

A photograph of a snowy forest path. A large, dark tree trunk is on the left, with its branches reaching across the top of the frame. The path is covered in snow and leads into the distance. The sky is a clear, pale blue, visible through the bare branches of the trees.

# Village Life

The community magazine  
for Aston Clinton, Buckland  
and Drayton Beauchamp

No.56 December 2020/January 2021



# The Oak Aston Clinton

t: 01296 630466

## The Oak

Aston Clinton

*welcomes you!*

- Traditional Friendly English Village Pub
- Great Ales—award winning beers!
- Food served Middy to 9pm 7 days a week
- Large Beer Garden
- Regular themed food evenings
- Weddings/Parties/Group bookings welcome



119 Green End Street | Aston Clinton | Aylesbury | Bucks HP22 5EU

T: 01296 630466 | E: [info@TheOakAstonClinton.net](mailto:info@TheOakAstonClinton.net)

[www.TheOakAstonClinton.net](http://www.TheOakAstonClinton.net)

Website: [www.acvillagelife.co.uk](http://www.acvillagelife.co.uk)

#### PRODUCTION TEAM

Editor: Richard Vincent

Email: [Editor@acvillagelife.co.uk](mailto:Editor@acvillagelife.co.uk)

Tel: 01296 631391

Advertising Manager:

David Lonsdale Tel: 01296 631791

Email: [Advertising@acvillagelife.co.uk](mailto:Advertising@acvillagelife.co.uk)

Graphic Designer:

Victoria Dicken Tel: 07968 180926

Email: [Design@acvillagelife.co.uk](mailto:Design@acvillagelife.co.uk)

Distribution Organiser:

Louise Rolfe Tel: 07808 172198

Email: [Distribution@acvillagelife.co.uk](mailto:Distribution@acvillagelife.co.uk)

James Adam, Andrew Andersz,

Jean Kennedy & Helen Sharp

Published by

St Michael & All Angels PCC

23 New Road, Aston Clinton

Bucks HP22 5JD

Published every even month and over 2,800 copies distributed free to addresses in Aston Clinton, Buckland and Drayton Beauchamp.

#### Contributors and advertisers

##### PLEASE NOTE

Copy deadline for  
Feb/March issue: 5 January

Editorial contributions are welcomed subject to availability of space and Editor's decision on suitability for publication. The publishers take no responsibility for statements made by contributors or advertisers.

#### ADVERTISING RATES FOR ONE YEAR

Whole page ..... £340

Half page ..... £180

Quarter page ..... £90

One-Tenth page ..... £42

Cover: By Alison Beck

Printed by Buxton Press, Palace Road,  
Buxton, Derbyshire SK17 6AE

**The Editor is always pleased  
to receive local news of people,  
clubs and events.**

# Village Life

The bi-monthly community news magazine for  
Aston Clinton, Buckland and Drayton Beauchamp

*When I wrote my notes for this column last December, I mentioned that although Christmas is a wonderful season for most of us, there are those for whom it can be the most difficult time of year. None of us could have realised then how much more that would be true in 2020 than it was in 2019. More-or-less everyone has suffered this year and mental health has been especially badly affected.*

It can be difficult to understand the loneliness and isolation of those living alone or not able to see family and friends if you are not in that position yourself. Our local Covid-19 support group is helping in many ways (see page 22) but all of us can play a part. *Why not call or visit, when you can, a neighbour or relative who is on their own?* And if you would like support or just a chat, call the group and you will be surprised how many people want to help.

As I write this we don't know what families will be able to do at Christmas. The main thing though is that we are all sensible and follow the rules and if the new vaccines work their magic with a bit of luck we can look forward to a better Christmas in 2021.

On a brighter note, our new community centre is almost ready to open. If you don't already know it, the name chosen for the centre is announced on page 12. Spoiler alert: it is not Café McCafeface.

If you want to keep yourself mentally active this month, we have a quiz for you. It was compiled by our long-serving advertising manager, David Lonsdale, whose wife Helen has contributed her 40th crossword for us. We have also decided to have a Sudoku puzzle for the first time so hopefully there is something to keep you amused.

*Very best wishes for Christmas and 2021 from all at Village Life. Richard Vincent*

## Benefice of Aston Clinton with Buckland and Drayton Beauchamp

*For more information on the services and community events at all our churches please like and follow our Facebook page – “Aston Clinton Benefice with Buckland and Drayton Beauchamp”.*

Or you can visit [www.achurchnearyou.com](http://www.achurchnearyou.com) and search under Aston Clinton.

All the services listed below will go ahead if Covid-19 regulations allow. Please check Pews News or our Benefice Facebook page before attending any services.

### CHRISTMAS SERVICES

24 December	11.30pm	Midnight Mass	St Michael's Church
25 December	10am	Christmas Day Service	St Michael's Church
25 December	8am	Holy Communion for Christmas	All Saints'

### REGULAR SERVICES

Sunday	10am	Benefice Communion	St Michael's Church
Sunday	8am	Holy Communion	All Saints'
1st Sunday	11am	Holy Communion	St Mary the Virgin
Wednesday	10am	Benefice Celtic Prayer	All Saints'

### REGULAR EVENTS

Monday	2 – 4.30pm	Rhubarb Café (Closed on Bank Holidays)	St Michael's Church
2nd Saturday	9 – noon	Repair Café	St Michael's Church

# Church events

## *St Michael's online auction*

Due to the pandemic our wonderful churches were forced to close their doors. As well as not having our weekly church services all our fundraising events had to be cancelled.

I decided to arrange an online auction in October for St Michael's church hoping to raise some much-needed funds. I was overwhelmed by the generosity of the Aston

Clinton community as we raised £3046 by auctioning off some wonderful packages.

The support of the local businesses and people was amazing as everyone dug deep and donated some wonderful items including meals out, afternoon tea, sweet treats, car service and valet, a round of golf, artwork, garden pots and vouchers. Thank you all again.

## *Pumpkin festival*

Held on 31 October, this festival at St Michael's was very well attended, with many children, and a few adults, in fancy dress. There was a fine collection of carved pumpkins and prizes were awarded for the various age groups.



## *Christmas fayre raffle*

Marion Richards has been working hard so we can hold a Christmas raffle as we can't have our Fayre. If you would like to buy some raffle tickets, please contact *Natalie* at the Benefice Office on **01296 632488**. It is £2.00 a book and there are some great prizes including £50 Christmas Hamper, M&S vouchers, basket of six wines and two planted garden pots.

## *Spring market 2021*

St Michael's will be holding its first Spring Market on 27th March 2021 (this was planned for March, 2020 but had to be postponed due to the pandemic).

The church will still be adhering to social distancing rules but there will be various local businesses selling their wares so please pop the date in your diary and we hope to see you there. Please check out the Facebook page "Aston Clinton Benefice with Buckland and Drayton Beauchamp" for more information nearer the time.

## *Nativity trail*

Our first Village Christmas Trail will take place from 18th to 24th December. This will see family bubbles finding letters for a famous Christmas Carol and nativity characters. Stops will be located around the village and we will be encouraging as many houses along the route as possible to be decorated with Christmas lights.

The cost is £3 per child including a goody bag and a map of the trail. Profits will be split between Aston Clinton School, Aston Clinton Pre-school and the benefice churches. Parents can purchase bags from the school or pre-school and they are also available at Coffee at 108 and St Michael's church.

On Christmas Eve you can pop into to St. Michael's to see the amazing angel display created by some of the children in the village.

We hope this will be a real community event which will brighten up the festive season for our little ones and make it as magical as possible for kids of all ages.

## *Drayton Beauchamp lockdown help*

If you are self-isolating, will wish to do so in the coming weeks or if you aware of a neighbour who may need some assistance, please could you let *Meryl* know on [merylnodes2018@outlook.com](mailto:merylnodes2018@outlook.com) We will be able to organise help, for example, with shopping for those who do not wish to expose themselves to the extra risk of public places. No-one in Drayton Beauchamp need feel isolated or unsupported.

*Natalie Fieldhouse, Benefice Administrator for St Michael's, All Saints' and St Mary's.*

# 10 tips from the Battersea Dogs & Cats Home for keeping your dog safe through winter



## 1. *Wrap up on walks*

It may be cosy indoors, but your dog needs regular walks regardless of the weather. When out on walks it's important to make sure your four-legged friends are wrapped up warm. Put a dog coat on them when you go out, especially if you have a fine-coated dog, such as a Greyhound or Staffie.

## 2. *Check for snow between their toes*

Check your dog's paws and dry them thoroughly after they've been outside. This is especially important with long-haired dogs as they are prone to snow compacting between their toes and turning into ice balls which can prove very painful. If they are agreeable, you could trim the long hair between your dog's toes to help prevent this.

## 3. *Check for salt and grit between their toes*

Clean their paws at the end of your walk as salt and grit from roads and pavements can also get lodged between their toes.

## 4. *Keep them warm and dry*

Dry off wet and muddy dogs after walks and make sure they have a cosy bed to return to which is away from any cold draughts.

## 5. *Keep them active indoors*

Some dogs can be very reluctant to venture out into the cold. If this is the case, do not force them out but make sure you provide them with lots of toys for them to play and keep them occupied while indoors.

## 6. *Adjust their food if necessary*

If you do find that your dog is less active in the winter months, make sure you adjust the amount of food you give them accordingly to avoid weight gain.

## 7. *Make sure they have good recall*

Cold weather often brings reduced visibility in foggy or snowy weather conditions. If you're letting them off the lead, make sure your dog has good recall to avoid them getting lost and, as always, make sure their microchip details are up to date with your correct contact information.

## 8. *Make them visible*

As the nights draw in earlier and the sun rises later, attach a small light to your dog's collar so they can be seen when out on walks in reduced visibility.

## 9. *Never leave your dog in the car unattended*

Just as cars can become fatally hot in summer months, temperatures can drop very quickly in cold weather. Always take your dog with you rather than leaving them in the car for any length of time.

## 10. *Stay away from frozen lakes and rivers*

Keep your dog away from stretches of frozen water as it's impossible to tell how secure the surface is. Keep them on a lead if you think they'll be tempted to jump in.

Our thanks to Battersea Dogs and Cats home ([battersea.org.uk](http://battersea.org.uk)) for permission to reprint this article.



*The people walking in darkness  
have seen a great light on those  
living in the land of the shadow  
of death a light has dawned...*

*for unto us a child is born a son is given and the  
government will be on his shoulders and he will  
be called Wonderful Counsellor Mighty God,  
Everlasting Father, Prince of Peace. – Isaiah 9*

These words from the prophet Isaiah are often read at Christmas services. They speak of hope at a time of disaster, pointing to a powerful person whose appearance will dispel the shadows of death and despair, whose destiny is to rule wisely and well forever.

They are applied to Jesus of Nazareth whose birth 800 years after the prophecy turned the world on its head and continues to do so today with over 2 billion people claiming allegiance to him.

*Covid 19 has cast a deep shadow over the  
world at large and maybe your own world.  
This Christmas why not allow the light in?*

We hope this will be an opportunity for you to hear something fresh about Jesus, to discover or to reconnect with him and to have any fearful shadows you may have dispelled by the Prince of Peace and so experience a truly happy Christmas.

## Time to remember and reflect on a difficult year

*Florence Nightingale Hospice Charity has joined  
Bucks Healthcare Trust to offer a virtual Time to  
Reflect service this December to support those who  
have faced the loss of a loved one this year.*

From 5pm on Sunday 6th December until the end of the year, the service will be available to view on the Florence Nightingale Hospice Charity website. The service will have input from both the Hospice and Bucks Healthcare

*You are invited to join us  
for an On-line*

## Christmas Unwrapped Service Sunday December 20th 10.45am



*Featuring  
Cannon J. John  
Sir David Suchet,  
Sir Cliff Richard,  
and Matt Redman.*



Hosted by ACBC  
[www.astonclintonbaptist.org](http://www.astonclintonbaptist.org)

*You can join us live  
or catch up later.*

*Nick, Minister ACBC*

Trust staff who will share their thoughts, experiences and the realities of Covid-19 this year. There will also be readings and music with time to light a candle to take a moment of reflection and remembrance

The Charity has also set up an online Tree of Light remembrance page where you can dedicate a memory to someone special. To sponsor a dedication or to access the virtual Time to Reflect service go to [fnhospice.org.uk/tree-of-light](http://fnhospice.org.uk/tree-of-light) or call 01296 429975 for more information.



## Aston Clinton Scout Group

*Usually the Scouts attend the annual service of Remembrance and play a part in the church service that follows, but this year we had to make changes. We asked our Scouts to mark the occasion by observing the two minutes silence in their uniforms outside their own front doors. A significant number did this and recorded the personal act of Remembrance with a photograph. We also had one of our Scouts play the last post for the benefit of his neighbours who were not able to attend at the war memorial.*

The Scout group does not parade through the village very often, Remembrance day being the only occasion where we ask members to make sure they are particularly clean and neatly pressed, even if we don't quite match the high standards of the members of the armed forces! It is important that we show our support to the current serving members of the armed forces and members of our village community, and to maintain the high profile of the annual act of Remembrance in the village calendar. It is always very heartening to see so many people at the war memorial and 1st Aston Clinton

Scouts look forward to being back next year.

