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### Contributors and advertisers PLEASE NOTE

Copy deadline for the next issue: 5th Sept

The Aug/Sept issue of Village Life will not be published this year due to the Editors' holiday absence. The next issue will be the Oct/Nov issue.

Advertisers will receive a oneissue extension in lieu.

Editorial contributions welcomed subject to availability of space and Editor's decision on suitability for publication. The publishers take no responsibility for statements made by contributors or advertisers.

#### ADVERTISING RATES FOR ONE YEAR

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VILLAGE LIFE JUNE/JULY 2016

# Village Life

The bi-monthly community news magazine for Aston Clinton, Buckland and Drayton Beauchamp



AT the time of writing none of us knows whether by 24th June we shall be free of our European shackles or will have confirmed our wish to remain a member of the European club of nations. Whatever the outcome, it is likely that the world will continue turning on its axis despite the scaremongerings of the pros and antis.

Life as we know it will almost certainly carry on, both its good and bad aspects. Among the latter is the problem of what we do with unhappy and neglected children, the by-products of our far-from-perfect society. We delegate our moral duty of care to our county councils who are left either to house them in their own care homes or place them with foster-parents, much the better option.

Loving care is possible within a family situation. It is near-impossible in institutional care where stable one-toone adult-child relationships are so difficult to sustain as staff come and go on shift changes, etc.

Juliet and Charlie Cleverdon have been foster carers for over 30 years, fostering over 30 children. Juliet said at a civic award ceremony a few months ago: "We just love every bit about fostering and I don't know what we'd do without it. That's the life we've chosen and we'd do it all again." With over 430 children in care in the county, more foster carers are sorely needed. Read more on p4.

The good side of life is well covered in this issue. On p9 read how FUDGE days at the school are seemingly a great success for both children and FUDGERS. Great things have been done in Mexico by young Aston Clintonians (p10). On pp14 and 23 you'll read how inspirational leaders are helping to turn boys and girls into mature young people.

The next issue of Village Life will be the Oct/Nov edition. This is to allow your editors to have an extended summer holiday. We'll come back refreshed and re-enthused.

le full Editor

### Be thankful for the gifts of God

THOUGHT I would write about the 'miracle of Mexico' this time! That may sound very grand and evocative on first reading, but a miracle has indeed happened to a family in Mexico this April. I am so pleased

to tell you that twenty young people went from Aston Clinton Baptist Church to Mexico, to build a house for a family, who were living in just one tiny room together. The house by British standards was not plush, but it was something incredibly special to those who received it.



Rev.Simon Downing, Baptist Minister

Those young people had to work so hard, mixing tons of concrete, fitting wiring to the structure of the house for the concrete to stick to, hammering nails, putting on roofs and constructing the framework for it. Over ten days they worked together, sleeping in cramped quarters with limited amenities, and having to get along with each other, especially when under pressure.

The look on the faces of Eziquio and his family upon completion was absolutely amazing -the moment of handing over the key to their door was particularly emotional. And then,

that man, with his family, cooked a meal for all those involved, probably spending a month's wages to do it-out of gratitude! Those young people went with the belief that they could make a difference, and for many of them they

> knew it was God who empowered them to complete the task.

And as they arrived back in San Diego in America to catch the plane home, the difference between poverty and wealth-separated merely by a border fence-was utterly haunting. Ironically, a gun

crime incident occurred not far from their hotel on that last day, and so they were less safe there than they had been at any time in Mexico!

I trust that you will join me in expressing gratitude to God who once again provided all the finances for these youngsters to go and do what they did-and to give thanks for the freedom and ease of life so many of us enjoy in Britain.

) inn

P.S. If you would like to know more about the Mexico trip, please go to page 10.

### Fostering a child can be rewarding

MANY children today are denied what we lucky ones hardly give a second thought to-a loving, stable and secure childhood. Their lives can be chaotic and cruel; they are denied their birthright-to be wanted and cared for.

Now, with the influx of unaccompanied children from war-torn areas of the world, the existing situation is made worse. Those of us able to do so have the opportunity to offer respite and care to a child in desperate need.

If you think you are in a position to provide comfort and safety to a needy child, there is a range of support available from Bucks CC. A fostering information session is running on 22nd June from 7 to 9pm at the Aylesbury Opportunities Centre, Thame Road South, Aylesbury HP21 8TS.

Many who've taken the plunge say that fostercaring is one of the most rewarding things they have ever done. Alec Just

### St Michael and All Angels

Regular Services: 9.15am and 6pm each Sunday and Evening Prayer at 7.30pm each Friday



### Forthcoming events

Date	Time	Event	Location
Sun 19 June	10.30 -12.30pm	Day of Prayer begins at	St Michael's Church
Sun 19 June	12.30 - 2.30pm	Day of Prayer continues at	AC Baptist Church
Sun 3 July 11am		Benefice Service to celebrate	All Saints' Church
		the ordination of Alison Roberts	
Sat 9 July	2-5pm	Church Fete	St Michael's Church
Sat 9 July	6-8pm	Barbecue	St Michael's Church
Wed 20 July	12noon	Young Church Picnic	Aston Clinton Park
Sat 10 Sept	Evening	Harvest Ceilidh and Supper	Anthony Hall
Sun 11 Sept	9.15am	Harvest Festival Family Communion	St Michael's Church
Sun 11 Sept	6pm	Harvest Evensong St Michael's	

Every Monday 10-12am Bridge at St Michael's; 2-4.30pm Rhubarb Café at St Michael's Church. More details about all these events on the church website: www.s-michaels.org.uk

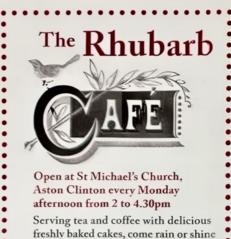
### Aston Clinton Ladies Group

There will be no meeting in June.

Wed 20 July A visit to Chilterns MS Centre Oakwood Close, Wendover HP22 5LX where Robert Breakwell will give us a tour and talk about the Centre. Please arrive at 7.15pm for a 7.30pm start.

New members very welcome. For more info please call Sue Sanders on **01296 630740** or Janet Watson on **01296 631014**.

Please mention Village Life when responding to our advertisers.



### Aston Clinton, Buckland & Drayton Beauchamp

### Horticultural Society

#### Spring Show

The glorious weather brought out the crowds for the Horticultural Society's 20th anniversary Spring Show and plant sale held at Aston Clinton School on Saturday 2nd April. Whilst the number of daffodil and tulip entries were down due to the unusual winter weather, the quality of the entries was of a high standard.

Graham Thirkettle and Ralph Weston won many of the trophies in the daffodil section, and Graham also won the prestigious Daffodil Society medal for best bloom in show. Philip Bailey won the novice section. As china is the traditional gift for a 20th anniversary, Elizabeth Weston donated two special china prizes. The adult prize of a plate decorated with a daffodil, was awarded to Jacqueline Connell for best bloom in the villages classes, and the children's prize of a mug filled with sweets was awarded to Megan Bax for best bloom in the children's classes. We had a new class this year of hellebore heads floating in a bowl, which was well supported, and sponsored by John Seaton. The winner was Sue Lipscomb (see photo below) who also received a new trophy donated by Gordon Cooke. Other section winners were Rosemary Mojsak (Spring Flowers), Frances Farley (Floral Art), Hilary Weston (Domestic), Natasha and Sophie Bradley (Children) and

Judith Halls (Handicraft).

The plant sale sold all its plants. Ken Halls, the Show Secretary, would like to thank everyone for their support in organising, running and entering the Show.









VILLAGE LIFE JUNE/JULY 2016

#### Aston Clinton, Buckland & Drayton Beauchamp Horticultural Society, contd

#### 59th Annual Summer Show

Our annual Summer Show will take place on Saturday 20th August. This year The Café in the Park are sponsoring the show which is being held in their hall. Entry to the displays of flowers, vegetables, children's and handicraft sections will be free. Stalls will include raffle, tombola, books, plants and cakes. Teas will be provided by The Café in the Park and there will be plenty of parking. Everyone will be welcome to come and see the efforts made and talents of residents from the local villages in growing things. One of the specialities of the show is the dahlias.

