefice Service on the occasion of the Ordination of Rev Alison Roberts. Nigel Kippax risked life and limb to capture this photograph from the tower of All Saints'.



St Mary the Virgin, Drayton Beauchamp

Regular Services: 10.45am each Sunday

Forthcoming event

Date	Time	Event	Location
Sun 13 Nov	4pm	Evensong for Remembrance followed by Tea	St Mary's Church

More details about this event on the church website: www.s-marys.org.uk

Drayton Beauchamp Parish Meeting

The Meeting will be held on Thursday 24 November at The Dray House, Drayton Beauchamp, at 8pm. There will be an opportunity to discuss local issues with our County Councillor and District Councillor. All parishioners are welcome.

Village walk and lunch

ON Saturday 3rd September, 28 villagers met at the Old Rectory and accepted the challenge of a 4-or-5 mile walk, up into the lesser known delights within our parish.

Having gingerly descended the steps down to the canal at the rear of St Marys, we single-filed along the canal path to Drayton Bridge, where the gradient became steeper as we walked through the fields and over the Upper Icknield Way, avoiding The Holloway.

Once over the by-pass bridge, the countryside changed to rolling hills and tree-clad slopes, leading to an open field with impressive views and a warm welcome at Terriers End Cottage.

We spread ourselves out in Guy and Elizabeth Moores' beautiful garden where we were served much appreciated coffee and handmade biscuits.

Feeling much refreshed, we split into two groups, with 16 braving my climb up through to the escarpment and along the Ridgeway, through Pavis Wood and the dropping down to Painsend Farm to merge with Bob Woodman's route, who took his group along the lower lane.

We strolled through Dancers End and past

the entrance to Drayton Manor, with both groups arriving back at The Old Rectory for lunch, just in time to avoid the heavy rain.

Considering the difficult terrain, a special mention has to be made of young Harry Nodes (7yrs) and twins Eva and Edan Cartlidge (10yrs), who never once asked 'are we nearly there?'

Having worked-up an appetite, we were rewarded with a tasty selection of sandwiches,



Photo: David Lonsdale

pork pies and various nibbles from Marion with wine and beer kindly donated by Bob Woodman. Spiffing desserts were prepared by Helen Lonsdale, Margaret Ross and Christine Dunbar.

The event had satisfied its objective, with the villagers taking healthy exercise, enjoying a good old hearty chat, whilst managing to raise £116 in aid of our St Mary's Church.

David Lonsdale

A letter from Bill Chapple OBE

Dear Friends

Just two minutes of your time could literally save someone clse's life. I know that to be true, because that is what happened to me three years ago when my own life was saved by the unselfishness of a woman who had chosen to become an organ donor.

I had been given two weeks to live due to non-alcoholic cirrhosis of the liver.

Then a woman in her late 50s died suddenly and I was given her liver. I don't know who she was because we are not allowed to know – but without her, I wouldn't be here today and wouldn't have been able to give my daughter away in marriage, or met any of my young

grandchildren. Nor would I have gone on to enjoy one of the greatest years of my life last year as Chairman of Bucks County Council.

My story may be familiar to some readers but I am repeating it today because Organ Donation Week, held in September, highlighted the issue. Registering to become a donor is very simple and takes about two minutes of form filling.

However, I understand that although eight out of 10 people support organ donation, half the adults in England have NEVER talked to anyone about donating their organs when they die. Some of the most common reasons why are that it didn't come up, that people don't really want to talk about death, or that they just haven't got round to it yet.

Organ donation is indeed a delicate subject

to bring up with your family, but talking about it is easier than you think. I would encourage readers to visit this website: www.bit.ly/2bRx1uC to sign up or call 0300 123 23 23.

Meanwhile, I am using my own experience to encourage friends and colleagues to join the register, and hope you will support the campaign.