For some years now the Scout group has run a Christmas Tree collection service in early January. They plan to do this again although it may not be possible if lockdown conditions are still in place. *Neil Walker.*



## Royal British Legion AC



*The Covid -19 lockdown has particularly affected our members who are generally in the older, at-risk group.*

Our branch of the RBL has not been active during the coronavirus restrictions. Unfortunately, this year we have not been able to organise or run our usual Poppy Appeal campaign in the village. Because of the lockdown the RBL headquarters only designated the main supermarkets to sell poppies. We know that many of you wondered why we did not have poppies for sale in local shops and public houses; the RBL decision was based on the need to protect their sellers, many of whom are elderly.

Some of you bought lapel poppies from the on-line shop. If you still wish to donate to the Poppy appeal, then go on-line to the website. On the website is also the Poppy shop which sells all sorts of RBL related merchandise.

Within the Branch Ian Bottomer is training up to be a deputy Standard Bearer.

*Ralph Weston.*

For a digital version of Village Life please visit our website.

[acvillagelife.co.uk](http://acvillagelife.co.uk)

# Christmas Quiz 2020

*Compiled by our advertising manager,  
David Lonsdale. Answers on page 17*

- 1 What is the most famous Mexican beer?
- 2 How many countries does The Danube run through?
- 3 Which breed of dog has won Crufts the most often?
- 4 The hymn 'How Great Thou Art' was translated into English from which language?
- 5 Which English Snooker player has reached six World Championship finals and lost them all?
- 6 When did the Duke of Edinburgh Awards start? a) 1956 b) 1967 c) 1974
- 7 How many arms does a squid have?
- 8 Which is the largest hill figure in the UK?
- 9 What percentage of British tea is consumed from tea bags?
- 10 How many people died in the Great Fire of London? a) 6 b) 92 c) 411
- 11 Which is the UK's longest motorway?
- 12 Which is the tallest cathedral in the UK?
- 13 Who was the first £1 million British footballer?
- 14 Which is the largest trade union in the UK?
- 15 When was the last TV cigarette commercial in the UK? a) 1958 b) 1965 c) 1973
- 16 What did Sir Walter Raleigh's wife carry around in her red leather bag for 30 years?
- 17 What food did Oliver Cromwell ban from being eaten on Christmas Day?
- 18 Who was Great Britain's longest serving prime minister?
- 19 Which is UK's longest pier?
- 20 Whose last words were "I'm bored with it all?"





## Help your health and care services by choosing them well this winter

*This winter Buckinghamshire's health and care services will be working hard to make sure you stay safe and well – and you can help them by using the right service at the right time.*

You can find lots of advice and links to a range of local services at our 'Ready for Winter' information page, along with guidance on travel and how to be a good neighbour – [www.yourcommunityyourcare.org.uk/ready-for-winter](http://www.yourcommunityyourcare.org.uk/ready-for-winter).

With coronavirus still spreading, some people may feel nervous about using health services. It is vital, however, that they still seek care when they need it – delaying could have extremely serious consequences for their health.

The health and care options available in Bucks include:

- **A&E** – remember, A&E should be used for serious and life-threatening conditions. If it is an emergency, don't delay – **call 999**.
- **The 111 online service** at [111.nhs.uk](http://111.nhs.uk) is a great source of information and advice, especially if you are not sure which service to use for your illness or injury.
- **Pharmacies** are staffed by healthcare professionals and offer excellent advice. At the first sign of illness, check to see if an over-the-counter treatment or medicine is suitable.
- **Contact your GP surgery** for an appointment – this will probably be over the telephone or remotely at the moment, but your GP can still invite you for a face-to-face appointment when it is appropriate. And if you are concerned about possible

cancer symptoms, don't delay – contact your GP today.

- **Self-care** – many minor injuries or ailments can be treated at home, with medicines or treatments you may already have. Make sure you keep some of these in stock.

And remember, if you should develop one or more symptoms of coronavirus, no matter how mild, please book a test at [nhs.uk/coronavirus](http://nhs.uk/coronavirus) or by calling **119**.

## Rennie Grove Hospice Care's Light up a Life goes virtual



*Rennie Grove Hospice Care will be holding a virtual Light up a Life service this December to give local people the opportunity to remember loved ones as Christmas approaches. The introduction of the virtual service has come about because its usual annual Light up a Life services cannot go ahead because of the pandemic.*

Television presenter Pam Rhodes, famous for hosting Songs of Praise, will present this non-denominational virtual service on **13 December at 5pm**.

The video will be hosted on Rennie Grove's website and shared so that people can join together for the service from the comfort of their own home.

The service will include poems read by children, a moment for reflection, and songs performed by solo singer David Mills.

There will also be a moment for those watching at home to light a candle in memory of their loved one, and the opportunity to watch the lights being switched on over the Christmas tree.

To help get the most out of a service, families and friends can donate and order a Light up a Life pack, which includes an order of service, a candle, a Light up a Life card and a silver star that you can use to write a special message or attach a photo.

To find out more about the virtual service and to make a donation and order a Light up a Life pack, please go online at [www.renniegrove.org/lual](http://www.renniegrove.org/lual).

---

## Happiness is... Scottish country dancing!

*Readers might like to know how we Scottish dancers are maintaining our interest and fitness since coronavirus restrictions caused us to suspend dancing in March.*

Thanks to the wonders of technology, the Royal Scottish Country Dance Society masterminded a weekly online tuition class... but this is no ordinary class. Scottish country dancing has an international membership and each week over 1000 enthusiastic dancers from all parts of the globe log in to the webinar to practise steps and refine their technique. Every class has a different teacher whose identity is kept secret until the last minute when we discover where we'll "travel" to for the lesson. So far, teachers have been in Germany, Japan, USA, Canada, New Zealand, Australia, Italy, France, Austria and Tenerife as well as Scotland and England – all leading



the classes from home because of coronavirus restrictions. Because of time differences, some teachers pre-record the lesson which is then transmitted from Edinburgh at 7pm GMT every Wednesday. However, the time difference doesn't seem to dampen the enthusiasm of some dancers who rise at 5am to participate in the 30-minute class!

The class includes warm up and stretching exercises, followed by formation and technique practice which are then included in a new dance to finish. This is the tricky bit because we're all dancing on our own and, as most dances require eight people, we have to imagine the position of our own "ghost" partner as well as the other six! Quite a challenge but, of course, it's always the "ghost" partner who makes the mistakes!

While it's frustrating not to be dancing the thrilling reels, jigs and elegant strathspeys we love, these classes give us the chance to be taught by many teachers worldwide, all possessing different teaching styles. Perhaps a small silver lining on our "Covid cloud"?

We're looking forward to our return to dancing at Wendover Memorial Hall when it's safe to do so. New dancers are always welcome at the club and anyone who'd like to share in the happiness that is Scottish country dancing can contact me for more details.

*Liz Mitchell*

[Lizmitchell24@outlook.com](mailto:Lizmitchell24@outlook.com)

01296 631695 or 07947 000368



## Winter Burglary Advice

During the winter months, we often see an increase in Burglaries. This is due to a number of factors so we wanted to give you some advice on how to make your home less desirable to burglars.

- **Leave lights on during the hours of darkness** – This makes it appear as though someone is home. We advise that you invest in some timer switches. This way if you leave your home during daylight hours you can set them to come on when it gets dark.
- **Key lock your doors** – Don't just pull them shut. Most modern doors have a 5 lever lock system (or similar) which requires you to lift the handle and turn the key.
- **Take keys out of the inside of doors** – If you are inside your home, don't leave keys in the locks on the inside of doors.
- **Make sure valuable items cannot be seen through windows** – This includes keys, laptops, phones, tablets and cash.
- **Alarm** – If you have an alarm, please ensure it is set when you leave your property.
- **Garages** – If you have a garage with a door which goes into your home, ensure it is locked and the garage door is secure.
- **CCTV** – Consider installing CCTV or a Ring doorbell. This makes your home less desirable to burglars.
- **New items** – If you purchase a new valuable item such as a TV or laptop, do not leave the empty box outside your home as this advertises what you have in your home.
- **Security lights** – Consider installing sensor security lights outside your home. This illuminates the outside areas of your property

so it makes it harder for anyone to do anything under the cover of darkness. This also alerts you when someone or something is outside your home and lights it up for neighbours and passers-by to see if there is something that needs reporting to us.

If you note anything suspicious around your community please contact us via [999](#) if it is an incident in progress or via the [non-emergency number 101](#).

## Parish Council

*Santa's float 2020 – The Parish Council is hopeful that Santa's float will be operational as usual this Christmas, depending of course on the COVID-19 rules at the time. The planned date is Sunday 20th December and Santa will be going through the village from approximately 3–8pm. More details will be published on the Parish Council website and Everything Aston Clinton Facebook nearer the time.*

The Aston Clinton COVID support group is still active and delivering food, newspapers and prescriptions. Please do not hesitate to contact [Liz Tubb](#) on [07841 651826](#) or [Rev Sally Bottomer](#) if you need any help at all during the next few weeks.

The new Community Centre is nearing completion with the opening scheduled for January. Aston Clinton Parish Council asked students from the Primary School to come up with ideas for the name of our new community centre. From these, the Parish Council generated a shortlist and the people of Aston Clinton were asked to vote for their favourite, with the winning name being Red Kite Pavilion. The Parish Council would like to send a big thank you to the children of Aston Clinton School, and to the community for taking the time to vote for their favourite.

Many thanks to Joanna Brown, the Horticultural Society and the many organisations and volunteers who planted bulbs throughout the village and the park, and we very much look forward to the beautiful and cheerful displays in the spring.

Because of COVID-19, we have seen a sharp increase in interest for allotments in the park. All allotments are now taken and providing residents with much needed fresh air, respite and, of course, a healthy supply of fruit and vegetables. However, if you are interested in an allotment, please get in touch and we can put you on the waiting list for when one becomes available. *Elaine Barry, Clerk to Aston Clinton Parish Council*

---

## Lockdown

*Having experienced many months of house arrest, which some may have found difficult to endure, I like to remember that there have been some benefits to this pause in our lives. We all have tidier gardens, cleaner houses and firmer friendships as a result. For those fortunate enough to be computer literate there were endless possibilities to learn new skills and facts. Some may have taken this opportunity to return to former interests.*

I returned to calligraphy which I dabbled in almost thirty years ago, throwing away some of my tools when I left the heady realms of 20/20 vision. I have retrieved them now and I no longer need to worry about perfection, just to enjoy creating something not for public display. I've been learning Italian online, since the sounds of that beautiful language have always fascinated me, and I hope this will enable me to keep these aged synapses in good shape. I returned to knitting and so far I've completed three pairs of socks for my sons and a jumper for myself and I've read many more books than usual.

I spent many pleasant hours phoning, emailing, What'sApping and Zooming friends and relatives. Zooming, in particular, has become the new Meetings Forum for those of us who can take advantage of this wonderful means of communication. Most of the local organizations have set up Zoom meetings, which are proving to be another lifeline.

For those without a computer it may have been more difficult to cope with isolation, but what a sad word that is. Perhaps we should refer to that state rather as freedom from interruption – to get on with things without having to break the continuity and lose the thread.



On my daily walks, the joy of stopping to take photographs was an especially pleasant diversion during the early months of lockdown, when small children were encouraged to chalk rainbows on the pavements! Now we enter the changing seasons, when autumn colours have led us gently into the winter months and maybe snow and icicles will be adorning the trees and bushes. The expectation of the blooming of all those lovely daffodils planted around the area and the knowledge that Nature will embolden them to raise their heads and cheer us on into early Spring, is surely a gladdening thought. Our thanks to all those generous volunteers who planted them.

*Jenny Just*



# Aston Clinton School

Acting Head: Mrs Carol Macdonald



## Back to school and the new normal

*It was a very different start to the new academic year! We were delighted to welcome the children back into school in September and our immediate focus was their well-being. We had developed a recovery curriculum to help re-engage them with learning, and worked hard to ensure they re-established friendship groups and a sense of community. The children were given time to get to know their new teachers and teaching assistants and to reinforce the school's values so that everyone was aware of our expectations.*

We have re-established as many of the 'normal' routines as possible although these have taken place against a backdrop of children and staff being in year group bubbles. This included appointing our new school councillors who had to prepare a speech and undergo a rigorous election. The contest was so hotly fought that we had to wait some days for the results from one of the year 6 classes; a bit like the US Presidential Election! The committee will be working remotely across our school, assisting me with the school development plan which has been put online.

In addition, we have elected our House Captains, received Harvest Festival donations, fundraised for Breast Cancer Research and held a Remembrance Day assembly beamed live to each classroom. Many of our extra-curricular

activities have also re-started, including music lessons; it has been lovely hearing the banging of drums and tooting of trumpets again.

So, school life has, to some extent, returned to normal. I am extremely proud of the staff, who have ensured that they continue to provide an aspiring, caring environment which enables our children to be the best they can be. They have worked together as a community and supported one another; I think that we'd all agree that one of the things that we have missed the most is the sharing of experiences. Despite all the challenges our attendance rate has been an outstanding 97%, similar to the same time last year.

I am immensely grateful to ACSA, who always seem to pull us together, and their commitment to provide opportunities for our children has been greatly appreciated. I also thank them for the purchase of our new IT equipment, and PSHE scheme which supports the children's emotional well-being

Every child deserves parents and teachers to work alongside one another to support and nurture them. For me, the saying: 'it takes a community to raise a child' has never been more relevant.

Clearly, we will encounter more challenges but I am confident that as a community we can continue the journey which has just begun. For this I thank Covid-19 for reminding us that the whole is greater than the sum of its parts.