We hope that families and children visiting the park will come and see the show. Further details of the show and classes, including the full schedule, will soon be on the Aston Clinton Horticultural Society website.

#### Society Summer Visit to RHS Wisley

Our annual garden visit will be to RHS Wisley on Thursday 7th July 2016. There are still some spaces on the coach. The cost of the trip is £15 with an optional guided tour costing £3. Wisley is the headquarters of the Royal Horticultural Society and in recent years has undergone many changes including the building of a world-beating glasshouse. If you have never been then it is well worth a visit. Priority will be given to Horticultural Society members, but if you would like to join us contact Diane

#### ◆ Photos opposite:

Top left: Miniature daffodil 'Segovia', grown by

Ralph Weston-1st prize

Top right:20th Anniversary cake baked by Elizabeth Weston-1st prize

Centre: Floral display in a piece of china by Hilary Weston

**Bottom:** Charlie Wallis being presented with the Junior Daffodil Shield by Alex Burke Kolonko-telephone: 01296 631122-mobile: 07930 337253-email: dianekolonko@f2s.com

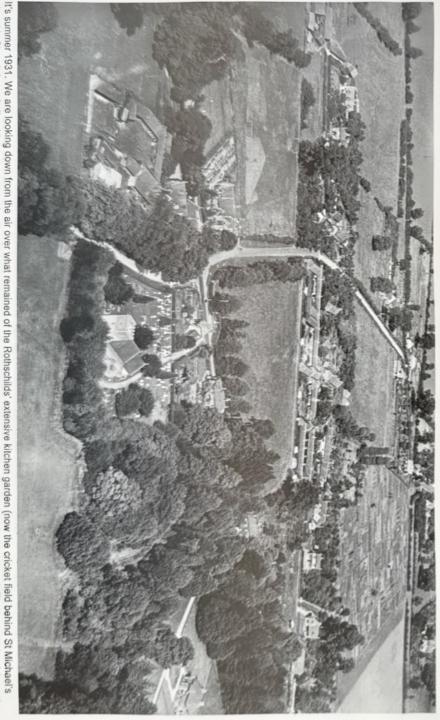
Our regular meetings continue on the second Wednesday evening each month. Coming up on Wed 8th June is a talk on Sweet Peas by Graham Hollingdale and on Wed 14th September Sian Chattle will be giving us a talk entitled 'Lindengate—Health and Well-being through Nature and Horticulture'.

Our April talk on delphiniums was very instructive and several members, including me, who have been 'losing' plants, now know what they are doing wrongly. Graham Austin, from Home Farm Plants, explained that his delphiniums are the 'Elatum' species which are tough, hardy perennials that can withstand very cold winter temperatures and are very reliable. Delphiniums like a sunny position and free draining soil and will benefit from a general purpose fertiliser when planting and during the growing season. When flowering has finished cut them back to just below the flower spike and you should get a second flowering. In late autumn, when flowering has finished, cut back to just above ground level and cover with sharp sand to protect the crown over the winter period; this helps to keep the slugs at bay.

He also recommended a pellet slug killer based on Ferramol and certified for organic use called Growing Success Advanced Slug Killer. It is more expensive than the common slug bait but can be used more sparingly and does not affect pets and wildlife. Slug Clear, a liquid concentrate, is useful in the dormant winter period as it will kill the baby slugs surviving below ground and again does not affect wildlife. For more information see the Home Farm website: www.homefarmplants.co.uk

Ralph Weston

The Editor is always pleased to receive local news of people, clubs and events.



replaced by houses whilst many of the villas on the far side remain today. The allotments (now the site of the Wimpey estate) are visible, top right. © Historic England church). Church Lane is lined by mature trees leading the eye to London Road and across into Twitchell Lane with New Road beyond. The boys' school (now the Clock School) appears tucked into the corner of Twitchell Lane and London Road. The stables lining the near side of Green End Street have long since been



### Aston Clinton School

Head: Mrs Helen Shepherd



#### FUDGE feedback

In December I wrote about a new initiative we were doing this year-FUDGE\* days-the introduction of days when the male role models in a child's life come in to school and work on a 'project' with the children. Several of these days have taken place and we have already noticed some quite remarkable things.

First, we have had enormous support from the men in the community. Huge numbers of dads, grandads, uncles and brothers came along and joined in the activities. In fact, we have been amazed by how fantastic the take-up has been considering that it has often meant time off work for the men to join us. The community aspect of FUDGE days was not uppermost in our minds when we started this initiative, but it has been a very positive aspect of the days and we are delighted about that. For the men involved, some said that they had no idea how tiring a school day could be for an adult and how much they appreciated their coffee break! For the school, we had an opportunity to find out about some of the many skills and talents in our community as well as getting to know the dads of our pupils.

Secondly, the amount of talking and working taking place during the days was incredible. For teams to work effectively there has to be a clear shared vision of what they are trying to achieve. The FUDGE days have reinforced the fact that, whether the children have been making pirate ships, tidying up the wildlife area, designing rickshaws or creating tasty dishes for afternoon tea, the need to communicate within the groups has been paramount. Some of the talk was prompted by the competitive element that the men brought into school. This was not something we had anticipated, but motivated the teams (children and adults) to stay on task.

Thirdly, we learnt a lot about organising these days. We realised that working outdoors is a fantastic thing to be able to do, but a lot more enjoyable if it's sunny! The wildlife FUDGE day had glorious sunshine whilst they pruned trees, ripped out the pond and made scarecrows. However, the next day when the rickshaw day was held was very cold in comparison! Our challenge for the next year is to arrange our days throughout the school calendar and ideally to place them at times of the year when the outside can be used as a working space if needed. We also learnt that it would be helpful to tell the men more about the day so they can come appropriately dressed. There was more than one man who went home with paint on his clothes I suspect!

Lastly, my overriding memory is of children having fun with the FUDGES who came in, whether they were connected to them or not. What a memory to have-especially as the children were learning at the same time and didn't notice! I am looking forward to the last FUDGE day later this term.

Thank you to everyone who joined us and to the staff for their creativity when thinking up projects for these days.

Helen Shepherd

\*FUDGE stands for 'Friends, Uncles, Dads, Grandads, Everyone'

### Operation Rebuild Mexico 2016

Aston Clinton Baptist Church Youth Group mission trip

HILE you were all munching your Easter eggs, starting DIY projects, gardening, or perhaps putting your feet up for a well-earned rest during the bank holiday weekend, a group of 20 intrepid young people from the village were setting off to Mexico to build a house for a family living in extreme poverty! We travelled out with a UK-based Christian charity called Urban Saints, who run the trip annually, in coordination with an American charity, Amor, who have been building houses in Mexico for 30 years, serving and working alongside the poor communities over there, to improve families' lives. Our



Craig Lamport and Jake Houghton from ACBC Youth Group with Mexican family inside their new house.

group of young people all live in or near Aston Clinton and all attend the youth group at Aston Clinton Baptist Church. We first ran a Rebuild Mexico trip in 2014, with great success, so we decided we would go again this year. Some of the young people from last time wanted to join in again, and we recruited others who had missed out last time as they were too young.

So, we set off on Easter Saturday, to go and

build a house using only hand tools, working in Tijuana city centre, in a very poor area. The family we were assigned to were extremely poor, with a father and mother, 3 children and their grandma. They all lived in a small, rundown, one-room concrete hut. It was just two miles from the border with the USA, and San Diego, one of the richest cities in the world. The family sold small items from a stall outside their house, making approximately \$41 a week -that's less than a dollar a day per person. The father was an intelligent, hard-working man who had learnt some English when he worked with Americans at a Japanese company, but the company folded in 2008 and he had been unable to get any more work. They had managed to buy a small plot of land which they had spent 15 years paying off, but had no money to provide a roof over their children's

"There are a shocking 65 million people living in extreme poverty in Mexico."

heads. This is the kind of poverty many Mexican families are faced with. In fact, there are a shocking 65 million people living in these conditions in Mexico.