Hopefully, you won't need an organ trans-

plant, but if the worst were to happen, wouldn't it be comforting to know that in your hour of need someone else's donated organ had saved your life? Would you be willing to do the same for someone else?

Bill Chapple OBE
Bucks County Councillor
for Aston Clinton



chilternsmscentre

care and support for people with multiple sclerosis

SELECTED AUTUMN EVENTS

Fri 14 Oct Quiz & Chips evening at Wendover Memorial Hall. Bar opens from 7pm, quiz starts at 7.30pm. Tickets £15 per person includes fish and chip supper, teams of up to 8. Raffle. Bring nibbles.

Sat 26 Nov Christmas at Halton House. Festive social evening in the beautiful former home of the Rothschild family, with live music, bar and hot supper. Tickets £20 per person. Book early!

For tickets or details of all our events please contact community fundraising on 01296 696133 or fundraising@chilternsmscentre.org
Further details can also be found on our website www.chilternsmscentre.org

Solution to Crossword No.17

Down 21. Admite 2. Researchers 3. Dark 4. Economy 5. Suspend 6. Astonishes 7. Ink 8. Mineteen 13. Earthenware 14. Arithmetic 17. Estimate 19. Climbed 20. Cachous 21. Angles 24. Used 26. Out

Across 1. Abridge 5. Station 9. Mushrooms 10. Taken 11. Read 12. Government 15. Scurvy 16. Deserve 18. Sceptic 20. Creche 22. Insomniacs 23. Anon 25. About 27. Bookstall 28. Entired 29. Sadness

Aston Clinton U3A exhibition

ON 16 August, instead of its usual monthly general meeting, the ACU3A staged an Exhibition of Interest Groups in the Anthony Hall and invited the public to come along and meet the Group Leaders so that the scope of each activity could be explained and new members invited to participate. Some twenty displays were created to reflect the variety of current interests:

Flower arranging Theatre trips Computing & IT Scrabble Movie making History Wildlife Birdwatching Visiting churches Discussion group Science & technology Food technology Walking Scrapbooking Dining out Music for all Digital photography French improvers Family History Art Railway Modellers Languages

The Exhibition was extremely well attended, both by the public and members of neighbouring U3A Groups (Tring, Weston Turville, etc.) who were particularly interested in developing activities for their own members.

Congratulations and thanks must go to all those involved in the tremendous amount of preparation work that went into making the exhibition such a great success.

Janet Cato

AN APPEAL FOR HELP

The small but enthusiastic ACU3A Digital Photography Group is seeking support from a fellow retiree, who would like to share their experience of the wonders of Photoshop with an occasional tutorial. We meet on the second Tuesday of the month at AC Baptist Church, 2.30 - 4.30pm, and would appreciate help in learning how to enhance our images using the many techniques available in Photoshop.

If you think it might be of interest or you would like to find out a bit more about us, please phone David Lonsdale on 01296 631791 or email lonsdales@hotmail.co.uk



Theatre in the Villages

THIS autumn, Theatre in the Villages has two shows in nearby Pitstone Memorial Hall:

22 Oct Michael Lunts performs 'Flanders & Swann Revisited', a musical comedy suitable for age 12 to adult.

26 **Nov** Morgan & West, magicians, 'Parlour Tricks' (ages 7 to adult), really good family entertainment.

Both events include a fish and chip supper in the amazingly goodvalue ticket price of £12.50.

Doors open at 6.30pm.

To find out more about Theatre in the Villages and for a full programme, check out AVDC website, or contact Jeannette Baxter

Town Farm ART SHOW

07966 473379.

Perfectly timed for that special Christmas gift!