Being back at school has been great for our morale and seeing the smiles on the children's and staff's faces has made all the hard work worthwhile.

*Mrs Carol Macdonald.*

## A More Colourful Spring – the project to plant bulbs around the village



*Last Spring, when we were gathering each Thursday to thank the NHS, I had the idea of a more permanent record of the effort of NHS staff in the form of planting daffodil bulbs that would flower next Spring, when we hope that the virus will be under control. I was assisted by Graham Thirkettle, who not only came up with the daffodil bulb "Rainbow" – one of the symbols used by everyone to thank the NHS – but organised the bulk purchase of the bulbs. Meanwhile, I started to canvas as many organisations and companies in the village to raise funds. The picture below shows all the organisations who contributed.*

During the last few weeks, all around our village, there has been the sight of groups and individuals, planting spring bulbs in honour of our community, key workers and the NHS, and adding colour and loveliness to our village. Over 13,000 bulbs were bought by villagers, with 10,000 daffodils, half a tonne in weight,

being delivered from Spalding via a special order arranged by the Aston Clinton, Buckland and Drayton Beauchamp Horticultural Society.

The young people of the Pre-school, the Youth Club, the Cubs, the Beavers, the Brownies and the Scouts, focused their efforts in the park. Adults, including the WI and ad hoc groups, planted by the churches, The Oak, around the pond in Estone Grange, and in the verges on London Road and Lower Icknield Way.

The Rotary Club has an ongoing campaign to Eradicate Polio and donated 800 purple crocuses to raise awareness of their campaign which have been planted predominantly along London Road and around the church door of St Michael's.

And then there are the 5000 daffodil bulbs which have been planted by individuals in gardens and verges around the village.

A huge thank you to everybody who has been involved. We even received a letter of support from our MP, Rob Butler.



Bulb planting season is now coming to an end. No doubt some bulbs won't make it, but many will, and we can all look forward to a more colourful spring, and our village being just that little bit lovelier.

If there is interest in bulb planting next year we will focus on crocuses, snowdrops and bluebells.

*Joanna – The Bulb Lady*



## A different Christmas Eve

*I was supposed to be in Jordan that Christmas Eve: a trip starting at the pink city of Petra and finishing camping under the stars in Wadi Rum where Lawrence of Arabia was filmed. Thanks to some unexpectedly heavy snow, I couldn't get out of Heathrow, and I ended up spending the day marooned in Aston Clinton with an empty diary.*

So what to do on Christmas Eve, when you are single, have no family, and all your friends are either cooking for England or trying to get to far-flung relatives? The obvious answer: go to the zoo. We are lucky to live so close to Whipsnade, and I decided that if I could get up the hill to the entrance, that was where I'd go. So well wrapped and armed with camera, off I went.

The zoo itself was well-nigh deserted. I parked my car and decided to start with my

friends the Asian elephants. They were all stomping around in their shed, being given power-washes by the keepers, looking a bit bored. I could watch elephants for hours – that wonderful reverse gear, the gentle tread, and the exquisite sensitivity of those questing trunks. It didn't look as if the elephants were going to go for their daily walk, so I moved on to the Siberian tigers. On most visits, these big cats are asleep, but that day they paced the deep snow, in magnificent condition, looking regal and quite at home. I managed to get a good close-up as the male regarded me, with more curiosity than anything, before deciding I was of no interest and moving on.

I walked up past the zebra paddock and was surprised to see the Grevy's zebras dashing around their paddock, kicking up the snow with what looked like pure delight. The European grey wolves looked relaxed and happy, gathered on a mound and watching

the few visitors, hoping for a keeper to turn up with some food. I wondered if the lions, also usually boringly inactive, might be out. Sure enough, the rather moth-eaten old male was stalking round with a bone in his mouth, eventually setting down to gnaw on it, surrounded by his wives. The thick glass was too smeary for good photographs, but I enjoyed one of the lionesses rearing up, scratching the glass and roaring impressively, to the terror of a small boy whose Mum wanted him to stand next to the glass for a photo.

I was getting a bit chilly by now and discovered that what other visitors there were were gathered in the cafe, where a warm fug pervaded, and smells of tomato soup, chips and coffee mingled. I settled for a Christmas sandwich and a coffee. I'd read that the Greater One Horned rhinos had produced a calf that year, and as this animal is a special favourite, I trudged off to their enclosure. To my delight, there were two calves born to different mothers. Baby rhinos are a delight – they are still an amazing pink where the folds of their armour-plating meet and have cute little faces. Imagine having a 10 stone baby!

*'A cold coming we had of it,'* I recited to the Bactrian camels, who didn't appear to appreciate Eliot, and also seemed quite content in the icy wastes. There is something at once touching and superior about the camel's face, and I enjoyed photographing them as they gazed at me indifferently. I decided somewhere warmer would suit, and headed for the hippos, who spend most of their time pretending to be rocks in poo-filled warm water. They had a small fountain, and one spent ages, mouth agape, letting the water run over those terrifying teeth. I somehow suspect their breath wouldn't be very appealing.

The views across the snowy Downs were lovely, and I made my way over to the penguin pool just as the young keeper appeared with her bucket of fish. The Humboldts and

Rockhoppers hurried up, waddling energetically, and enjoying their Christmas lunch. Nearby, some European eiders watched contentedly, and a horde of black-headed gulls swooped around, trying to snatch the odd discarded fish without much success.

I decided the light was beginning to fall, and what few visitors there were were making their way towards the exit. I walked past the wolverine, a strange looking creature also quite at home in the snow, and into the gift shop where I treated myself to some chocolate. Back in the car, and down the hill and home, with what turned out to be some great photographs, and memories of an unusual, but very rewarding, Christmas Eve.

The following year I got to Jordan. But that's another story. *Alison Beck*

### Christmas Quiz Answers:

1. Corona. 2. 10. 3. Cocker Spaniel.
4. Russian (from Swedish folk song).
5. Jimmy White. 6. a) 1956. 7. 10.
8. The White Lion at Whipsnade.
9. 96%. 10. a) 6. 11. M6. 12. Salisbury.
13. Trevor Francis. 14. Unite. 15. b) 1965.
16. His head. 17. Mince Pies.
18. Sir Robert Walpole
19. Southend.
20. Sir Winston Churchill.



**You can advertise  
your business  
in Village Life and reach  
2800 homes from only £42  
for a whole year.  
Unbeatable value!**

## BBOWT – Your local Wildlife Trust



*The Berkshire, Buckinghamshire & Oxfordshire Wildlife Trust (BBOWT) manages over 80 nature reserves across the three counties. Two of these, Dancersend and Aston Clinton Ragpits, are situated very close to our villages and three more are just a few miles away – College Lake, Bacombe Hill and Weston Turville Reservoir. Our reserves are open and available to you for your allowed exercise. Go to [www.bbowt.org.uk/nature-reserves](http://www.bbowt.org.uk/nature-reserves) for more details.*

The BBOWT Chilterns Group is made up of volunteers who provide much of the management resource to keep these reserves in good condition for both wildlife and visitors. We also organise guided wildlife walks (currently suspended), fundraising events and a programme of evening wildlife talks. These talks normally take place in Great Missenden on the third Tuesday each month at 7.45pm, but due to the Covid-19 restrictions we are now offering them online via Zoom. Although we will miss these social gatherings it does mean that a lot more people may be able to enjoy the talks. The next one, on 15 December, will be local wildlife expert John Tyler talking about 'Life in a Nutshell'. To book a place go to [www.bbowt.org.uk/events](http://www.bbowt.org.uk/events).

We hope more of our volunteering activity can resume in the New Year. If you are interested in getting involved with practical work on reserves, helping with our events or would like to know more about BBOWT, please contact me at [jonesmick365@gmail.com](mailto:jonesmick365@gmail.com).

*Mick Jones Chairman, BBOWT  
Chilterns Group*

## Aylesbury accessibility guides launched

*A fantastic resource with information on accessibility in Aylesbury has been launched. Residents and visitors to Aylesbury with disabilities, hidden or otherwise, are now able to check the accessibility of places they'd like to visit before they travel. 40 'Access Guides' have been created by an organisation called AccessAble for places around Aylesbury like shops, cafes, restaurants and entertainment venues as well the main routes around town, and the bus and train stations. More guides are due to be added in the coming months.*

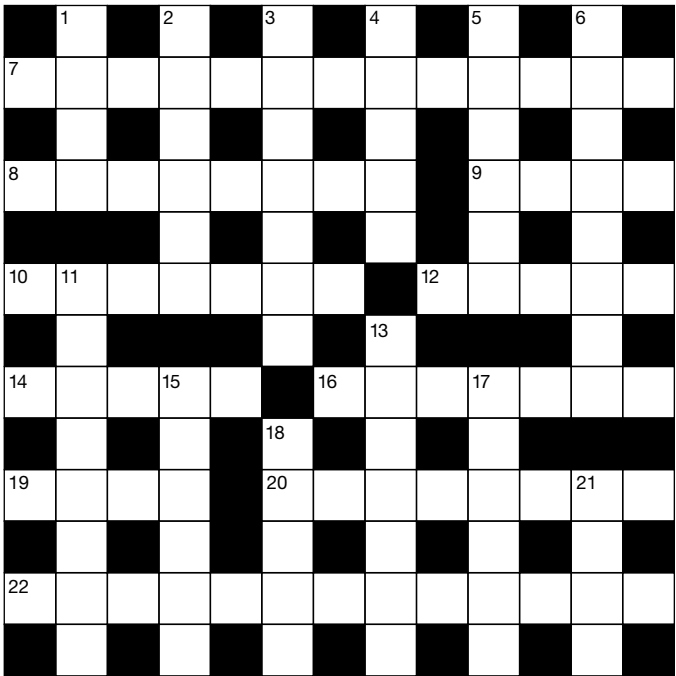
Buckinghamshire Council has partnered with AccessAble to provide these guides, with support and funding from Aylesbury Town Council and the Garden Town Delivery Board.

The guides take you on your journey through the venue including detailed information about doors, lifts, toilets, staff training, lighting levels and background music to name a few.

The free guides are available at [www.accessable.co.uk/aylesbury](http://www.accessable.co.uk/aylesbury) or via the AccessAble app. Each guide contains over 1,000 pieces of information, included because someone with a disability has suggested that it would be useful for them to know it before they visit.

# Village Life crossword no.40

Crossword compiled by **Helen Lonsdale** (SOLUTION ON PAGE 28)

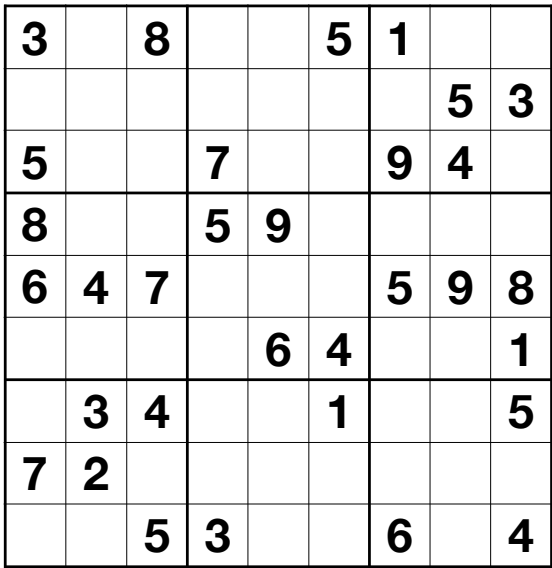


## CLUES ACROSS

- 7 Exact and full (13)
- 8 Loveable (8)
- 9 Noble (4)
- 10 Ask advise (7)
- 12 Sap sucking insect (5)
- 14 Pallid (5)
- 16 Shell lined with Mother-of-Pearl (7)
- 19 Shove (4)
- 20 Paper money (8)
- 22 Welcomers in offices (13)

## CLUES DOWN

- 1 Adventurous (4)
- 2 They are dreaming in Oxford (6)
- 3 Desert Rats (7)
- 4 Flat crowned hat of France (5)
- 5 Dormant (6)
- 6 Antipathy (8)
- 11 Concealed (8)
- 13 Desert (7)
- 15 Resonates (6)
- 17 Edible legume (6)
- 18 Lessen (5)
- 21 Ballerina's skirt (4)



## Sudoku

All you have to do is fill in the squares so that each row, column and the nine small 3 x 3 squares contains the numbers 1-9.

(SOLUTION ON PAGE 27)

# Village People

*A series about people who are a part of the daily life of the villages.*

**Sam Howard** is a parish councillor.



## Q. How long have you been a parish councillor?

A. I became a parish councillor in the middle of 2017.

## Q. What are your responsibilities and what does the role involve?

A. All parish councillors are members of the main parish council, but also sit on other committees. I am a member of the Facilities Committee (which manages the park and the facilities within it) and Planning. But being a parish councillor does not just involve attending a couple of meetings a month. It can involve gate locking and bin emptying, liaising with members of the

public and even doing general repairs. It is very varied and takes up more time than most people would think.

## Q. How has Covid-19 impacted on the work of the parish council?

A. Covid-19 has had many impacts – for example, our meetings are all virtual now. The build of the community centre has been delayed, but in the main there has been little difference – we have implemented all the plans we had hoped to do, and still provide a full range of services. We do have to study the rules to ensure that we do not breach any of the restrictions.

And of course, the Chairman of the Parish Council set up the Covid-19 support group with the rector of St Michael's church. Some councillors became volunteers on that group, so the parish council was able to contribute to a large extent to the village throughout lockdown. The group remains in place.