Our young people worked so hard all week, mixing concrete, building walls, hammering, sawing and nailing, (learning many practical new skills in the process) in order to build a warm, safe, two-room house for the family. It was a life-changing event for all of us! The family's lives were changed, but so too were ours, as we saw how happy and contented the family were, and how they managed with so little, compared to the luxury that we all realised we enjoy! It was quite honestly the hardest work I have ever done, and we all had blisters and aches and pains, but we didn't even

notice them after day one. What was important was to give the family what they so desperately needed and deserved. I am so proud of all the young people who took part in the trip, and of how hard everyone worked. It was a great experience, and a great test, and I'm pleased to say that every single one of them rose to the challenge!

We had spent two years fund-raising for the trip – we had to raise £1400 each, that's a total of £28,000 for our group of 20 people to go. The young people have worked hard to raise the money, and many people in the village supported them. You may have donated when they were out carol singing at Christmas, or come to one of our events like a quiz or 'promises auction', or perhaps you put your spare change into one of our 'house' money boxes, which we

placed in numerous locations, including the Coffee Shop and the Cafe in the Park. Some of the boys have also been holding a five-a-side football game every Wednesday night on the Astro Turf pitch in the park. We are very grateful for everyone's support. And if you know any of the young people who were involved please feel free to ask them about the trip, I know they would love to tell you all about it.

This was our second Rebuild Mexico trip, following our initial one in 2014, and now we hope to go again in two years' time, as it was such a great life-changing experience for everyone involved.

And so the fund-raising continues. Please continue to support us!

Susanna Lamport

### Dates for your diary

The Social group at St Michael's & All Angels are in full swing, with lots of exciting things planned for the summer and early autumn months.

#### Summer Fete, Sat 9th July 2-5pm

A traditional afternoon in the church grounds with stalls, activities, afternoon teas and lots more. We'd be delighted to hear from you if you are able to help or would like to 'pitch up' on one of our trade stalls. This will be followed by our BBQ and entertainment evening. It was a huge hit last year so we are expanding our cooking repertoire and the entertainment on offer. Everything kicks off 6pm. Just need to find someone to run the bar...

In mid-June, we will be launching our (silent)
Auction of Promises Those of you who have
been in the village for a little while will remember our two previous Auctions: great fundraisers with the most amazing selection of
promises and talents on offer. We are hoping

for an equally superb selection of lots this year but instead of a live bid, you will get an opportunity to peruse the catalogue and consider your bid. Catalogues will be available in mid-June from many village locations. The bidding will close during the summer BBQ. If you have a talent you'd like to offer for the auction, please let us know.

#### Harvest Supper and Ceilidh, Sat 10th September

An up-lifting night of good food, music and dancing at the Anthony Hall. Tickets will be available at the Summer Fete.

If you'd like any more information about upand-coming social events at St Michael's please email Louise at mrsjones@ntlworld.com or Maggie at maggiebeaujeux@outlook.com or catch Elizabeth or Sally when they are outand-about in the village.

#### Beetle Drive, Sat 8th October from 5pm To be held in Buckland Village Hall. For further details contact Gina on 07706 163779.

Louise Jones



# CHARITY BEER FESTIVAL

AstonClintonBeerFestival.co.uk facebook.com/AstonClintonBeerFestival

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# SMOOTH SUNDAY

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# 29-31 July 2016 Aston Clinton School

Twitchell Lane, Aston Clinton HP22 5LB

# FREE ADMISSION ALL WEEKEND

2016 FESTIVAL SPONSORS









### Parish Council news

AT the time of writing this, we are nervously looking at the weather during an unusually cold and damp April. Our summer projects for the park—a new skate ramp, new play equipment and extra picnic benches—are all weather-dependant and we are hoping for drier, warmer weather to have them installed by half-term. We look forward to the summer with play provision that will be second-to-none but most importantly, inclusive for the less able-bodied.

This year, we are also hosting 'Play Around the Parishes' again. Children are invited to the

park to enjoy face painting, craft, bouncy castle and lots of games and activities on these two afternoons: Friday 29th July & Tuesday 16th August.

At the Parish Council we do our best to make the village as pleasant a place to live in as possible with just two part-time clerks and eleven volunteer councillors. We know that when things go wrong, it is commonplace to blame 'The Council' but sometimes we just can't help. Not that we don't want to—but we do not, by law, have the powers to do so. The guide below may help you when deciding who to complain to:

#### WHICH COUNCIL DOES WHAT?

#### Aston Clinton Parish Council 01296 631269

Park maintenance (Aston Clinton Park)

Park provision: playground, skate park, MUGA\*, trim trail, picnic sites, football pitches, café, car park, bins (park only), dog bins (provision not emptying)

Maintenance of village verges Maintenance of public rights of way

Provision of street lighting in village residential roads

Allotments

Provision of (but not running of) youth club

Supporting or opposing planning applications

Maintenance of bus shelters

### Aylesbury Vale District Council 01296 585858

Bin emptying (household and commercial)

Village litter bins

Decisions on planning applications

Licensing

Parks (where owned by AVDC)

Leisure Benefits

Note:

This is not an exhaustive list

#### Bucks County Council 01296 395000

Roads

**Pavements** 

Trees and hedges

Maintenance of verges between

villages/towns

Education

Libraries

Transport

Note:

This is not an exhaustive list

\* MUGA = Multi Use Games Area

THE Parish Council is now a good way through developing the Neighbourhood Plan for Aston Clinton. It's a massive undertaking but necessary to develop strategies for the development of this village for the foreseeable future. Many thanks to all those who completed our questionnaire! Look out now for the results online at www.astonclintonneighbourhoodplan.org and then, in time, the referendum which will allow all residents to vote on the Plan.

In the meantime, our Community Centre funding group are meeting regularly to find the extra £1.3 million needed to begin this massive undertaking. The designs include a large sports hall with optional bleacher seating, dance/Pilates/zumba studio, bar and restaurant area, changing rooms, showers, meeting and function rooms with capacity for possible retail and commercial usage. It is hoped to start work by 2017. *Gill Merry* Parish Clerk

### Boys into men ...

COUTING started with a camp on Brownsea Island in Dorset back in 1907 and it's still a big part of Scouting today. Beavers (6 to 8) is the stage where it starts with the annual Beaver Sleepover, one night in Aston Clinton Guide Hall every September. For the youngest section this is often the first night away from family so the aim is to keep everyone occupied so no-one gets homesick. Teddy bears, pre-bedtime hot chocolate and a story are also compulsory. Activities in the hall follow a theme; pirates and astronauts being the last two and there are games and usually something to make. Meals are prepared by the leaders and the clearing away is usually done by them as well. But there is a campfire with



songs to sing and marshmallows to toast. To make sure everyone gets the camping experience, we have pop-up tents that we put up in the hall, and this has the benefit of keeping everyone dry and largely bug-free. This year we also slipped in an extra night away, at the Royal Artillery museum in London. If you're seven, isn't it fantastic to sleep under a tank with your favourite teddy? Although if you're a leader, 2,500 Beavers constantly chattering under heavy artillery quickly drives you to paracetamol!

Cubs (8 to 10½) have an annual weekend camp, Friday to Sunday on a Scout campsite within a reasonable drive from Aston Clinton. Recent camps have been held at Youlbury just outside Oxford, Paccar near Chalfont St Peter and Longridge near Marlow. This year's camp

... The aim is then to build the highest stack of milk crates that you can stand on ...

celebrates 100 years of Cubs. 1,200 from across Bucks are camping together at Phasels Wood near Hemel. Most of the weekend is taken up with organised activities, usually provided by qualified instructors on the campsite. Climbing and abseiling, high-ropes, archery, air-rifle shooting, kayaking, dragon-boat racing and the perennially popular crate stacking are activities that have been done in the recent past. Crate stacking has the Cubs in climbing harnesses and roped up for safety. The aim is then to build the highest stack of milk crates you can stand on before you over-balance and are left dangling in mid-air suspended from your safety rope. A single milk crate may not seem particularly high but when you are balanced on 15 of them it's not easy adding a 16th.