Paintings, Illustration Ceramics, Woodcraft, Woodcarving Jewellery, Egyptian quilts Willow weaving, Sculpture

www.townfarmartshow.blogspot.com

Mulled wine, mince pies & Christmas cake in aid of Rennie Grove Hospice Care

ONE WEEKEND ONLY

Friday 25 - Sunday 27 November 10am - 4pm

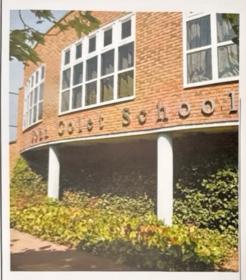
6 Town Farm, Cheddington, Nr Tring, LU7 OTT PLEASE PARK ON HIGH STREET - NOT IN TOWN FARM.

Free entry

JCS gets good marks

EARLIER this year John Colet School was inspected by Ofsted and was assessed as 'Good' in every area.

Headteacher Christine McLintock says: "We are delighted by the results of the recent Ofsted report, which concluded that the John Colet is now a 'Good' school.



'Since the previous Ofsted inspection in January 2014, all members of the school community have worked tirelessly to tackle the areas pinpointed as underperforming. Our new 'Good' grading reflects this effort and achievement.

'As well as commenting on significantly improved pupil achievement and outcomes, Ofsted also highlighted the positive school environment, the hardworking and effective Governing Body and school leaders, the high quality teaching, the positivity of parents and the exemplary behaviour of students.

'This new Ofsted grading reflects the high standards staff place on themselves and the students and we will continue to build on this and strive for yet more improvement in the future.'

Amanda Housego

Lindengate is growing...



Photos: Lindengate

DURING 2016 volunteers and supporters have been busy outdoors making new garden spaces, ponds and paths. Indoors, there are new social and office areas, ramps and accessible toilets. The projects are designed to improve the wild and cultivated spaces to encourage biodiversity and expand the range of therapeutic experiences Lindengate can offer.

Charlie Powell co-founder of Lindengate says that the new Sensory Garden and pathways are designed to be friendly to those with restricted mobility and wheelchairs.

On the last Friday of every month, Lindengate runs a monthly drop-in session called "Memory Pathways' for people with memory loss or dementia and their carers. Our environment is a calming place for people to meet.



Dementia specialist Frankie Mitchell says that the drop-in service gives people the choice to do what they enjoy. For example, we have gardening and craft activities or the opportunity just to enjoy the garden. Everyone brings their own sandwiches to share at lunchtime, and our volunteers provide tea, coffee ... and cake!

The biggest change has been the installation of three ponds! Other projects include a new bee enclosure, created with help from young volunteers from Action4Youth NCS.

However it's not just gardening therapy we offer. Our recent creative art project 'Through the Gate' helped people develop skills and confidence needed to get back to work.

Volunteers and gardeners enjoyed an 'Access to Archeology' course and Lindengate has expanded training for volunteers to include a 'Mental Health First Aid' course.



Thanks to these improvements and to the dedication of our volunteers, even more people are now enjoying Lindengate. Social and Therapeutic Horticulture (STH) helps people to mix with others in an outdoor environment, thereby helping to reduce their social isolation and aiding their recovery process.

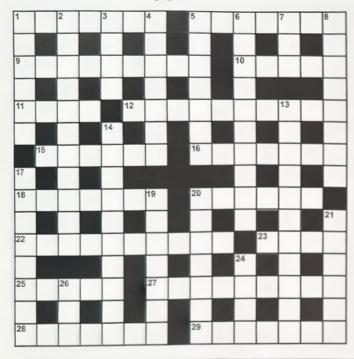
Demand for our services continues to rise so your help and donations will always be put to good use. You can learn more about what's happening at Lindengate via Facebook and Twitter.