## Q. What advice would you give to anyone wanting to become a parish councillor?

A. Do it! It's interesting, varied and you give something back. We need another councillor as we are one short. Apply!

**Q. Are you involved in any other activities or groups in Aston Clinton?**

A. Yes, I am heavily involved in Aston Clinton Football Club and have been for many years. You'll generally find me marking the pitch out and putting up the goals on a Saturday morning before the games. I am also responsible for renewing the club Charter Standard accreditation each year with the FA. As well as the football club, I also help the village Covid-19 support group delivering newspapers, shopping and dropping off leaflets to other volunteers.

**Q. Do you live in Aston Clinton?**

A. Yes

**Q. How long have you lived in the area?**

A. I have lived here all my life apart from about a year in my early twenties when I went and did a bit of travelling

**Q. What are your hobbies, what do you do for fun?**

A. I don't have a lot of time for hobbies to be honest. As well as doing my day job, the football club and parish council, I also work in the

Rothschild Arms in the village but when I do get bit of time to myself I enjoy growing a bit of veg in my garden.

**Q. Were you involved in the 'rescue' of the Rothschild Arms?**

A. I was just one of the many villagers who helped in the campaign. We had a large publicity campaign and a number of us went and visited the Punch head office to put our case across. The turning point though was the judicial review. The judge agreed it could go to the High Court for review and at that point Punch started really talking to us and landlords Stuart and Gemma were able to buy the pub.

**Q. What's your favourite music?**

A. I don't really have a particular favourite type of music. I will happily listen to everything from jazz to chart music and anything in between.

**Q. What's your favourite film?**

A. It would have to be a film from the mid-90s called Leon.

**We need another councillor as we are one short. Apply!**

**“**

**Q. What was the first car you owned and what do you drive now?**

A. My first car was a Mk 1 VW Polo and now I drive a VW Jetta.

**Q. What changes to village life (good or bad) have you noticed in recent years?**

A. This village has always had a fantastic community spirit which has been very much prevalent throughout this challenging year. On the downside the obvious over development of our once sleepy little village.

---

*Interview **Andrew Andersz***

---

*If there is anyone whose contribution to village life you believe should be featured in a forthcoming issue of Village Life, please send details to **Editor@acvillagelife.co.uk***

## Lindengate – A Safe Haven Where Nature Can Nurture



*Located at a stunning five-acre site near Wendover, Lindengate Mental Health Charity is a safe haven of peace and tranquillity, where nature breathes new life into anyone who is struggling with their wellbeing. The garden lends itself to supporting people in recovery from a range of common mental health needs.*

With Winter nearly upon us and the nights drawing in, Lindengate can provide the perfect space for you to meet a friend or family member for a catch up, sitting in a sheltered spot amongst our therapeutic gardens and wildlife haven.

During the past six months, Lindengate has opened its gates as part of our Rest & Reflect programme, supporting anyone who has been struggling with their mental wellbeing and, to date, has welcomed over 1,000 people.

Drop in to our free Rest & Reflect sessions, open on Tuesdays/Fridays/Saturdays between 1-4pm. Why not make a regular date, giving yourself something to look forward to in the coming weeks.

We will be continuing this support over the Winter, with plenty of sheltered areas dotted about and space to meet with a friend for a

chat, or to bring a book and enjoy the peace, ensuring our therapeutic gardens and wildlife haven are accessible to anyone who needs it.

Finding time to give yourself space can be difficult in the best of weather, but in Winter, the challenge becomes even greater. There are many benefits to spending just a few minutes a day outdoors. Here are a few of them:

- 15 minutes outdoors every day can improve both our moods and our physical health, leading to reduced stress and increased self-esteem
- Builds our immune system, as the cold weather actually kills off bacteria.
- With the current restrictions in place, we can meet up with a friend, which will improve our mental wellbeing, through physically distanced, social interaction.

Take a look at our website for full details and other ways that you can look after your wellbeing. [www.lindengate.org.uk](http://www.lindengate.org.uk)

---

## Aston Clinton Covid-19 support group

*If asked last year, I don't think many of us would have believed the conditions we live under now, and in our first lockdown I don't think anyone would have believed we would have a second – albeit a lesser one.*

The COVID support group though has operated since March. It was an idea that Sally Bottomer and I acted upon when we held our first meeting in St Michael's Church just before the first lockdown. We had lots of volunteers and immediately delivered leaflets (printed free by our very helpful local printer Mediaport) to all in Aston Clinton.

Lockdown came a few days later. We had agreed that Sally and I would be the focal points and all requests would be made to us

and we would delegate each task to a volunteer. All volunteers had to sign a document and join the Whatsapp group.

We were inundated with calls ... over lockdown 1 we received over 1000 (more, I think!) and our wonderful volunteers delivered prescriptions plus large and small food shops, took parcels to the post office, took pets to the vets, delivered newspapers daily ( I still do, as does another volunteer) and did gardening. No request was too small or too large.

As lockdown eased, the tasks reduced but we still had regular shopping trips to complete and the prescriptions to deliver.

The volunteers also delivered a reminder leaflet which detailed the parish council and St Michael's church's ideas for VE Day. As the weather was excellent the village celebrated in their front gardens, while we live streamed the toned down service from the war memorial. A wonderful day which showed how Aston Clinton really pulls together.

Just before lockdown 2 we delivered another leaflet (paid for now by a community grant) but knew demand would not be the same as before.

We are though, still very much here and doing various tasks. Recently we have taken someone to a doctor's appointment, set up a small support group to someone living alone and delivered numerous prescriptions. We will continue to operate while COVID is still a risk.

Sally and I also hope to continue the group for general support once the COVID emergency eases.

Please do not hesitate to contact either of us should you need any help during these unusual times. *Liz Tubb, Parish Council Chairman.*  
07841 651826

For a digital version of Village Life  
please visit our website.

[acvillagelife.co.uk](http://acvillagelife.co.uk)

## JustGiving™ Christmas present appeal

*The annual Buckinghamshire Christmas present appeal is run this year for the first time by the new Buckinghamshire Council as part of its 'Helping Hand' community support initiative. With the difficulties and disruption caused by coronavirus, the need for this popular seasonal campaign is greater than ever.*

Now in its sixth year, the annual appeal brings together council employees, councillors, and local communities in a massive drive to get presents to children and young people who otherwise might not receive that much at Christmas.

This year we're not asking people to bring gifts to our council offices. Instead, there is a new Just Giving web page through which supporters can donate to a fund which will then be used to purchase gifts. [www.justgiving.com/crowdfunding/buckinghamshirecouncilchristmasappeal2020](http://www.justgiving.com/crowdfunding/buckinghamshirecouncilchristmasappeal2020)



But for those people who would prefer to select a gift themselves, presents can be bought online and delivered by the store to:

Christmas Present Appeal  
Buckinghamshire Council  
The Gateway  
Gatehouse Road  
Aylesbury  
Bucks HP19 8FF

Visit the appeal on Facebook: [www.facebook.com/events/660257581326951](https://www.facebook.com/events/660257581326951)

## Ride + Stride

*On the second Saturday in September each year the Buckinghamshire Historic Churches Trust organises Ride + Stride, an event like no other. Walkers, cyclists and horse-riders travel round the county to raise money for the repair and restoration of churches.*

Half of the money raised goes to the church chosen by each participant and half to the central fund. All three of our churches were represented this year and they raised over £2300.

In most years the churches are open and refreshments are available to the visitors but Covid-19 meant this year was a bit different. However, it gave everyone a welcome respite from the lockdown and the participants had the satisfaction of helping this worthwhile cause. Furthermore, our pilgrims were rewarded with good weather and wonderful scenery on their travels.



A special mention should go to all those volunteers who welcomed visitors to our churches and to all the generous sponsors.

*“Team Buckland”* (see picture) comprised the Daddow family, Kate Eckett, Jane Preskett and Anne Kippax and visited seven churches during their 13 mile cycle trip.

The team from St Mary’s included David and Helen Lonsdale, who walked to nine churches. The rest of the team were cyclists Colin Ruscoe and Kate Simonds, and Erica and Sharon who went by pony and trap.

St Michael’s was represented by Mike Godden and Ken Halls who walked to 12 churches, covering nearly 10 miles on the way. Mags and Harry Baume went by bike and visited eight churches in total.

Everyone is encouraged to take part so if you are interested in the 2021 event you might want to start training soon.

---

## The Challenge of the Lockdown

*Based on the WI slogan of ‘Inspiring Women’, local member, Val Heath set herself the challenge of walking a section of the South Downs Way. She took along her daughter, Gemma, a nurse who has been on the Covid-19 frontline at Stoke Mandeville since the pandemic struck. Here’s Val’s story.*

The self-set challenge was to walk from Winchester to Coking (35 miles) in a week. That’s about the same distance as Aston Clinton to Heathrow.

So, I needed a companion, and who better than my daughter Gemma, who, with a little arm-twisting, agreed to walk.

My aim was to walk seven miles a day. I felt that was the maximum I could comfortably cover. As Gemma said, *‘Well Mother, if you walk one mile per hour we will still be able to finish in daylight’.*

We researched accommodation within the area and found ‘The Garden Chalet’ in East Meon. This turned out to be brilliant - a huge room with every amenity we needed and parking for both cars. It was truly beautiful: just outside the village with sheep at our back door,

alpacas in the nearby field and acres of open space. The owner lived in the farmhouse nearby and couldn't have been more helpful.



Next came reading the maps and the logistics of safely parking two cars every day, one at the start and one at the finish. Mentally challenging but rewarding.

#### *What happened?*

It was simply amazing – sunshine every day, manageable hills (*I was concerned about this*), fantastic views and the sighting of lovely wildlife particularly the deer. Lots of self-catering, but a couple of superb meals out too.

**The Unusual** An enterprising gentleman with a van in the middle of nowhere selling delicious cake, biscuits, coffee etc and seats to sit on!

**The Unexpected** The huge number of semi-professional cyclists that were on the roads

**The Disappointments** The number of cafes, information kiosks and tea rooms that were closed.

We walked it in five days, so had extra time to explore the area. Next year, hopefully another 35 miles staying in FOG – Flat Over Garage

#### *Val Heath.*

*Val organises walks for the WI, so if you would like to join us on our walks please contact us at: [b.d.ac.wi@gmail.com](mailto:b.d.ac.wi@gmail.com)*

## Nature Recovery in Bucks

*Buckinghamshire Council has been selected by DEFRA/Natural England to be one of five local authorities to pilot a key part of the government's national Nature Recovery Network initiative.*

Each Local Nature Recovery Strategy (LNRS) will combine local knowledge with expert information and advice to support nature recovery.



The launch event at Hampden Bottom Farm, Great Missenden.

#### *What are Local Nature Recovery Strategies?*

Local Nature Recovery Strategies (LNRSs) are a new system of spatial strategies for nature, covering the whole of England. Each strategy will, for the area that it covers:

- Map the most valuable existing habitat for nature
- Map specific proposals for creating or improving habitat for nature and wider environment goals
- Agree priorities for nature's recovery.

Buckinghamshire and Milton Keynes  
Local Nature Partnership: <https://bucks.mknep.co.uk/>

# Horticultural Society

*Sue Lipscomb After 21 years, Sue Lipscomb has decided to stand down as our Chairman.*



Sue has lived in Aston Clinton a long time, originally at "The Surprise" in London Road, before moving to Green End Street in 2013. There she has developed a lovely small garden that is always packed with a wide variety of plants. Her green fingers are working well and she opens her garden twice a year under the National Garden Scheme. Over the years she has worked tirelessly for the Society, leading our monthly meetings, managing our two annual shows, and for many years she was our Summer Show Secretary. We are very grateful and pleased that Sue has agreed to stay on our committee so we will still be able to draw on her wide range of horticultural knowledge.

Diane Kolonko has volunteered to step into the role of Acting Chairman. We welcome her into this office and thank her. We hope that she will become chairman at our AGM which is scheduled for January 2021. This may have to be a virtual AGM via Zoom.

Since the lockdown in March, we have had to cancel all our talks and the Summer Show. The committee has continued to operate using

Zoom and we are actively looking at what events we can safely do as a Society next year. This includes potentially holding our monthly meetings on-line, looking at the possibility of additional garden visits, regular plant sales and stepping up our social media and on-line communications. **Our Spring Show will be held on 10 April, 2021.**

**Subscriptions** Your committee has decided that 2021 will be a free year for existing members, given all the uncertainty surrounding COVID-19. Subscriptions will re-commence in January 2022. Members will continue to get the full benefits of membership, subject to current restrictions. And it is not too late to pay for this year! *The subscription is only £5 per person AND you will get all the benefits for FREE until 2022!* To join, please contact [Ken Halls](mailto:Ken Halls), 10 Thorne Way, Buckland, Aylesbury, HP22 5TL; email [kandjhalls@btinternet.com](mailto:kandjhalls@btinternet.com).

**In the garden** What a year we are having; after the long hot summer we have now had a very wet October. It is the first time in many years that my back garden was under water. When we were first here the water table was so high that when we had a wet period strips of water would appear across the Rectory Garden and mine, following the troughs of the original field system. At one time it was a sheep holding field for the abattoir in Green End Street. Anyway, my rear garden is back to normal even though it took some time to stop squelching when you walked on it. My harvest has been pretty good this year and I have an excellent range of produce. I have been harvesting apples and pears and some of the apples are huge. I still have leeks, curly kale and brussel sprouts growing so the lockdown has done me some good.