Cubs are expected to help with preparation of meals and with the clearing-up afterwards. Everyone will do washing-up at some point over the weekend, even the Cub who didn't know what a tea towel is. (Name has been withheld to protect the guilty.) This year we also arranged an additional camp with the Scouts at Gilwell Park in north London, the home of Scouting worldwide. As it was held in March we stayed in dormitories rather than under canvas, although that may have been at the request of the new Cub leaders who signed-up this year! The Cubs enjoyed being with the older Scouts and didn't appear at all intimidated, judging by the competitive nature of the kart racing!



Scouts (101/2 to 14) have a lot more independence and can do a lot more camping if they wish. There are usually three or four opportunities each year, from one night away locally to much longer trips overseas. Scouts are expected to put up their own tents, prepare their own meals and clear the site at the end of camp. Usually everyone is so desperate to play games and participate in the activities that any 'work' is very quickly completed. We try to run a mix of camps including huge organised events for Scouts from all over the country that often come with group catering to leave more time for fun activities. We have camped in January and February in the mud and the rain (and briefly snow) with funfairs, climbing, caving, shooting and archery running all weekend. We have camped in the summer with 2,500 other Scouts competing in sports competitions, an all-day incident hike and a talent contest followed by a funfair, bands and a disco. An incident hike is teams of Scouts following a pre-planned route with a number of checkpoints with activities to complete; abseil down a cliff, shoot an arrow at a target or tie some knots. The fastest team to complete the hike and complete all the activities wins. I mention this because teams from Aston Clinton have won all three of incident hike, sports competition and the talent contest in recent years because our Scouts are awesome!

Explorers (14 to 18) and the older Scouts can literally travel the world via Scout camps, although one of the most memorable nights away was on HMS Belfast in London. But there has also been a week in Iceland, ten nights in France and Belgium representing the UK at the centenary of the start of the First World War following the route of the retreat of the Ox and Bucks light infantry from Mons to Le Cateau, a week in the Swiss Alps at the Scout camp at Kandersteg and the World Scout Jamboree in Japan. The incident hikes also get a little harder as you get older, the Sun Run challenge being to walk/run 26 miles between the sun setting and rising in late June. The compensation is the post-hike party that runs all the way through to breakfast!

There's no time for worrying about insects in tents or whether it's going to rain. But if you're sending your children to camp please remind them what a sensible bedtime is. We've tried letting them set their own bedtime (disastrous: they didn't sleep at all on Friday but on Saturday night they couldn't stay awake to cook their own dinner); rigorously enforced bedtime (disastrous: the leaders had shouted themselves hoarse by 11pm); and keeping them up all night hiking round the countryside (disastrous: the leaders couldn't stay awake to drive home) so any suggestions are welcome! Neil Walker

THE WORLD WIDE WEB can be a terrifying place when it comes to self-diagnosis of our various aches and pains. Who hasn't googled what does my headache/bleeding bottom/ chest pain mean? And been utterly horrified by the results thrown up.

However, the web has rather usefully given validity to something that has troubled me increasingly lately. It also provides great relief to know that I am NOT a total sociopath but rather a completely normal, middle-aged woman, who just happens to suffer from Misophonia.

The literal meaning of Misophonia is 'hatred of sound' but researchers now commonly use it to refer to those of us who simply cannot bear the sounds other people make whilst eating, chewing, swallowing or even sometimes just breathing.

Yes. Even the sound of someone breathing can tip me over the edge. I have endured hours watching my kids swimming lessons, glaring at

the fellow parent who snores even though he is awake, just casually sitting there, playing with his phone. And yet SNORING?!? I literally find this unbearable, my skins crawls. How can he NOT notice the noise he is making?

Suffering from this particular condition may not be as serious or debilitating as, say, Agoraphobia or Obsessive Compulsive Disorder but it does throw up challenges when trying to maintain a happy marriage. I frequently find myself wanting to punch my husband during a

meal because of the voracity of his chewing. I have woken in the night and found myself unable to get back to sleep because I become fixated on the frequency and volume of his swallowing, a deep lump of rage of welling up inside me. It gives me dark, dark thoughts that really must stop!

Talking to friends though, reassures me that I am not alone in my suffering. One sleeps with ear plugs because she is so irritated by the strange clicking sound her husband makes while asleep. Note here it's not the gentle

> snoring that bothers her; it's the 'clicking'. Another reaches boiling point in the company of a relative who (in her opinion of course) clears his throat excessively. You see people with Misophonia don't all hate the same sounds. There was a man in Latvia who actually shot someone in the cinema after being 'forced to suffer offensive mastication' at the hands of a loud popcorn

eater. I should confess here that after

a recent theatre trip, I can empathise. The woman in the row in front who rustled her wrappers and crunched so loudly through the first half of the play, doesn't know how lucky she is to still be here.

So the next time you are on the bus or in a queue, absently-mindedly sucking a mint or tucking into a bag of crisps, look around, clock who's watching and beware of the glare because Misophonia is definitely a thing. I googled it, Kelly Cornish you know.

In the directory of advertisers on pages 34 and 35 you will find a surprisingly wide range of local services. Please support our advertisers and please mention Village Life when you contact them.

the word

### A world before the NHS

T IS always sad when something comes to the end of its life, especially after nearly a hundred years. The Aston Clinton, Drayton Beauchamp and Lower Buckland Nursing Association was formed as a charity in 1919. The charitable trust was funded from income from war stock and the untiring efforts of Lady Rothschild.

The original trustees included the Revd Douglas Scurry-Jones; William Gates, tobacconist; Edward Webb, accountant; Bertram Nixon, school attendance and youth employment officer; Marcia Lloyd-Hart and Winifred Plater, married women; and Irene Haine, spinster.

The monies were distributed for the "benefit of the sick poor" of the villages. Nurse Keen was employed at an annual salary of £151 and it would appear that she had the benefit of a Morris 8 purchased in 1937 for £122.10.00d. Her motoring expenses were £52.5.3d.

In earlier times, as with most villages, our villages had no resident nurse. The Rothschilds were living at Green Park, Aston Clinton. Acknowledging a moral duty to look after the needs of the poor and sick of the villages, Lady Rothschild generously bought a cottage in London Road to house a nurse, her wages being paid by Lady Rothschild. On regular occasions the nurse would inform Lady Rothschild of families in difficulty and she would send a welcome hamper. In latter years when the cottage was no longer needed it was sold and the monies helped continue the work.

In 1973, Miss Margaret Lowe joined the trustees and over the following 30 years she raised thousands of pounds and publicised the work of the trust.

In 2016 the charity was wound up and the trustees decided to share the final sum between Florence Nightingale Hospice and Iain Rennie Hospice at Home, as they felt that these two charities continued the spirit of the trust.

Marion Richards, Heather Nicholls, Betty Evett & Tina Gibbs (Former trustees)

A school for the girls of the village was another expression of the Rothschilds' generosity to Aston Clinton. In 1862, Constance, one of their two daughters, asked her father for a school as a 19th birthday present so that village girls could be taught the 'three Rs' and be trained in domestic duties. When the boys' school was extended in the 1970s to accept girls, the girls' school became redundant and was demolished. The school stood on the west corner of Church Lane and London Road.



### Green Park-something for everyone!

Safety helmets into

ITH SPRING fast turning into summer, Green Park is looking its very best. We have made some exciting improvements to the Footgolf course and upcycled some old kayaks and tractor tyres, giving you a great opportunity to really brush up on your skills. Footgolf is open every day and bookable online at the website

www.ukfootgolf.com or pay-and-play on the day.

If you need to spruce up your garden, pre-loved climbing helmets that once saw the heady heights of the zip wire have been ingeniously converted into hanging baskets and are now available to buy.

Summer is peak season at ALF\* Villages, here at Green Park. We are busy delivering adventurous outdoor activities to more school and youth

groups than ever before. Customers visiting Green Park come from all corners of the country, some even from overseas but more importantly our local schools come here to enjoy fun-filled days led by our enthusiastic and experienced outdoor team.