If either you or someone you know might benefit from our services or would like to volunteer, please phone us on 01296 622443 or visit our website at www.lindengate.org.uk or you can contact us at info@lindengate.org.uk

Cara Saul

Village Life crossword no.17

Crossword compiled by Helen Lonsdale Solution to this crossword on page 26



CLUES ACROSS

- 1. Condense (7)
- 5. Stopping place for a train (7)
- 9. Fungi (9)
- 10. Capture (5)
- 11. Peruse (4)
- 12. Authority law (10)
- 15. Deficiency of Vitamin C (6)
- 16. Merit (7)
- 18. Doubter (7)
- 20. Day Nursery (6)
- 22. People who can't sleep (10)
- 23. Soon (4)
- 25. Nearly, almost (5)
- 27. Get your magazine here (9)
- 28. Attracted, lured (7)
- 29. Misery (7)

CLUES DOWN

- 1. Regard with respect (6)
- 2. Investigators (11)
- 3. Night (4)
- 4. Husbandry (7)
- 5. Dangle (7)
- 6. Surprises (10)
- 7. Dark liquid from Cuttlefish (3)
- 8. XIX (8)
- 13. Pottery (11)
- 14. Reckoning by numbers (10)
- 17. Guess (8)
- 19. Ascended (7)
- 20. Pills to sweeten the breath (7)
- 21. Comers (6)
- 24. Second Hand (4)
- 26. In the open air (3)



BUCKS DISTRICT ASSOCIATION of the

NATIONAL VEGETABLE SOCIETY



Autumn Talks

at the Holiday Inn Aylesbury HP22 5QT

NVS Members free Guests very welcome (admission £3 incl. refreshments)

Wednesday 19 October at 7.30pm Richard White

Richard has spent his whole life growing vegetables. Currently he is Trials Manager at Tozer Seeds. He is an expert on what variety to sow—and when—in any situation. So if you have questions on what you should be growing, Richard is your man.

Wednesday 16 November at 7.30pm Peter Glazebrook

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Useful telephone numbers

Name	Contact	Telephone no.	Email address
1st Aston Clinton Rainbows	See below*	-	
1st & 2nd Aston Clinton Brownies	See below*	- w	
All Saints' Friends email dist. list	Peter Elwin	01296 630454	peter.elwin@elwins.net
Amersham Hospital	-	01494 434411	
Anthony Hall (Bookings Sec)	Janet Brassington	01296 630229	janet@goggle.plus.com
Aston Clinton Badminton Club	Maureen Davison	07958 479690	
Aston Clinton Baptist Church	Simon Downing	01296 631824	
Aston Clinton Friendship Club	Selly Clarke	01296 630207	
Aston Clinton Parish Council	Gillian Merry	01296 631269	
Aston Clinton School	Helen Shepherd	01296 630276	
Aston Clinton U3A	John Bullard	01296 436403	
Aston Clinton Youth Club	Teresa Smith	01296 631685	
Aston Park Tennis Club	Sue Hoey	01296 630826	
Aston Wine Club	Pat Rozental	01296 630124	
Ballet, Tap and Jazz Classes	JoAnn Latus	07800 518654	
Ballroom Dancing	Yvonne Domican	01296 630467	
Baptist Church Hall	Valerie Owen	01296 630303	
Bosom Buddies	Tracey Norris	079102 58259	BosomBuddiesTring@hotmail.co.uk
Bowls Club	Rosemary Stratfull	01296 631339	
Buckland Book Group	Barbara Fletcher	01296 631111	brfletcher@hotmail.co.uk
Buckland Bridge Club	Viv Barton	01296 630776	
Buckland Villge Hall (Bkings Sec)	Paula Graves	01296 630310	
Buckland Parish Council	Fiona Lippmann	01296 626073	bucklandpc@googlemail.com
Buckland Society	Kelly Comish	01296 632119	
Childline	-	0800 1111	
Citizens Advice Bureau	-	0870 126 4056	
Cricket Club	Mike Parsonage	01296 631788	
Crimestoppers	_	0800 555 111	
Dentists' Surgery		01296 323090	
Dial-a-Ride	-	01296 330088	
Doctors' Surgery	-	01296 630241	
Drayton B'champ Parish Meeting	Meryl Nodes	01296 630396	
Electricity emergency		0800 7838 838	
Environmental Health	Out of hours	01296 585093	
Environmental Health	Helpline	01296 585605	
Fly tipping	Hotline	0845 330 1856	
Football: Aston Clinton FC	Mark Foster	07831 765738	
Football: AC Colts	Ray Lucas	01296 630076	
Gas emergency		0800 111 999	
Green Park Life Saving Assocn	Liz Youens	01296 622895	
Guides, Brownies & Rainbows	See below*	-	