**Joan Allen** It was with great sadness that we have heard of the passing of Joan Allen. She was a stalwart member and supporter of the Society for many years and will be sorely missed. She was always heavily involved in setting up our shows and stewarding on the day. Joan always entered a number of show classes and the handicrafts section, often gaining trophies. She served on the committee for many years and contributed her knowledge and skill to its decisions. Joan was an inspiration to us all.

## New Elm Trees – Ulmus New Horizon

*As many of you already know from previous articles in Village Life, the Horticultural Society has acquired five virus resistant elm trees.*

We have permission to plant them in the park. One tree will be planted near the other commemorative trees as a thank you to NHS staff for their work in combating the Coronavirus. Two more will be planted to the front of the new Pavilion and the last two will replace trees from the Horticultural Society collection that have died.

I think it is quite fitting that these trees be planted in the park. Not only will they replace trees that died of ‘Dutch Elm disease’, but as virus resistant trees they have been grown from stock that has been vaccinated. Whilst we are waiting for a vaccine for the Coronavirus, we can watch these trees grow. It has taken many years to develop a vaccine for elm trees and I remember whilst on a garden holiday in Holland in the 1970’s reading about experiments to develop resistant trees.

They were due for collection in November when they are fully dormant, as they are ‘bare-root’ trees. They will be heeled in the ground until they can be planted. I am looking for volunteers to assist the planting in December. This will include digging out a hole for each tree, preparing the soil and knocking in the supporting stakes, as can be seen in the picture.



I am also looking for sponsors for the stakes themselves. The cost is approximately £10 per tree. Does anyone know the best place to get the stakes from? If you can help please contact me at [muchpottering@btinternet.com](mailto:muchpottering@btinternet.com)

*Ralph Weston*

## SUDOKU SOLUTION

3	9	8	2	4	5	1	6	7
4	7	2	9	1	6	8	5	3
5	6	1	7	8	3	9	4	2
8	1	3	5	9	7	4	2	6
6	4	7	1	3	2	5	9	8
2	5	9	8	6	4	7	3	1
9	3	4	6	7	1	2	8	5
7	2	6	4	5	8	3	1	9
1	8	5	3	2	9	6	7	4

## Wendover Arm Trust

*Restoration volunteers of the Wendover Arm Trust have continued to work through the Autumn.*

*October was the wettest on record, with the result that much valuable time had to be expended in pumping out excess water. Normally working parties are arranged for one week each month but the Trust has been organising two weeks of work each month in order to try and catch up following the lockdown earlier in the year.*

Then the announcement by the Government of a second lockdown resulted in the decision to cancel the November work session.



Major landscaping has been carried out in the vicinity of Whitehouses (the former pumping station) requiring 680 tonnes of topsoil imported by 36 truckloads. This was spread with grass seed suitable for sheep grazing. In other nearby locations hundreds of saplings and thousands of bulbs have been planted. A further planting of about 400 trees, donated by the Woodland Trust, was planned for the end of November but has had to be postponed owing to new restrictions.

Extensive building work has also been carried out at Whitehouses and the call for volunteer bricklayers was successful.

*Nigel Williams, Publicity Director,  
Wendover Arm Trust*

## Cheese Muffins

*Helen Lonsdale bought this recipe back from NZ and when made for her family and friends, they disappear immediately on presentation.*



### Ingredients:

- 2 cups (200g) grated tasty cheese
- 1 ½ cups of self-raising flour
- ½ tsp salt
- 1 tbsp sugar
- Pinch of cayenne pepper
- 1 egg
- 1 cup milk

### Method:

1. Mix dry ingredients together in a large bowl.
2. Beat egg and milk together.
3. Pour liquid onto dry ingredients and fold two mixtures together. (Take care not to over mix).
4. Spoon mixture into 12 medium muffin pans which need to be sprayed with non-stick oil.
5. Optional: sprinkle extra cheese or Paprika or Chilli powder on top.
6. Bake at 210c or 200c fan, 6 gas for about 12 minutes until muffins spring back when pressed and are golden brown.

## CROSSWORD No.40 SOLUTION

- Across**
7. Comprehensive 8. Adorable 9. Earl 10. Consult  
12. Aphid 14. Ashen 19. Push  
20. Banknote 22. Receptionists
- Down**
1. Bold 2. Spire 3. Garbils 4. Bereit 5. Asleep  
6. Aversion 11. Obscured 13. Abandon 15. Echoes  
17. Lentil 18. Abate 21. Tulu

## Local Trades and Services

*Please mention Village Life when responding to our advertisers.  
You can find their adverts on the following pages:*

### BUILDING SERVICES

BH Property Services	46
C D Lane Contractors	63
Cesare & Co	64
Dom Walker	35
GP Renovate	56
Hands-on-Handyman	34
K-Lin Woodwork	48
Laxton Properties	53
M D Marriott decorators	57
N R Green	59
P Greville	37
Smashing Windows	34
Telnik Roofing	39

### BUSINESS SERVICES

Actopia IT support	62
Practical Computing	42
Problems with my PC	40
Virtual PA services	55
Wendover Computers	49

### CARE & CARE HOMES

Age UK	60
Oxford Aunts	46
Your Own Home Care	58

### CARS & MOTORING

Roy Chapman	41
Tyre Changers	42
Velvet Cars	39
Wendover Autobodies	44

### CHILDCARE

Barnowls Nursery etc	58
PACE Charity	47

### ELECTRICAL

E Sharp (Electrical) Ltd	38
MJ Electrical	59

### GARDENS

Arbocare	37
Gatemakers	49
Greg O'Callaghan	57
JT Bucks Landscapes	42
Merryweather Mowers	57
Passiflora	40
R B Treecare	36
R D Leonard	57
Town & Country	58

### HOUSE & HOME

A Brighter Home Carpets	43
A Brighter Home Ovens	35
Albany Carpets	40
Alpine Painter	59
Bailey's Bedrooms	44
Elizabeth Anne Blinds	47
Galaxy Aerials	33
Johnson Sewing Machines	57
Mike & Kym	57
Stitch & Mend	57
Super Happy Windows	38
Super Happy Gutters	38
Warren ovens & carpets	55

### HEALTH & FITNESS

A C Dental Clinic	54
Aston Park Tennis Club	39
Bucks Vision	50
Helen Mulhall	57
JoAnn Latus Sch of Dance	52
Jazzercise	51
More Joy Now	38
Perry House, Dental	50
Tai Chi	60
Tring Yoga Studio	36
Tropic Skin Care	43
Wendy Hilliard	51

### HAIRCARE

La Vita	48
---------	----

### HOTELS/RESTAURANTS/PUBS

Haldi Restaurant	61
The Oak village pub	2
West Lodge Hotel	36

### LEISURE & TRAVEL

Adams Travel	60
Chiltern Archery	45
Travel Impressions	55

### PETS

The Dog Mumma	33
The Dogs Yard	32
Wendover Heights	
Veterinary Centre	45

### PLUMBING & HEATING

A C Plumbing & Heating	56
Jenkins Heating	35

### RETAIL

P E Mead Farm Shop	51
Puddingstone Distillery	53
Tring Brewery	33

### SPECIALIST SERVICES

Absolutely Polished	57
Aston Wine Club	62
F R Jeffery coal	37
Heritage & Sons	32
Impact Sign Solutions	32
Martin Holman's Pest Control	47
Simply Precious Cakes	57
Sophy Winfield Counselling	50
Tring Market Auctions	37

## Emergency

### HEALTH

Aston Clinton Surgery	01296 630241	<a href="http://www.westongrove.com">www.westongrove.com</a>
Aston Clinton Dental Clinic	01296 323090	<a href="http://www.astonclintondentalclinic.co.uk">www.astonclintondentalclinic.co.uk</a>
Amersham Hospital	01494 434411	<a href="http://www.buckshealthcare.nhs.uk">www.buckshealthcare.nhs.uk</a>
John Radcliffe Hospital	01865 741166	<a href="http://www.ouh.nhs.uk/hospitals/jr/">www.ouh.nhs.uk/hospitals/jr/</a>
Stoke Mandeville Hospital	01296 315000	<a href="http://www.buckshealthcare.nhs.uk">www.buckshealthcare.nhs.uk</a>
Wycombe Hospital	01494 526161	<a href="http://www.buckshealthcare.nhs.uk">www.buckshealthcare.nhs.uk</a>
NHS Direct	111	<a href="http://111.nhs.uk">111.nhs.uk</a>
Samaritans	116123	<a href="mailto:jo@samaritans.org">jo@samaritans.org</a>

### ENERGY SUPPLIERS

Electricity Emergency	0800 7838 838	
Gas Emergency	0800 111 999	
Water Emergency	0800 3169 800	

### CRIME

Police Emergency	999	
Police non-emergency and Neighbourhood watch	101	<a href="http://www.thamesvalley.police.uk">www.thamesvalley.police.uk</a>
Childline	0800 111	

## Organisations *Any error or omission in this list should be notified to the Editor.*

### EDUCATION

Aston Clinton School	01296 630276	<a href="http://www.astonclintonschool.co.uk">www.astonclintonschool.co.uk</a>
Aston Clinton Pre School	07928 309321	<a href="mailto:pre-school.acpsmanagement@gmail.com">pre-school.acpsmanagement@gmail.com</a>
Totspot (AC Baptist Church)	01296 631824	<a href="http://www.astonclintonbaptist.org">www.astonclintonbaptist.org</a>

### SPORT AND LEISURE

Aston Clinton Badminton Club	07958 479690	
Aston Clinton Bowls Club	01296 630403	<a href="http://www.astonclintonbowlsclub.org">www.astonclintonbowlsclub.org</a>
Aston Clinton Colts Junior F.C.	07786 908219	<a href="mailto:coltsclubsecretary@outlook.com">coltsclubsecretary@outlook.com</a>
Aston Clinton F.C.	07930 925840	<a href="http://www.astonclintonfc.co.uk">www.astonclintonfc.co.uk</a>
Aston Park Tennis Club	01296 630826	<a href="http://www.astonparktennis.co.uk">www.astonparktennis.co.uk</a>
Aston Wine Club	01296 630531	<a href="http://www.astonwineclub.co.uk">www.astonwineclub.co.uk</a>
Aylesbury Green Park Sub Aqua Club	07092 075004	<a href="http://www.aylesburydivers.org.uk">www.aylesburydivers.org.uk</a>
Back to Netball	07545 033986	<a href="mailto:weststandmolly@aol.com">weststandmolly@aol.com</a>
Buckland & Aston Clinton Cricket Club	01296 631788	<a href="http://www.baccc.play-cricket.com">www.baccc.play-cricket.com</a>
Buckland Book Group	01296 630531	<a href="mailto:brfletcher@hotmail.co.uk">brfletcher@hotmail.co.uk</a>
Buckland Bridge Club	01296 630552	<a href="mailto:Buckland.bridge@gmail.com">Buckland.bridge@gmail.com</a>
Dolphin Swim School	07966 450458	<a href="mailto:dolphinswimschool2017@gmail.com">dolphinswimschool2017@gmail.com</a>
Swimezee	01296 730742	<a href="http://www.swimezee.co.uk">www.swimezee.co.uk</a>

## YOUTH GROUPS

Aston Clinton Guides, Brownies and Rainbows		<a href="http://www.girlguiding.org.uk">www.girlguiding.org.uk</a>
Aston Clinton Scouts	01296 708158	<a href="mailto:ac.scouts@Yahoo.com">ac.scouts@Yahoo.com</a>
Aston Clinton Cubs	01296 708158	<a href="mailto:ac.cubs@Yahoo.co.uk">ac.cubs@Yahoo.co.uk</a>
Aston Clinton Beavers	01296 708158	<a href="mailto:ac.beavers@yahoo.co.uk">ac.beavers@yahoo.co.uk</a>
Aston Clinton Youth Club	01296 298682	

## CHURCHES

St Michael and All Angels, Aston Clinton	01296 632488	<a href="http://www.s-michaels.org.uk">www.s-michaels.org.uk</a>
All Saints, Buckland	01296 632488	<a href="http://www.allsaintsbuckland.org.uk">www.allsaintsbuckland.org.uk</a>
St Mary the Virgin, Drayton Beauchamp	01296 632488	<a href="http://www.s-marys.org.uk">www.s-marys.org.uk</a>
Aston Clinton Baptist Church	01296 631824	<a href="http://www.astonclintonbaptist.org">www.astonclintonbaptist.org</a>

## HALLS FOR HIRE

Anthony Hall	07743 976639	<a href="http://hallbookingonline.com/anthonyhall/">hallbookingonline.com/anthonyhall/</a>
Baptist Church	01296 630303	<a href="http://www.astonclintonbaptist.org">www.astonclintonbaptist.org</a>
Buckland Village Hall	01296 630310	
Green Park / Adventure Learning Charity	03303 030101	<a href="http://alfvillages.org.uk">alfvillages.org.uk</a>