As Green Park is growing, so is the need to

fit everyone in. You may have seen the extra Safari Lodges being built at the campsite to accommodate some of our visiting school and youth groups over the busiest months. The Lodges provide dormitory style accommodation and allow children to experience the great outdoors and adventurous activities.

So how can you enjoy the site? With the summer holidays fast approaching why not make the most of our Holiday Activity Days? These cater for children aged 8-14 and provide four adventurous outdoor activities 9am-5pm. Each day is different so if you are looking to keep your children active over the holidays just call 033 0303 0101 or check availability online as places are limited.

hanging baskets! Why not pitch up and camp at Green Park, taking in the fresh air and beautiful surroundings?

> We are also going to introduce a nature trail for the summer holiday period allowing you to learn more about the very special place that is Green Park.

For more information on any of our activities

simply call 033 0303 0101 or check out the website at www.green-park.org.uk

Gemma Craig

\*ALF stands for Adventure Learning Foundation, the charity that runs Green Park.



Safari Lodges under construction in the springtime by volunteers and staff, ready for summer occupation.

OLLOWING my return to the UK last summer after an incredible four months' travelling, I seriously debated whether or not I wanted to take up my offer at university. I feared it wouldn't permit me ever to do something that extreme again; that once three years of studying were over, 'real life' would begin, with a 9-5 job until I was around 70.

However, within two weeks I saw an advertisement for the annual climb of Mount Kilimanjaro in Tanzania as a charity project.

At this point, I didn't know too much about the mountain or the charity 'Hope for Children', which the fund-raising would be for. All that I knew was that it would certainly be a cure for my travel blues. After dragging a friend along to the evening talk from students who had done it the previous summer, I was quite simply hooked. As the highest mountain in Africa, Kilimanjaro presents a big challenge and appears on many a bucket list, standing at over 4,500 metres, with low temperature and occasional

harsh winds. Terrifying to many, but a challenge I had no idea why I had such a desire to accept. Slight catch: I was now a broke student who had to fundraise £2,900 to finance the venture.

Fundraising is one of those things I've always light-heartedly claimed I would love to do, clearly not realising the challenge involved. As part of my fundraising, I have so far carried out numerous collection days in the streets of Leicester, Sheffield and London, as well as organising a quiz event here in the Anthony Hall at Easter, with plans of bag-packing and

sports events in full swing for summer. These past nine months have proven incredibly difficult attempting to reach the different deadlines and coming up with fundraising plans, where I've had to constantly step back and think about what the main point of it all really is.

The charity 'Hope for Children' aims to improve vulnerable children's access to education and healthcare, empowering their families and giving them hope. In Kenya, they are developing new projects for children with disabilities,

and in India, working towards realising the rights of street children and providing them with an education. In Tanzania in particular, the charity helps children build a life away from the streets and empowers women in more remote villages to attain economic stability for their families.

Originally this trip was simply something to fulfil my travel desire and it posed a challenge which, back in September, didn't seem too ambitious. However, the closer I get to the challenge, the harder I'm

having to train. Reading about the charity and those who have climbed the mountain in aid of others before, has brought into sharper focus the value of the projecr. Yes, it will be incredible to do it and experience a challenge that many may not be able to complete, but what really makes this adventure stand out is the fact that this time it won't only be making a difference in my own life, but in the lives of so many others in need of help.

Becca Harty



P.S. If you're interested in supporting me, my Nottingham University fund-raising page is: https://2016notts.everydayhero.com/uk/beccas-kili-climb

Please support our advertisers. They make your magazine possible.

### A visit to Ypres and the Menin Gate

AT THE LAST meeting of the Royal British Legion's Aston Clinton branch, George Mills talked to us about a recent visit he made to Ypres and the Menin Gate. Ypres was flattened during the First World War and was subsequently rebuilt in its medieval style. It now includes the Menin Gate where the names of over 54,000 allied soldiers who died in the Ypres Salient are recorded on its walls. Every evening since 1928 (with the exception of the German occupation of Ypres during WW2), a Last Post ceremony has been carried out by the local fire brigade. George said the visit was very emotional but that the overall impression was that the town was very peaceful.

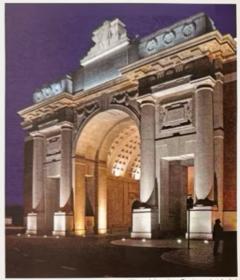
George went on to propose a semi-formal visit to Ypres and the Menin Gate in 2018 during which our Standard would be paraded.

#### Summer Social and Quiz

You are invited to our Quiz night which is being held on Friday 17th June at the 'Café-in-the-Park'. Doors open at 7pm fo a 7.30pm start. Tickets are £10 each and include a fish-&-chip supper. There will be prizes for 1st, 2nd and 3rd and a raffle during the interval. There is a cash bar. Tickets are available from Bryan Parker on 07437 341052 or you can contact him at: bryanparker150@googlemail.com

#### Armed Forces Day

The traditional Armed Forces Day extends over two days this year and takes place on Saturday and Sunday 25/26th June at the renowned wartime code-breaking centre at Bletchley Park. There will be lawn croquet and face painting for children on the Sunday and military



The Menin Gate at night

stall holders will be present on both days.

The RBL are offering 2000 free tickets to Armed Forces families only (including admission to the historic centre at Bletchley Park). These tickets can be obtained at the RBL office at 19-21 High Street, Aylesbury or from www.buckscc.gov.uk/armedforcesday while tickets for sale to the public must be pre-booked at www.bletchleypark.org.uk

On Friday 1st July, the Royal British Legion is commemorating 100 years since the start of the Battle of the Somme. Aston Clinton branch will be holding a vigil at the war memorial to which all members of the public are invited. It will take place at 8pm and will include a short service of Remembrance for all who died at the Battle of the Somme in 1916.

Ralph Weston

#### Solution to Crossword No.16

Down 2. Advantages 3. Scan 4. Archer 5. Feudal 6. Applique 7. Edge 11. Chickenpox 13. Punishes 16. Adapts 17. Crumbs 18. Ugly 20. Then

Across 1, Cats 8, Correspond 9, Launched 10, Lace 12, Stupor 14, Liquid 15. Agenda 17. Cheeky 18, Uses 19, Aquatint 21, Lamentable 22, Next

### Aston Wine Club is 20 years old!

THE CLUB was founded in 1996, by a group of friends living in and around the Aston Clinton area. The aims of the club back then stated: "We should offer a group of friends the chance to meet various wine enthusiasts and hopefully broaden our knowledge of wines, but above all to enjoy ourselves". I must say I think those aims have definitely been achieved over the last 20 years.

The way it works is that each month a presenter is invited to host a tasting of wines selected by them, focusing on a specific theme. Eight wines are usually tasted, with a light supper being served in the middle of the evening. The Club is very friendly and relaxed and tries to cover all areas of the wine-making world as it is geared towards 'appreciation' of wine rather than only being interested in fine wine.

We not only sample wines from the well-known wine regions of the world, but also from those lesser known and just emerging regions such as Brazil, Uruguay and Turkey. Through an excellent presentation by Woburn Wines, we learned about some fantastic British wines which are being produced just down the road from here.

Our experts are extremely diverse, ranging from the highly qualified members of the Wine

qualified members of the Wine Est. 1996
Educators Association to single wine importers and merchants. Of course, we cannot forget very good evenings over the years hosted by local Majestic stores in Aylesbury and Berkhamsted.

We have also had a couple of minor celebrities host evenings at the club in the last couple of years, notably John Ducker aka Leeson, who provides the voice of Dr Who's doggy companion K9. He is also an accomplished wine and food writer. Also for the last three years we've been very fortunate to have the excellent Neil Phillips host a Champagne evening at the Club. Neil, also known as The Wine Tipster due to his other field of expertise, horse racing, can be often found on Channel 4 giving his 'horsey' tips.

We usually meet on the third Friday of each month and we always give new members a very warm welcome. If you would like more information check out our website: www.astonwineclub.co.uk or give me a call on 01296 630124.