Name	Contact	Telephone no.	Email address
High Wycombe Hospital		01494 526161	
Highways on Call	Out of hours	01296 486630	
Horticultural Society	Maureen Ridler	01296 633376	info@astonclintonhorticulturalsociety.co.uk
John Radcliffe Hospital		01865 741166	
Ladies Group	Sue Sanders	01296 630740	
Local Councillors:			
Bucks County	Bill Chapple OBE	01296 426814	bchapple@buckscc.gov.uk
Aylesbury Vale District	Bill Chapple OBE	01296 426814	bchapple@aylesburyvaledc.gov.uk
Aylesbury Vale District	Mike Collins	01296 632039	mcollins@aylesburyvaledc.gov.uk
Aylesbury Vale District	Carole Paternoster	01296 630710	cpaternoster@aylesburyvaledc.gov.uk
Marsworth Pre-School Group		07506 179658	
MP for Aylesbury	David Lidington	020 7219 3432	pslidington@fco.gsi.gov.uk
Neighbourh'd Watch Administrator	Diane Brown	01296 396262	
Neighbourhood Watch, Buckland	Edwin Domican	01296 630467	
Neighbourhood Watch, DB	Elizabeth Dutton	01296 631613	
NHS Direct		0845 4647	
Police	Non emergency	101	
Pre-School	Pam Borrows	01296 630877	
RAF Association (local branch)	Selly Clarke	01296 630207	
RAF Halton (Mon-Fri)	0800-1700hrs	01296 656367	
RAF Halton	At all other times	01296 656211	
Rector	Rev Elizabeth Moxley	01296 632488	
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SSAFA Forces Help	Ann Smith	01296 631030	
Stoke Mandeville Hospital		01296 315000	
Tot Spot (Baptist Church)	Nicky Downing	01296 631824	
Trading Standards		0845 4040506	
Veterinary Centre		01296 630600	
Women's Institute	Anne Floyd	01296 434372	
Water emergency		0845 9200 800	

^{*} To register an interest in joining the Brownies or Guides, visit www.girlguiding.org.uk/interested

Any error or omission in this list should be notified to the Editor

Police information

The Police Constables who have been assigned to this area are Thomas Piercy, Jo Smith and Chris Tindal. They are supported by two PCSOs. Wendover Police Station has now permanently closed. Our local police team now operates out of Aylesbury Police Station. There is a TVP information point, staffed by volunteers at Wendover Community Library and open on Tuesdays, Thursdays and Fridays between 10 and 12am. The non-emergency police number is 101. For real emergencies dial 999. More information at www.thamesvalley.police.uk

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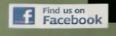


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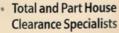
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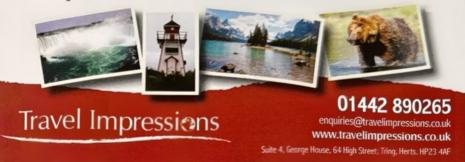


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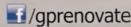
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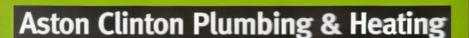
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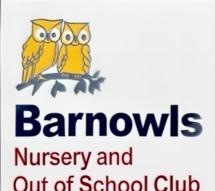
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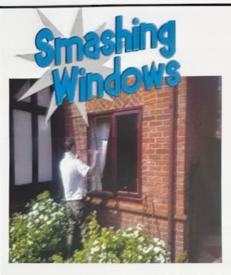
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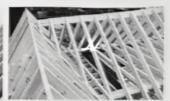
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