## LOCAL GOVERNMENT

Aston Clinton Parish Council	01296 631269	<a href="http://www.astonclinton.org.uk">www.astonclinton.org.uk</a> <a href="mailto:parishcouncil@astonclinton.org.uk">parishcouncil@astonclinton.org.uk</a>
Buckland Parish Council	01296 626073	<a href="mailto:bucklandpc@googlemail.com">bucklandpc@googlemail.com</a>
Drayton Beauchamp. Parish Meeting	01296 630396	
Buckinghamshire Council	0300 131 6000	<a href="http://www.buckinghamshire.gov.uk">www.buckinghamshire.gov.uk</a>
BC Councillors	Bill Chapple OBE	<a href="mailto:Bill.Chapple@buckinghamshire.gov.uk">Bill.Chapple@buckinghamshire.gov.uk</a>
	Mike Collins	<a href="mailto:Mike.Collins@buckinghamshire.gov.uk">Mike.Collins@buckinghamshire.gov.uk</a>
	Carole Paternoster	<a href="mailto:Carole.Paternoster@buckinghamshire.gov.uk">Carole.Paternoster@buckinghamshire.gov.uk</a>
Environmental Health (fly tipping)	01296 585605	
Highways	01296 486630	<a href="http://www.buckscc.go.uk">www.buckscc.go.uk</a>
M.P. for Aylesbury	Rob Butler	<a href="mailto:rob.butler.mp@parliament.uk">rob.butler.mp@parliament.uk</a>

## MISCELLANEOUS

All Saints Friends, Buckland	01296 630454	<a href="mailto:peter.elwin@elwins.net">peter.elwin@elwins.net</a>
Aston Clinton Ladies Group	01296 630740	
Aston Clinton U3A	01296 436403	<a href="http://www.u3asites.org.uk/aston-clinton/home">www.u3asites.org.uk/aston-clinton/home</a>
Horticultural Society	01296 633376	<a href="http://www.astonclintonhorticulturalsociety.co.uk">www.astonclintonhorticulturalsociety.co.uk</a>
Royal British Legion	01296 632039	
SSAFA Forces Help	01296 631030	
Churchill Lunch Club	07921 172642	
Turpins Charity	01296 630162	<a href="http://www.turpinscharity.org.uk">www.turpinscharity.org.uk</a>
Wendover Heights Veterinary Centre	01296 623439	<a href="http://www.whvc.co.uk">www.whvc.co.uk</a>
Women's Institute	01296 706908	<a href="mailto:b.d.ac.wi@gmail.com">b.d.ac.wi@gmail.com</a>

# Heritage & Sons

## Funeral Directors

146 Aylesbury Road, Wendover  
01296 620777

Also at Aylesbury, Amersham, Winslow,  
Buckingham and Bletchley

[www.cpjfield.co.uk](http://www.cpjfield.co.uk)



**C.P.J. Field.**

More than a funeral director since 1690.

*Because every life is unique*



**THE DOGS YARD**

We are a well established, professional and friendly  
business offering a variety of services including:

Walking | Adventure Days | Pet Sitting | Puppy Visits



Covering Aston Clinton and surrounding areas



- Fully Insured
- DBS (CRB) Checked
- Pet First Aid Trained



For more information contact Sam on:

**07480 474049**

**[www.thedogsyard.com](http://www.thedogsyard.com)**

@the.dogs.yard



**Guaranteed quality**

**Unique price promise**

**Established since 1994**



**Vehicles**

**Shop fronts**

**Posters**

**Banners**

**Engraving**

**Vinyl labels**

**& much more...**



**01296 488902**

**[www.impactsignsolutions.co.uk](http://www.impactsignsolutions.co.uk)**

Impact Sign Solutions Ltd, 22-23 Rabans Close,  
Rabans Lane Industrial Park, AYLESBURY, Bucks HP19 8RS

# **GALAXY AERIALS**

**Aerial & Satellite  
Services**

**01628 486 486  
07949 911 100**

**All Services including;  
New aerals & satellites  
Extra feeds & repairs  
Tv Installation & hanging**

**[www.GalaxyAerials.com](http://www.GalaxyAerials.com)  
[Adam@GalaxyAerials.com](mailto:Adam@GalaxyAerials.com)**

[www.thedogmumma.com](http://www.thedogmumma.com)  
[info@thedogmumma.com](mailto:info@thedogmumma.com)  
07713 755661  
@The\_dog\_mumma

**AWARDED  
FIVE  
STARS  
BY AVDC**

**THE DOG MUMMA**

Boarding | Day Care | Walking

Fully Licensed five  
star home dog  
boarding & Daycare

Based in Aston  
Clinton

Made with PhotoMyRoom.com

## **AWARD WINNING BEERS BREWED IN HERTFORDSHIRE**



- DRAUGHT & BOTTLED BEER TO TAKEAWAY
- GIFT VOUCHERS
- TOUR BOOKINGS
- EXPERIMENTAL BREWS
- LIMITED EDITIONS
- T-SHIRTS & GOODIES
- GOLDEN TOAD MEMBERSHIP
- PICKLES & PRESERVES



Throughout 2019 our Monthly Specials have raised funds and awareness for Gaddesden Place Riding for the Disabled



**TRING**  
BREWERY Co.

Dunsley Farm, London Rd, Tring HP23 6HA

01442 890721 [www.tringbrewery.co.uk](http://www.tringbrewery.co.uk)

# HANDSonHANDYMAN

## Property Maintenance

From installation of shelving to the erection of fencing, sheds and greenhouses. Changing tap washers to fitting bathrooms or kitchens. General carpentry, painting and decorating. Clearing out existing guttering to replacement of UPVC fascias, soffits or guttering. Locks or doors fitted, stud walls built, tiling or just completion of that unfinished job!

**NO JOB TOO SMALL.** Liability insured.

References available.

Call Dave for a free quote on  
01296 392667 or 07952 280865

Email: [dave.denton1@ntlworld.com](mailto:dave.denton1@ntlworld.com)

[www.handsonhandyman.co.uk](http://www.handsonhandyman.co.uk)



## Window & Door repairs

Misty or broken windows?

New sealed units fitted

Add Georgian bars or lead designs?

Handles & hinges replaced

We also fit dog & cat flaps

## New Windows & Doors

CERTASS approved !

— visit our website for more details!

Call us on 01296 630650 for more details!

.....or log onto [www.smashingwindows.com](http://www.smashingwindows.com)

★ Give Your Oven the 5 Star Treatment! ★

£10 off Ovens  
£15 off Ranges

- HP22 based family business
- Oven ready to use straight away
- Non-Caustic, Child & Pet safe
- Over 15 years' experience
- Which? Approved Trader
- 500+ Checktrade.com Reviews

Superior Cleaning of:

- ★ Ovens
- ★ Hobs/Extractors
- ★ Ranges & Agas
- ★ BBQs
- ★ Fridges/Freezers

Call us today on:  
**01296 674110**  
[abrighterhome.co.uk](http://abrighterhome.co.uk)

Which? Trusted Trader

 **abrighterhome**  
Oven, Carpet & Soft Furnishing Cleaners

 **Jenkins**  
Plumbing and Heating

Jenkins Plumbing and Heating is a local, family run business based in Aston Clinton.

We are fully insured and gas safe registered with over 16 years experience.

- Expert boiler installation
- Boiler servicing and Repairs
- Power Flushing
- New Cylinders
- Radiators
- Plumbing



**07517 061337**  
[info@jenkinsheating.co.uk](mailto:info@jenkinsheating.co.uk)  
[www.jenkinsheating.co.uk](http://www.jenkinsheating.co.uk)

**Dom Walker**  
*Property Maintenance*

Plumbing, lead work & small electrical jobs  
Bathroom installation & refits  
Carpentry & shelving  
Patch plastering  
Ceramic tiling  
Flat pack construction  
General repairs



**Tel: 01296 631290**  
**Mob: 07966 261431**



## R.B. Tree Care

*Tree felling  
Crown reductions  
Crown thinning  
Hedge trimming  
Stump grinding*

**Riccardo Benigno**  
Arborist

01296630424  
07976450458  
riccardobenigno@gmail.com  
www.rbtrecare.com



TRING  
YOGA  
STUDIO

# YOGA

First 'drop-in'  
just **£5**



Something for Everybody,  
try any of the following:  
Strength core and more,  
Beginners, Yogi Barre,  
Kundalini, Ashtanga,  
Flow, Synergy or  
Fun Aerial.

Choose  
and book  
via our FREE  
**APP**

Contact us for further information  
**07484 089432**  
pauline@tringyogastudio.com

[www.tringyogastudio.co.uk](http://www.tringyogastudio.co.uk)

# West Lodge Hotel

A 19th century Rothschild Lodge House



Enchanting Gardens and Conservatory in Aston Clinton

Ideal venue for small weddings, family celebrations  
and funeral wakes.

Contact Julie on 01296 630362 or email [enquires@westlodge.co.uk](mailto:enquires@westlodge.co.uk)  
Visit our website [westlodge.co.uk](http://westlodge.co.uk)

# TringMarket Auctions

*Antique and Fine Art Auctioneers and Valuers. Est. 1982*



- Valuations for Sale, Probate & Insurance
- Total and Part House Clearance Specialists
- Fine Art Sales and Fortnightly Sales of Antique Furniture and Collectables

*Buying or selling – we welcome your enquiries*

**BROOK STREET, TRING, HERTS HP23 5EF**

**TELEPHONE: 01442 826446**

**sales@tringmarketauctions.co.uk**

**www.tringmarketauctions.co.uk**

# ARBOCARE TREE SURGERY LTD

**Qualified and Experienced Arborists**

- Established over 25 years
- Contractors to the National Trust
- Crown reductions
- Thinning
- Felling
- Hedge Trimming
- Stump Grinding
- Decay Detection & Tree Reports

**Free phone: 0808 1555815**

**Mobile: 07778811136**

**www.arbocare.co.uk**

# P Greville Property Maintenance

## Carpentry Painting & Decorating Specialist

All carpentry & joinery repairs  
Door/window fitting & security locks  
Kitchens, flooring  
Fascias, guttering & fencing

Painting & decorating - internal & external

30 yrs exp – 12yrs Local Authority /  
Age Concern (Harrow) contractor

All work undertaken  
Reliable, professional small local business

Free no obligation estimates

**Tel: 01296 632008 / 07973 408639**  
**paulgreville@gmail.com**

# F R JEFFERY Coal Merchant

- Coal & Smokeless Fuel
- Kiln-dried logs
- Garden Compost
- Also parts for grates

**Delivered to your door  
at low prices**

**Contact:**  
**Rex & Carol**  
**Jeffery on**  
**01296 661258**



# SUPER HAPPY WINDOWS



**Professional window cleaning**  
**High quality, trusted service**  
**Can work up to six floors**  
**Conservatories**  
**Fully insured**

Call us on 07562 738733

Check us out on Facebook @superhappywindows

Email us at jon@superhappywindows.co.uk

# SUPER HAPPY GUTTERS



**Professional gutter clearing**  
**High quality, trusted service**  
**Blockages**  
**Seasonal cleans**  
**Sofits & fascia cleans**  
**Fully insured**

Call us on 07562 738733

Check us out on Facebook @superhappywindows

Email us at jon@superhappywindows.co.uk

MORE  
*Joy*  
NOW

Are you struggling with low self-  
esteem or self-doubt, feeling  
anxious during these uncertain  
times and wanting to find your  
happy?

Why not get in touch with  
me for a free discovery  
session

Joy Walters  
www.morejoynow.co.uk  
joywalterswellness@gmail.com  
07764 688 338

## E. Sharp (Electrical) Ltd

ESTABLISHED 1932

**NICEIC Approved  
Electrical Contractors**

Trelawney  
Stablebridge Road  
Aston Clinton

Tel: 01296 630231  
Mobile: 07908 062 910  
Email: [esharpelectrical@tiscali.co.uk](mailto:esharpelectrical@tiscali.co.uk)

*Velvet Cars*



**Roy Styles**

**07941 602476**

**07734 450338**

**Email: r.a.styles750@btinternet.com**

**Taxi service to airports, cruise terminals, out of town trips, anywhere, anytime.**

**Competitive quotes given for my friendly reliable service.**



**Specialists in the  
repair & renewal of all  
types of roofing issues**

**WE ARE MEMBERS OF THE NFRC  
TRUSTMARK APPROVED CONTRACTOR**

**Tel: 01296 631230**

**Email: [info@telnikroofing.co.uk](mailto:info@telnikroofing.co.uk)**

**[www.telnikroofing.co.uk](http://www.telnikroofing.co.uk)**

Unit 25  
Space Business Centre  
Smeaton Close  
Aylesbury  
Bucks  
HP19 8HL



## **Come and play tennis at Aston Park**

We are a local, friendly club welcoming both casual and competitive players.

Come and try us out – we offer:



- **Adult mix-ins and social club nights**
- **Men's, women's and mixed teams**
- **Junior & adult coaching**
- **Christmas & birthday gift memberships available**



For more information

Membership: Call Sue on 01296 630826 or email [membership@astonparktennis.co.uk](mailto:membership@astonparktennis.co.uk)

Coaching : Call Barbara on 07757 690392

**[www.astonparktennis.co.uk](http://www.astonparktennis.co.uk)**



# Passiflora

Garden Design and Maintenance



I am a fully qualified garden designer. Perhaps your garden needs just a little tender loving care after the winter, or some regular maintenance.

Or maybe you would like some fresh ideas and would like to implement a new planting plan to lift the senses and stir the emotions.

Whatever your garden needs ...