Pat Rozental

### My father survived the Battle of Jutland in 1916

MY FATHER, George Brock, was one of the lucky survivors of the biggest naval battle of WW1 which took place 100 years ago off the coast of Denmark. He served on the battleship 'HMS Marlborough', part of the Royal Navy's Grand Fleet, commanded by Admiral Jellicoe.

Despite being severely damaged by German torpedoes, the Marlborough managed to sink the German cruiser Wiesbaden. After serious flooding had crippled the ship, she developed a list, forcing her to make for Grimsby

for repairs, escorted by eight destroyers. During the passage, a weakened bulkhead gave way

and the ship took on yet more water.

The crew had to man the pumps
continuously while the ship limped on
at slow speed to safety.

The loss of life and ships during the Battle of Jutland was immense. Nearly 9,000 British and German sailors died

and 25 ships were sunk in under 24 hours. At the conclusion of the battle, neither side was victorious.

George Brock

### Village Market is smash hit in sunshine

THE EIGHTH annual Aston Clinton Village Market broke all records - both for fundraising and soaring temperatures.

Although it took place on Sunday 8th May, it felt like summer holiday time with people digging out the sunscreen and sunhats, while indulging in the amazing food, entertainment and wealth of local fare and craft stalls on offer.

There were 70 stalls to visit and browse, ranging from hand-made jewellery and soft furnishings to cakes, plants and even jazzercise. And for the children-and 'big kids'-there were bungee trampolines, carousel teacups and old-fashioned hook-a-duck to indulge in, amongst many other activities.

The ever-popular Aston Clinton Beer Festival tent re-stocked twice as visitors enjoyed a refreshing drink in the sunshine, and a fantastic live musical soundtrack was provided by Dreamchasers Entertainment and renowned blues band Storm Warning.

The group, fronted by vocalist Son Maxwell and guitarist Bob Moore, with Ian Salisbury on keys, Derek White on bass and drummer Russ Chaney, played a mixture of original songs and blues classics, as well as tracks from their latest album Take Cover.

With more than 2,000 visitors through the gates, the Village Market raised an astounding

£6,200 for Aston Clinton School, and organisers Clare Simmonds and James Brine are grateful to all the local businesses for their continued sponsorship of the event.

"We'd like to thank all the stallholders and local residents for their patience and understanding," said Clare. "And of course all the amazing volunteers who help ensure the event not only ran smoothly but was a huge success."

Laura Milham from local company Polka Dots and Roses, said: "Thanks to everyone who helped to organise the event. As a stallholder it is one of my favourite events of the year as it is so well planned and has such a fantastic atmosphere. Today the weather just topped it off."

Angela Fidler from Suga Kandi Jewellery added: "I absolutely love having a stall at the Village Market. It's so well organised with a great atmosphere-and sunshine too!"

Jazzercise Bucks, Beds and Herts, who were attending the market for the first time, said: 'What a brilliant event. I was very impressed by the organisation, variety of stalls and how helpful everyone was.'

So there you have it, plenty more satisfied market customers and stallholders and a huge fundraising coup for our brilliant primary school. Here's to next year! Sarah Marsh



### Brownie adventures

There were a lot of changes to 1st Aston Clinton Brownies last term, including saying goodbye to our Brown Owl, Alison Dodd, who had been with the unit, leading our girls, for five years. We say a big thank you to her for all her time, energy and dedication to the girls. We welcome Lesley Butcher to the role of Brown Owl, and with two newly-qualified Leaders, myself and Jo Marsh, we really have a great, enthusiastic team in place to lead our unit. Saying goodbye to our Brownies as they move on to Guides can feel sad, but it's enjoyable and exciting welcoming new girls, and this term we have six new starters ready to begin their Brownie Adventure.

We're going to be doing lots of varied activities such as visiting a working farm, biscuit walk, Father's Day crafts and working towards the Designer Badge, which the girls have chosen. We have a District sports event in July which will include getting together with all the

other local Brownie units and will be themed on the Rio Olympics. We are also giving the girls the opportunity to go away for the weekend for a Pack Holiday with the 2nd Aston Clinton Brownies. So lots of fun activities lined up this summer.

Brownies is all about having fun, exciting activities, and encouraging girls to be happy, self-confident and curious about the world they live in and the difference they can make. I volunteered to get involved with Guiding through an appeal on social media when the unit had a lack of regular volunteers to commit to attending the weekly meetings. For me it has been one of my most rewarding experiences, one of my most rewarding experiences, 'Guiding' the girls to make informed decisions, offering them a safe, supportive and exciting environment.

Guiding is always looking for adult volunteers, for more details please visit Join Us at www.girlguiding.org.uk/interested Jo Johnson

The new team running 1st Aston Clinton Brownies, *left to right:* Lesley Butcher, Jo Marsh, Jo Johnson and Samantha Mayne



### All Saints' Church, Buckland

Regular Services:

8am Holy Communion each Sunday 11am Morning Worship – First and Third Sundays 6pm Choral Evensong – Fourth Sunday each month 10am Midweek Communion each Wednesday



#### Forthcoming events

Date	Time	Event	Location
Sun 3 July	11am	Benefice Service to celebrate	All Saints' Church
		the ordination of Alison Roberts	
Sun 4 Sept	11am	Harvest Festival Family Communion	All Saints' Church
Sun 4 Sept	6pm	Choral Evensong for Harvest	All Saints' Church
		followed by Harvest Supper	

More details about all these events on the church website: www.allsaintsbuckland.org.uk

### A heartfelt message of thanks from Frances

BELATED THANKS to all my team at All Saints, for their wonderful help with the Easter decorations this year. I was supposed to be in hospital and had everything planned for kind souls to organise this for me.

Unfortunately, my operation was cancelled, so I was able to be with my friends, which helped with the disappointment. The church looked beautiful with spring flowers, twigs, colourful eggs and a cross on the door, decorated by Sue Lipscomb. Well done Sue and thank you!

I then accepted a cancellation and was all set, with Celia Gosling agreeing to water and

generally look after the flowers, when the night before a phone call came saying, "Sorry, no beds". Yet again.

With that, I disappeared off to Hampshire to be spoilt by my sister. and enjoyed a wonderfully uplifting concert entitled Music and Monarchy, conducted by her husband. It was just what the doctor ordered. While I was away, caring of the church flowers was continued by loyal friends.

Thank you all so much for your ongoing support. I live in hope that my next date will NOT be cancelled, yet again!

Frances Farley



#### Buckland Open Gardens, Sunday 19th June 2-5pm Entry £3

A list of gardens open is available at the church. Enjoy tea in All Saints' church from 3pm and visit our plant stall. At the time of going to press, the gardens opening are Church Leys, The Old Duke's Head, The Old Rectory, Yew Tree Cottage and 8 Model Row. Come and bring your friends!

Kate Eckett

### St Mary the Virgin, Drayton Beauchamp

Regular Services: 10.45am each Sunday

### Forthcoming events



More details about these events on the church website: www.s-marys.org.uk

# A PARTY TO CELEBRATE

HM THE QUEEN'S 90TH BIRTHDAY



TO BE HELD AT ST MARY'S CHURCH DRAYTON BEAUCHAMP ON THE AFTERNOON OF SUNDAY 26TH JUNE



### The Queen's 90th birthday

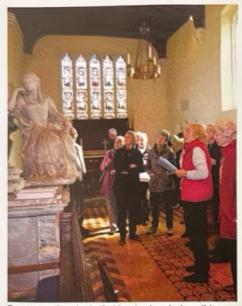
Drayton Beauchamp village together with St Mary's Church are planning a families' tea party to celebrate the Queen's 90th birthday on **Sunday 26th June** at 3.30pm at the church (see notice opposite). Please would you let either Meryl Nodes (01296 630396) or Elizabeth Moores (01442 826241) know if you would like to come, so that we have some idea of numbers. Please bring a contribution in kind.

Elizabeth Moores

#### Wendover Arm Trust events

There will be two free Restoration Open Days this year—on Sunday 5th June and Sunday 4th September. Both events will be held in the grounds of St Mary's Church, by kind permission of the Rector. Free parking. Guided visits to the current restoration site available (25 min walk, passing restored sections). Teas and cakes for sale with sales stall. Both events will run from 12.30-4pm. Donations welcome.