Contact Claire on 0752 5336749 (Aston Clinton)

## ARE YOU HAVING PROBLEMS... WITH YOUR COMPUTER OR GADGETS?

- ✓ Make your PC Faster
- ✓ Remove Viruses
- ✓ Fix Internet & Email
- ✓ WiFi & Home Network
- ✓ Security, AntiVirus & Backups
- ✓ PC's, Macs, iPads & iPhones, Printers etc



**EXPERT & FRIENDLY ASSISTANCE  
IN YOUR HOME OR OFFICE**



**Contact Robert King**

**Tel: 01442 359999**

**Mob: 07968 224460**

EMAIL: [HELP@PROBLEMSWITHMYPC.CO.UK](mailto:HELP@PROBLEMSWITHMYPC.CO.UK)

READ THE NICE THINGS PEOPLE HAVE SAID AT...

**[WWW.PROBLEMSWITHMYPC.CO.UK](http://WWW.PROBLEMSWITHMYPC.CO.UK)**

## Albany Carpets

**Celebrating 50 years as Buckinghamshire's  
largest flooring stockist**

Domestic & commercial flooring specialists

Luxury Vinyl Tile Specialist including Amtico, Earthwerks & Karndean

We stock and supply carpets from all the big manufacturers including Adam Carpets, Cormar Carpets, Victoria Carpets, Abingdon Flooring and lots more

We are a **Local Family Run Business**

Call now for our friendly, professional free quotation service on **01296 423593**

or visit our website [www.albanycarpets.co.uk](http://www.albanycarpets.co.uk)



**e-mail [info@albanycarpets.co.uk](mailto:info@albanycarpets.co.uk)**

# Winter Health Check

Winter can be one of the most challenging seasons for drivers in the UK. To make sure your car is prepared for the toughest weather conditions that may lay ahead during this period, book in for one of our Winter Health Checks.

## Free

### 6 Point visual check

Free 6 point check report includes: Tyres, anti-freeze, wipers, battery, oil and lights.

## £25\*

### 30 Point check + wash, vac & Winter Care Kit

Check includes: Condition report includes: Battery, alternator, exhaust, tyres, steering, suspension, cooling system, brakes, oil, wipers, anti-freeze, air con, heater, screen wash and lights. Top ups of up to 1/2 litre of all vital fluids, a wash and vacuum, plus a Winter Care Kit worth over £10 containing: 600ml de-icer, de-mister pad, torch, ice scraper and screen wash sachet.

**ONLY  
£12.50\***  
WHEN CARRIED  
OUT WITH A  
SERVICE  
OR MOT



## RoyChapman Ltd

**Email:** [info@roychapman.com](mailto:info@roychapman.com)

**Tel:** 01442 871234

**Visit:** [roychapman.com](http://roychapman.com)





## THE TYRE CHANGERS

**07746 903095**

**HAVE YOUR NEW TYRES FITTED AT  
HOME OR YOUR PLACE OF WORK**

Local and convenient low cost tyres fitted  
at a time and place that suits you.

Budget, mid-range and premium tyres  
supplied at the best prices.

Winter and summer Tyre Changes

Email: [info@thetyrechargers.co.uk](mailto:info@thetyrechargers.co.uk)

[www.thetyrechargers.co.uk](http://www.thetyrechargers.co.uk)



**JT BUCKS LANDSCAPES**

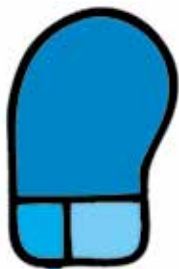
Garden design • Patios  
Fencing • Gates • Sheds  
Hedge cutting  
Tree care • Turfing  
General Garden Maintenance

---

Call us: 07756 518560

---

Email us: [jtbuckslandscapes@gmail.com](mailto:jtbuckslandscapes@gmail.com)



## Practical Computing

### **Problems with PC or Apple Mac? Help is at hand!**

Friendly PC professional Andy Downes will call at your  
Office or Home to help with any computer issues.

#### **Small Business or Sole Trader**

Regular visits or Ad-hoc support. Email, Internet, Installations, Upgrades,  
Wireless, Networks, Data Recovery, 1-2-1 help

#### **Home Computer User**

8am – 8pm Mon – Sat • No Fix – No Fee for Home customers

**[www.practicalcomputing.co.uk](http://www.practicalcomputing.co.uk)**

email: [advice@practicalcomputing.co.uk](mailto:advice@practicalcomputing.co.uk)

**01442 827257 • 07952 634611**

# ★ Give Your Carpets the 5 Star Treatment! ★

FREE  
Stainguard  
Or £25  
Discount

- HP22 based family business
- Fast Drying - Carpets 1-2 hrs
- Child, Pet and Wool safe
- Over 25 years' experience
- Which? Approved Trader
- 500+ Checkatrade.com Reviews



**abrighterhome**  
Oven, Carpet & Soft Furnishing Cleaners



Superior Cleaning of:

- ★ Carpets
- ★ Upholstery
- ★ Leather
- ★ Rugs
- ★ Hard Floors

Call us today on:

**01296 674110**

**abrighterhome.co.uk**

TROPIC

**Would you like to try something new?**

♥ Tropic Skincare is an award-winning, cruelty-free, vegan beauty brand creating freshly made products every day at our Surrey Beauty Kitchens using premium, natural ingredients.

♥ The range includes skincare, body care, hair care, sun care and makeup and is sold through Ambassadors like myself.

♥ To find out more

- Browse the products at: [bit.ly/TropicwithTree](http://bit.ly/TropicwithTree)
- View the latest catalogue at: [bit.ly/TropicAW20](http://bit.ly/TropicAW20)
- Find me on Facebook!

♥ If you'd like to find out more about Tropic, our gorgeous products, or the Ambassador opportunity – I live in Aston Clinton, why not get in touch!

♥ Teresa Rattée - Independent Ambassador – Tropic Skincare



07977 939892



[Tropicwithtree@outlook.com](mailto:Tropicwithtree@outlook.com)

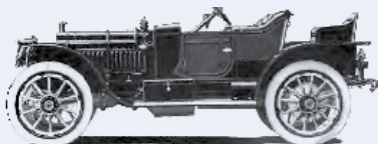


TropicwithTree

# Wendover Autobodies

Your friendly local service station

- Accredited MOT testing station
- Repairs & servicing
- Courtesy car available
- Tyres supplied



**Telephone: 01296 624561**

**Mobile: 07773 197 210**

Unit 7, Harebridge Lane, Halton, Wendover, HP22 5PF



**Bailey's**  
**FITTED BEDROOMS**

*Direct from Manufacturer*

Tailor Made Wardrobes, Cabinets & Drawers  
Latest Contemporary & Traditional Styles  
Home Office, Living Room, Bespoke Designs  
Replacement Bedroom & Kitchen Doors, Fronts, Tops  
Designer Sliding Doors  
New MDF Colours  
Solid Woods

**Furniture for**  
*THE INDIVIDUAL*  
**[www.baileysbedrooms.co.uk](http://www.baileysbedrooms.co.uk)**

Call us NOW for a FREE Design Quote:

**01296 630766**

**m: 07872 988111**

Not modular units  
as others, but truly  
made for you...

**"Best Value"**  
Baileys Charter

*Serving the local area...*



Fancy something different for a

## Birthday Party

Try an **archery** party  
for small to large groups 8 years and over.



.....

**Have a go Archery Experiences  
&  
Archery beginners courses also  
available**

All events managed by our own qualified coaches.

Call us to discuss your party needs

01296 630919

or email

[doreen@chiltern-archery.co.uk](mailto:doreen@chiltern-archery.co.uk)

*The Archery Centre, Buckland, Aston Clinton, Buckinghamshire, HP22 5HZ*



WENDOVER HEIGHTS  
**veterinary** centre



### Wendover Heights Pet Club

Save money and spread  
the cost of your pet's  
regular recommended  
healthcare

Plans available  
for dogs,  
cats and rabbits

Tring Road, Halton,  
Aylesbury, Bucks,  
HP22 5PN

*Plus branch surgery in Gt Missenden*

**01296 623439**


Appointments & emergencies

[www.whvc.co.uk](http://www.whvc.co.uk)

**Cats, dogs & small pets  
Birds and Exotics  
Canine Hydrotherapy  
Equine Clinic  
Pet shop**

# Why leave the home you love to receive the care you need?

Choosing live-in care from Oxford Aunts means staying in your own home, on your own terms, even if you only need a little extra help. Our service is fully managed, nurse-led and worry-free. To find out more, please get in touch today.

 **01865 791017**  
 **oxfordaunts.co.uk**



**For House and Home**

**Handyman Services  
24 Hour Locksmith**

**Painting and Decorating, Plumbing,  
Gutter Repairs and Cleaning, Carpentry...**

**Weston Road, Aston Clinton**

**Gavin Lawrence**  
enquiries@bhpropertieservices.co.uk

**07731 047439**  
www.bhpropertieservices.co.uk



# Elizabeth Anne Curtains & Blinds

Free  
Measuring  
& Advice



- \* Curtains
- \* Blinds
- \* Wallpapers
- \* Tracks & Poles
- \* Home & Commercial

**01442 384567**

info@elizabethanne-blinds.co.uk  
www.elizabethanne-blinds.co.uk

98 High Street | Berkhamsted | HP4 2BL  
(opposite The Gatsby)  
Open Monday to Saturday 9.30am - 5.00pm

## Martin Holman's Pest Control & Services



Qualified with over 17 years experience

Full Public Liability Insurance

Treatments/Prevention for  
rodents & insects

Domestic & commercial

Quick & reliable service

**(M) 07510 290321**

**(T) 01296 622972**

**ratman01@talktalk.net**

www.martinholmanspestcontrol.co.uk



@MHPestControl



# Step up and make a difference

Pace  
The **BIG** Walk

**NEW ROUTE - NEW DATE 24 APRIL 2021**

**Walk for Pace and make a huge difference to our inspirational children, who face mobility challenges every single day.**

Three routes: 18, 12 and 6 miles along the infamous Ridgeway.

**Sign up today at [thepacecentre.org/thebigwalk](http://thepacecentre.org/thebigwalk)**

Charity No. 1011133



# K-LIN

.co.uk

CABINET MAKING & JOINERY

EST: 2004

A family run business covering many aspects of woodwork including kitchens, bedrooms, studies, flooring, interior & exterior Joinery and much more. For your woodworking requirements please contact Mark Green.

Office: 01296 612606 Mobile: 07748 903748

Email: [mark@k-lin.co.uk](mailto:mark@k-lin.co.uk)

MAKING WOOD - WORK FOR YOU



**la vita**  
HAIR DESIGN

**01296 633335**

**New salon open!**

Merry Christmas  
Love Teresa, Nikki & Lisa x

# THE GATEMAKERS

## TIMBER GATES AND GARAGE DOORS

[www.gatemakers.co.uk](http://www.gatemakers.co.uk) / [admin@gatemakers.co.uk](mailto:admin@gatemakers.co.uk) / 01296 630798



**Buckinghamshire based timber Gatemakers for over 40 years.**  
**Entrance Gates, Garden Gates, Garage Doors and Stable Doors.**  
**PETFORD LEA, BUCKLAND VILLAGE, AYLESBURY, BUCKINGHAMSHIRE, HP22 5HU**



## WENDOVER COMPUTERS

EVER FELT LIKE THROWING YOUR COMPUTER OUT THE WINDOW?  
FED UP WITH IT GOING SLOW?  
CRASHING OR FREEZING?  
STRANGE MESSAGES POPPING UP?  
OR WOULD YOU JUST LIKE TO UPGRADE IT?

**Using a computer can be frustrating at times, so why not let me help! I am qualified IT Technician and can help with all your computer needs at very competitive rates.**

Try our Nano PC – 10x the power, a 10th of the size!  
Only 11.5 x 11 x 51.6mm – Fits in the palm of your hand!  
Quad Core Processor, 8 GB RAM 500gb Solid state drive,  
installation available.

Quad Core Laptops, 8gb RAM, solid state drive  
from only £499

Call Pete on 0800 311 8385 or 07881 555 482

Email: [pete@wendover-computers.co.uk](mailto:pete@wendover-computers.co.uk)  
[www.wendover-computers.co.uk](http://www.wendover-computers.co.uk)



Upgrade your Mac



Is your Apple Mac slow or running out of space?  
Why not upgrade the hard drive to a larger Solid  
State Drive and get a super performance upgrade?





A place to be  
**Me**

**Sophy Winfield**  
Experienced local therapeutic  
counsellor offering a friendly,  
professional and private counselling  
service for adults, children  
and young people.  
**Free 30 minute initial consultation**  
BACP registered and insured

07749 937706  
sophy@aplacetobe.co.uk  
www.aplacetobeme.co.uk

Locally based Confidential Discreet

## Would you like to join a VIP Diners Lunch Club?

BucksVision is looking to launch  
a monthly lunch club for people  
with sight loss in the Aylesbury  
vale area but we need volunteers.

If you can spare one weekday  
lunchtime a month to help that  
would be fantastic! Full training  
and expenses will be provided.

**01296 487 556**

reception@bucksvision.co.uk

Working together



**R N I B**

See differently

**Supporting people with sight loss**

Registered Charity no 1147814



**Perry House**  
Dental Surgery

**Dentists Dr Lynda Raybould  
& Dr Tracy Johnson  
welcome you to  
Perry House  
Dental Surgery**



Dr Raybould has owned Perry House Dental Surgery for 28 years and together with a wonderful team, offer a range of dental treatments in a relaxed and caring environment.

Please phone Natalie on 01296 622631 or email [reception@perryhouse.co.uk](mailto:reception@perryhouse.co.uk)  
Follow us on Facebook too!