Nigel Williams



Rosemary Brooke in St Mary's church describing the impressive marble Newhaven monument to a party from Mid-Bucks U3A History Group. The monument is by Wm Woodman the Elder and commemorates Lord Cheyne, Viscount Newhaven and his wife. The monument is soon to be restored.

Margaret Ross writes: "A year ago, Mentmore Golf and Country Club, as it then existed, closed down only to reopen shortly after under different ownership. Members of the previous club (including residents of Drayton Beauchamp) were upset and perplexed as many of them lost money in the process. Most have now joined other clubs. However, the spirit of camaraderie among this group has continued. In April, over 35 of the Mentmore Seniors' Section plus their better halves had their very last Spring Break—this time at the Forest of Arden, near Coventry. It was important for us all to meet up one more time."



### A lively upcoming programme for the WI

BUCKLAND, Drayton Beachamp and Aston Clinton WI meet on the first Wednesday of every month at Anthony Hall at 7.45 pm.

Our speaker in April was Martin Towsey from the Bedford Estates and Gardens. Martin was such an excellent speaker, full of enthusiasm for his job as the Estates Garden Manager, that we have arranged a tour of Woburn Abbey gardens in the summer.

We also arrange a lunch get-together each month at one of the local hostelries together with a strolling group and walking group. We welcome new members at any of our meetings. Come along and try us – you will receive a warm welcome! Claire Castle

Our next meetings are:

1 June Photo Restoration

6 July Highwaymen and Highwaywomen 3 August Bucks Spies and Subversives

7 September Beetle Drive

5 October Rock 'n' Roll and a Rocking Chair

### Summer evening garden visit invitation

THE Bucks District Association of the National Vegetable Society offers all Village Life readers an opportunity to visit a wonderful garden, with views over the Vale of Aylesbury.

John & Jill Branham of Wingrave are opening their garden from 6pm on Wednesday, 22nd June. John is well-known for his prowess as a vegetable grower and has won national championships. However, his main boast is that he enjoys home-grown vegetables on his plate every single day of the year.

If vegetables are not your thing, Jill manages the most wonderful landscaped garden you could wish for, with ponds full of hungry fish, all with great views over the Vale of Aylesbury.

So, why not spend a pleasant June evening in an English garden, courtesy of John & Jill. Plenty of parking, and refreshments including wine, tea/coffee.

John & Jill's address in Wingrave is Chiltern Place, Nup End Lane, HP22 5HH. Coming from Long Marston it's a left turn off the High Street, past the church and after a few sharp bends you enter a private, narrow lane about 200 metres long.

Village Life readers: you are very welcome to join us.

David Elkins



# Nationally acclaimed outdoor theatre coming to Lindengate on 24th June



AFTER the enormous success of last year's first outdoor theatre event at Lindengate we are pleased to announce that Mikron Theatre is once again joining us as part of their national tour.

On Friday 24th June, Mikron will be performing a play called 'PURE, The Business of Chocolate'. As the title suggests it is all about chocolate past and present. Written by Richard Vergette a British playwright, actor and drama teacher (best known for American Justice, first shown at London Arts Theatre in 2013), the play is a story of many flavours that is sure to prove entertaining.

Doors open at 6pm and the show starts at 7pm. We recommend you bring a picnic to enjoy on our large lawn and you do not need to think about the sweet stuff as Wendover Evening WI are doing all the refreshments for sale on the night which will include no less than chocolate heaven.

Tickets (£12 or £10 concessions) will be on sale online via Golden Giving, accessible at www.goldengiving.com/event/pureatlindengate from the end of April or on the door and you can find more information about Mikron and the play at www.mikron.org.uk Alternatively



contact Lindengate on 01296 622443 or find us on Facebook at lindengategardenin

Lindengate is about health and well-being through nature and horticulture. It is a local charity that offers specialised gardening activities to help those with mental health needs in their continuing recovery. Social & Therapeutic Horticulture (STH) is increasingly recognised as a successful method to promote health and

"Lindengate is about health and well-being through nature and horticulture."

well-being, facilitate social inclusion and offer participants access to pathways that can help them gain in self-confidence and self-esteem. UK-based research shows a strong correlation between structured outdoor horticultural activities and successful rehabilitation for a wide range of mental health issues. Getting people out of their homes and mixing with others in an outdoor, fresh-air environment is a catalyst to breaking down their social isolation and encouraging the recovery process.

We operate from the 5-acre site adjacent to the Worlds End Garden Centre in Wendover offering gardening/horticulture, art and crafts, conservation, construction and cooking activities. Following the principles and practices of STH we enable users to spend time in a structured, supportive and calm environment, either singly or in small groups, working towards their recovery.

If either you or someone you know might benefit from Lindengate's services or would like to get involved as a volunteer, please phone us on 01296 622443 or visit our website at www.lindengate.org.uk or you can contact us at info@lindengate.org.uk Charlie Powell

### **Aston Clinton U3A**

Retired? Looking for something to fill your time? Come and join us at the Aston Clinton U3A.

THE ASTON CLINTON U3A is open to all who are retired or semi-retired. It helps to keep our minds and bodies active, encourages friendships and learning. A wonderful organisation for our 'third age' where our members now have a choice of twenty-seven different groups to attend, from Art to Wildlife. See our website at http://acu3a.weebly.com for a list of the great variety of groups involved. Anyone with an interest or hobby (however unusual) is encouraged to join with others to enjoy their shared interest.

We meet monthly at the Anthony Hall, Aston Clinton but there are activities most days of the week.

This year we celebrate our 10th anniversary and the celebrations started after the official business of our February AGM, with tea and cakes (made for us by one of our local Rhubarb Café members).

On **16th August** we will be holding an Exhibition at the Anthony Hall. This will be open to the public from 2 to 4pm and you will have the opportunity to discover all the Interest Groups available at present.

More information can be obtained from our secretary John Bullard on **01296** 436403 or through our Aston Clinton U3A website contact page.

Maggie Evans

Celebrating the Tenth Anniversary of Aston Clinton U3A at this year's AGM. In the foreground, *I.-r. are*: Richard Woodley (ex-chairman), Martin Young, Barbara Wilkinson (founder chairman), Maggie Evans (present chairman) and Pat McRory (ex-chairman). In the background are some of the ACU3A members.



The Editor is always pleased to receive local news of people, clubs and upcoming events.

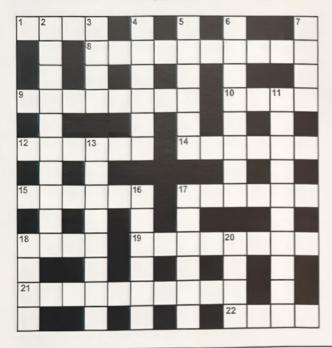
Please note: the next issue of Village Life will be the Oct/Nov issue to be published

on 1st October. Editor's email address: alec.just@btinternet.com

### Village Life crossword no.16

Crossword compiled by Helen Lonsdale

Solution to this crossword on page 20



#### CLUES ACROSS

- 1. Musical by A. Lloyd Webber (4)
- 8. Exchange letters (10)
- 9. Initiated (8)
- 10. Tie a shoe with cords (4)
- 12. Lethargy (6)
- 14. Fluid (6)
- 15. Programme (6)
- 17. Impudent (6)
- 18. Employs (4)
- Process of etching on copper plate (8)
- 21. Mournful (10)
- 22. Immediately following (4)

#### **CLUES DOWN**

- 2. Benefits (10)
- 3. To examine in close detail (4)
- 4. Sagittarius (6)
- Medieval social and economic system (6))
- 6. A decoration applied to another (8)
- 7. Slight lead (4)
- 11. Children's infectious disease (10)
- 13. Castigates (8)
- 16. Modifies (6)
- 17. Morsels (6)
- 18. Like Hans' ducklings (4)
- 20. Before (4)



Do you fancy taking part in the Tour de Vale on Sunday 26th June? If so, register online to enter and do it today! The Tour de Vale is a charity fund-raising event jointly organised by Stoke Mandeville's Wheelpower and Mix96.

# MARSWORTH STEAM & GLASSIC Vehicle Rally

Historic Steam Engines, Agricultural, Classic Cars, Bikes and Trucks

# Sunday 19th June 11am-5pm

Treat Dad to a fun day out on Fathers Day!



### Family entertainment

Stalls galore! Charity Fundraising Auction Arena entertainment Live music Crafts Working models

## Startop Farm

Marsworth HP23 4LL

B489 Ivinghoe to Aston Clinton Road

Ice Cream
Popcorn
Candy Floss
Fish & Chips
Teas, Snacks and
Homemade Treats

Beer tent
Local Real Ales

## FREE Shuttle Bus

Vintage of course!

See our website for route and times

### and just for the kids

Face painting
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### www.MarsworthSteamRally.co.uk

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# Useful telephone numbers

Name	Contact	Telephone no.	Email address
1st Aston Clinton Rainbows	See below*	•	
1st & 2nd Aston Clinton Brownies	See below*		
Amersham Hospital	-	01494 434411	
Anthony Hall (Bookings Sec)	Janet Brassington	01296 630229	janet@goggle.plus.com
Aston Clinton Badminton Club	Maureen Davison	07958 479690	
Aston Clinton Baptist Church	Simon Downing	01296 631824	
Aston Clinton Friendship Club	Selly Clarke	01296 630207	
Aston Clinton Parish Council	Gillian Merry	01296 631269	
Aston Clinton School	Helen Shepherd	01296 630276	
Aston Clinton U3A	John Bullard	01296 436403	
Aston Clinton Youth Club	Teresa Smith	01296 631685	
Aston Park Tennis Club	Sue Hoey	01296 630826	
Aston Wine Club	Pat Rozental	01296 630124	
Ballet, Tap and Jazz Classes	JoAnn Latus	07800 518654	
Ballroom Dancing	Yvonne Domican	01296 630467	
Baptist Church Hall	Valerie Owen	01296 630303	
Bosom Buddies	Tracey Norris	079102 58259	BosomBuddiesTring@hotmail.co.uk
Bowls Club	Rosemary Stratfull	01296 631339	
Buckland Book Group	Barbara Fletcher	01296 631111	brfletcher@hotmail.co.uk
Buckland Bridge Club	Viv Barton	01296 630776	
Buckland Villge Hall (Bkings Sec)	Paula Graves	01296 630310	
Buckland Parish Council	Fiona Lippmann	01296 626073	bucklandpc@googlemail.com
Buckland Society	Kelly Cornish	01296 632119	
Childline	_	0800 1111	
Citizens Advice Bureau	-	0870 126 4056	
Cricket Club	Mike Parsonage	01296 631788	
Crimestoppers		0800 555 111	
Dentists' Surgery	-	01296 323090	
Dial-a-Ride	-	01296 330088	
Doctors' Surgery	-	01296 630241	
Drayton B'champ Parish Meeting	Meryl Nodes	01296 630396	
Electricity emergency		0800 7838 838	
Environmental Health	Out of hours	01296 585093	
Environmental Health	Helpline	01296 585605	
Fly tipping	Hotline	0845 330 1856	
Football: Aston Clinton FC	Mark Foster	07831 765738	
Football: AC Colts	Ray Lucas	01296 630076	
Gas emergency		0800 111 999	
Green Park Life Saving Assocn	Liz Youens	01296 622895	
Guides, Brownies & Rainbows	See below*	-	
Halton Singers	Cherry-Ann Evans	01296 622097	

Name	Contact	Telephone no.	Email address
High Wycombe Hospital		01494 526161	
Highways on Call	Out of hours	01296 486630	
Horticultural Society	Maureen Ridler	01296 633376	info@astonclintonhorticulturalsociety.co.uk
John Radcliffe Hospital		01865 741166	
Ladies Group	Sue Sanders	01296 630740	
Local Councillors:			
Bucks County	Bill Chapple OBE	01296 426814	bchapple@buckscc.gov.uk
Aylesbury Vale District	Bill Chapple OBE	01296 426814	bchapple@aylesburyvaledc.gov.uk
Aylesbury Vale District	Mike Collins	01296 632039	mcollins@aylesburyvaledc.gov.uk
Aylesbury Vale District	Carole Paternoster	01296 630710	cpaternoster@aylesburyvaledc.gov.uk
Marsworth Pre-School Group		07506 179658	
MP for Aylesbury	David Lidington	020 7219 3432	pslidington@fco.gsi.gov.uk
Neighbourh'd Watch Administrator	Diane Brown	01296 396262	
Neighbourhood Watch, Buckland	Edwin Domican	01296 630467	
Neighbourhood Watch, DB	Elizabeth Dutton	01296 631613	
NHS Direct		0845 4647	
Police	Non emergency	101	
Pre-School	Pam Borrows	01296 630877	
RAF Association (local branch)	Selly Clarke	01296 630207	
RAF Halton (Mon-Fri)	0800-1700hrs	01296 656367	
RAF Halton	At all other times	01296 656211	
Rector	Rev Elizabeth Moxley	01296 632488	
Royal British Legion	Janet Tye	01296 434866	
Scouts, Cubs and Beavers	David Wall	01296 632142	
SSAFA Forces Help	Ann Smith	01296 631030	
Stoke Mandeville Hospital		01296 315000	
Tot Spot (Baptist Church)	Nicky Downing	01296 631824	
Trading Standards		0845 4040506	
Veterinary Centre		01296 630600	
Women's Institute	Anne Floyd	01296 434372	
Water emergency		0845 9200 800	

<sup>\*</sup> To register an interest in joining the Brownies or Guides, visit www.girlguiding.org.uk/interested

### Any error or omission in this list should be notified to the Editor

#### Police information

The Police Constables who have been assigned to this area are Thomas Piercy and Jo Smith. They are supported by two PCSOs. Wendover Police Station is open on Wednesday mornings 9-12am and on Thursday 9.30am-4pm, staffed by volunteers (more always welcomed). If the front desk is not open and you wish to report a crime, there is a yellow box with a phone providing a direct link to the Police Enquiry Centre. The non-emergency police number is 101. For **real** emergencies dial 999. More information at www.thamesvalley.police.uk

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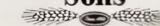
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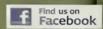


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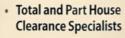
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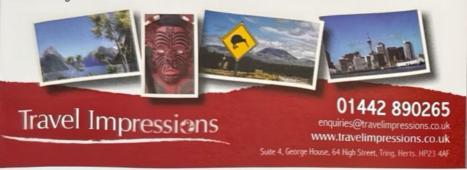
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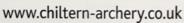
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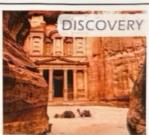
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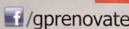
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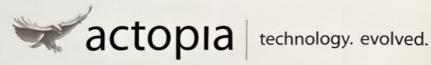
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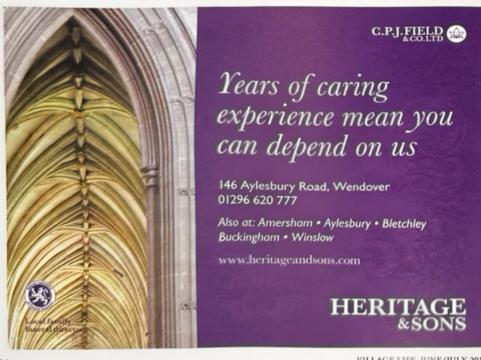
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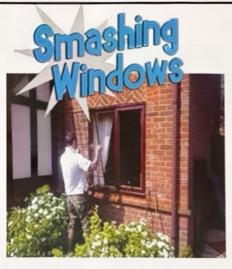
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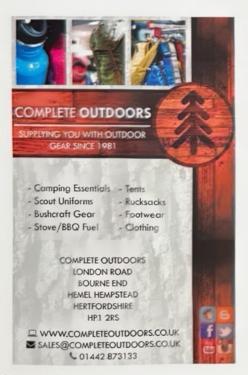
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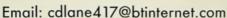
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