**Perry House Dental Surgery**  
(above the chemist)  
28 High Street  
Wendover  
HP22 6EA

# CHIROPODIST

## Wendy Hilliard

MSSCh MBChA HCPC Registered

For nail cutting, treatment of hard skin, corns, thickened nails, advice on diabetic feet etc

Please call 01296 630189  
or 07969 741 792  
for an appointment in the  
comfort of your own home



Morning, evening and weekend classes  
in Aylesbury, Cheddington, Pitstone,  
Tring & Wilstone

[www.jazzercisebbh.com](http://www.jazzercisebbh.com)

To book your spot on the dance floor,  
contact Keri - 07900 987230  
[jazzercise1@hotmail.co.uk](mailto:jazzercise1@hotmail.co.uk)

Open 7 Days!

## FARM P.E. MEAD & Sons SHOP

- Always a big selection of fresh Fruit & Vegetables
- Extensive freezer selection too.
- Our own lamb and beef, and local venison.
- Top brand pet foods and animal feeds.
- Garden bird tables and bird food.

The Home of:

chiltern  
cold pressed  
rapeseed oil

P E Mead & Sons Farm Shop  
Wilstone, Nr Tring, HP23 4NT  
w: [www.pemeadandsons.co.uk](http://www.pemeadandsons.co.uk)

Find us on  
Facebook

t: 01442 828478

# JoAnn Latus SCHOOL OF DANCE



Book Your  
**Free**  
Trial Lesson  
Today

**The JoAnn Latus School of Dance offers a range of different dance classes for children aged 3 years and upwards.**

The school was first established in 1987 and has **venues in Weston Turville, Aston Clinton, Stoke Mandeville and Eaton Bray**. We teach a variety of styles of dance: **Ballet, Tap, Modern, Jazz and also a free style street dance class.**

- ▶ *Royal Academy of Dance - Ballet syllabus*
- ▶ *Imperial Society of Teachers of Dance - Tap, Modern and Jazz dance*
- ▶ *Fully qualified teachers that also hold Chaperone Licences*
- ▶ *Professional Standards & Safeguarding Children policy*

## **We Provide:**

- ▶ *Classes for girls and boys aged 3 years and upwards*
- ▶ *Regular examinations*
- ▶ *Summer schools and theatre trips*
- ▶ *School performances at Aylesbury Waterside Theatre*
- ▶ *Opportunities to dance at The Royal Albert Hall, Disneyland Paris and other prestigious venues*

For more information about our classes please contact Jo Latus on:

**T: 07800 518 654**

**E: [info@jolatusdance.co.uk](mailto:info@jolatusdance.co.uk)**

**[www.jolatusdance.co.uk](http://www.jolatusdance.co.uk)**

**Find Us on Facebook: [facebook.com/JoLatusDance](https://facebook.com/JoLatusDance)**



**Dance School Locations: Weston Turville · Stoke Mandeville · Aston Clinton · Eaton Bray**

# PUDDINGSTONE DISTILLERY

Distillers of Hertfordshire's award winning Campfire Gin  
and winter seasonal PUD PUD Gin



**SPIRIT** *of the* **OUTDOORS**

**CAMPFIRE GIN SHOP TASTINGS TOUR EVENINGS EVENTS**

Tring, Herts HP23 4NT [puddingstonedistillery.com](http://puddingstonedistillery.com)





**Laxton**  
PROPERTIES

LAXTON PROPERTIES IS A  
LOCAL DEVELOPER DELIVERING  
HIGH QUALITY HOMES IN  
BUCKS AND HERTS

## MORE LAND REQUIRED

Please contact us if  
you have land with  
development potential

Forthcoming developments  
in **Longwick** and **Quainton**

[www.laxtonproperties.co.uk](http://www.laxtonproperties.co.uk)  
01442 878982



## Welcoming new patients

We are experts in finding solutions to your dental needs

Appointments also available on Saturdays  
and late nights Tuesdays and Thursdays

---

Contact us today on **01296 752134**

---

We can offer you:

Adult Orthodontics | Dental Implants | Teeth Whitening  
Root Canal Treatment | Restorative Dentistry

1a Stable Bridge Road, Aston, Clinton, Bucks HP22 5ND  
**01296 752134** | [astonclintondentalclinic.co.uk](http://astonclintondentalclinic.co.uk)

a part of  
**PORTMAN**  
dental care

# OVEN AND CARPET CLEANING

Commercial domestic end-of-tenancy

AGA • RANGE • BBQ • EXTRACTOR

CARPET • RUG • UPHOLSTERY

Fully insured Extreme care Best results

**14 YEARS  
Experience  
■  
Personal  
Service**

**Call  
Warren on**  
**01442 827 899**  
**07780 865 632**





- Weekends spent on tedious admin?
- 100's of emails filling your inbox?
- Paperwork & receipts in a pile to be dealt with ... eventually?

**You might need a Virtual Assistant!**

- Diary management
- Data entry
- Contacts organisation
- Sales leads follow ups & tracking
- Beautiful Powerpoints
- Filing organisation

- Invoicing
- Event coordination
- Travel planning
- Admin processes
- Typing / Word
- Web updates
- A safe pair of hands!

Do give me a call for a no-strings chat about how Aston Clinton's most organised VA could make **your** life easier.

Kathy Soulsby  
[Kathy@personallyvirtual.co.uk](mailto:Kathy@personallyvirtual.co.uk)  
 07805 390651  
[www.personallyvirtual.co.uk](http://www.personallyvirtual.co.uk)



Tring's Independent Travel Agency

## Merry Christmas & Happy New Year from Travel Impressions

If you need help and advice planning your next holiday, we will be extending our opening hours in January to include every Saturday from 9am-1pm.

**Come in for a chat over a coffee!**



**Travel Impressions**



**01442 890265**

[enquiries@travelimpressions.co.uk](mailto:enquiries@travelimpressions.co.uk)  
[www.travelimpressions.co.uk](http://www.travelimpressions.co.uk)

Suite 4, George House, 64 High Street, Tring, Herts. HP23 4AF



# gp R renovate

Where passion meets experience

**Construction • Design • Renovation**

 /gprenovate 01296 630822

**www.gprenovate.co.uk**

## Aston Clinton Plumbing & Heating

**SAME DAY SERVICE**

**All aspects of Plumbing & Heating including oil & gas fired systems**

- New Cylinders • Cold Water Tanks • Taps & Ball Valves
- Power Flushing • Radiators • Boiler Servicing & Repairs
- 24/7 Breakdown Cover

Established 1978  
www.astonclintonplumbingandheating.co.uk

**Aylesbury customers**  
01296 350034

**Aston Clinton customers**  
Tel: 01296 350034  
Mobile: 07860 301576  
Email: andrewhatcher55@aol.com

**Tring customers**  
01442 540014



Phone Audrey  
07968234757 or 01296 631007  
✉ [stitchandmend@gmail.com](mailto:stitchandmend@gmail.com)

## M.D. MARRIOTT



Painting, Decorating  
and Colour Design  
*Professional & reliable service*

**Tel: 01296 630576**

128 London Road, Aston Clinton

**helen mulhall**  
**07508638968**  
personal trainer  
running coach  
biomechanics coach  
I4 GP referral certificate



[helenmulhallpt@yahoo.co.uk](mailto:helenmulhallpt@yahoo.co.uk)  
[helenmulhall.com](http://helenmulhall.com)



**G.O'Callaghan  
Tree Care Ltd.**

**Greg O'Callaghan**

- ☐ Fully Qualified & Insured Arborist
- ☐ Tree Removal, Reduction & Reshaping
- ☐ Hedge Trimming & Replanting
- ☐ Stump Grinding
- ☐ 24-Hour Emergency

**T: 01296 613529**

**M: 07767 795883**

**[www.gocalitreecare.com](http://www.gocalitreecare.com)**

**[gocalitreecare@gmail.com](mailto:gocalitreecare@gmail.com)**

## Merryweather Mowers

*Sales - Service - Repairs*

54 Brook Street, Aston Clinton

**Tel: (01296) 631918**

Proprietor: Ian Stiles

## MIKE & KYM Painters and Decorators

*Husband & wife team*

Professional finish \* Friendly reliable service  
Aston Clinton based

**Tel: 01296 632341**

## Sewing Machines *Sales, Service and Repairs*

60 Green End Street, Aston Clinton

**Tel: 01296 630524**

PROPRIETOR: M JOHNSON



## RD Leonard Ltd Fencing and Gates

Other work also undertaken

Contact Richard on

07875723201

[rdleonardltd@gmail.com](mailto:rdleonardltd@gmail.com)



## Simply Precious Cakes

Aston Clinton bespoke cake maker

& Decorating Supplies

Beautiful delicious cakes for all  
occasions, Hire equipments, Cake  
Decorating Classes & Cake Tools

m: 07415 769558  
[www.simplypreciouscakes.co.uk](http://www.simplypreciouscakes.co.uk)



*Professional Nail Salon, Aston Clinton*  
**07951 209491**

# PATIOS FENCING DRIVEWAYS



Decking  
Ponds  
Block Paving  
Resin Bonded Drives  
Brickwork  
Pergolas  
Resin Bonded Paths  
Design and Planting



## TOWN & COUNTRY LANDSCAPING & FENCING



07815946340

07870519614

WWW.

tc-landscaping.co.uk



# Barnowls

Nursery, Pre-School  
and Out of School Club

Contact Claire or Nila  
on 01296 632692

8 New Road, Aston Clinton and  
AC and Weston Turville schools

enquiries@barnowlsnursery.com

We are a nurse-led home care  
provider committed to delivering  
the very highest standards of care.

Support from our dedicated team  
gives you or your loved one the peace  
of mind and confidence to be able to  
continue living at home.

Family-owned and managed, we are  
independent and do not belong to a  
national chain or franchise. We are  
registered with the CQC, number  
1-1499072841.

To talk to us about your requirements  
please call Helen Yates RGN on  
07920887414 or 01442 843064 or email  
helen.yates@yourownhomecare.co.uk

  
your own  
home care  
putting the nursing back into care



www.yourownhomecare.co.uk



**The Alpine Painter**

**Wayne Davis**

Reliable Painter, Decorator  
and do-er of odd jobs that you  
never get round to sorting  
yourself!

**07928 898108**

**[Alpine-painter@yahoo.com](mailto:Alpine-painter@yahoo.com)**



# N.R. Green

Established in 1945

**Builders**

**Plumbers**

**Decorators**

**Tel: 01296 631922**

**Mobile: 07980 676803**

224 London Road  
Aston Clinton  
HP22 5LE



# MJ Electrical Engineering Ltd

All electrical work undertaken

**NICEIC Approved Electrical Contractor**

Call Mike on 01296 630703 or 07530 899434

Email: [info@mj-electrical.co.uk](mailto:info@mj-electrical.co.uk)

Website: [www.mj-electrical.co.uk](http://www.mj-electrical.co.uk)

# Adams Travel

Your Local Independent  
Travel Agent

11 Market Square  
Aylesbury

Tel. 01296 873017

aylesbury.adamstravel@gmail.com

www.adamstravelaylesbury.co.uk




# TAI CHI & QIGONG

*Improves joints, mobility, balance etc*

**Every Tuesday evening**

Beginners Class 6pm-7pm  
Beginners Plus Class 7pm-8.30pm

at 'Your Café in the Park'  
Aston Clinton Park, London Rd, HP22 5HL

Contact Keith Fensom 07787 224823  
email: keith.fensom@gmail.com  
www.yangshengtaichi.com




## Age UK Bucks services and support

**We help older people throughout the county live  
independently**

- \* Information and advice
- \* Welfare benefits home visits
- \* Befriending
- \* Help-in-the-Home
- \* Garden Maintenance
- \* Handyperson
- \* Computer Training
- \* Toenail Cutting Service
- \* Hairdressing

**Call 01296 431911**

[www.ageukbucks.org.uk](http://www.ageukbucks.org.uk)  
145 Meadowcroft, Aylesbury HP19 9HH  
Registered charity 1139423



# the haldi restaurant



80 Marsworth Road, Pitstone, Bucks LU7 9AS



Winners of the  
Best Indian Restaurant,  
South East 2014  
Asian Curry Awards, UK

13th & 22nd  
December  
**Elvis Night!**  
£35pp

Tel: 01296 662204/661223

for Orders & Table Bookings

Open 7 days a week including Bank Holidays

Sunday to Thursday

Noon-2.00pm 5.30-10.30pm

Friday and Saturday

Noon-2.00pm 5.30-11.00pm

[www.thehaldipitstone.co.uk](http://www.thehaldipitstone.co.uk)

[f/thehaldirestaurant](https://www.facebook.com/thehaldirestaurant)



# actopia

technology. evolved.

## Complete award-winning IT support and services.

- New PCs, laptops and peripherals
- Bespoke systems built to your requirements
- Computer diagnosis, repair and upgrades
- Backup solutions and disaster recovery
- Networks for business and home
- Microsoft Office 365 specialists



Leading locally with in-house engineers and our own workshop. See why we've a 20-plus-year award-winning history!

# 01296 390 650

[www.actopia.co.uk](http://www.actopia.co.uk)

[enquiry@actopia.co.uk](mailto:enquiry@actopia.co.uk)

See our website to learn more. Read cases studies and testimonials from our satisfied clients. Visit our offices at Ardenham Court, Oxford Road, Aylesbury, Bucks. HP19 8HT. Mon-Fri, 9am-5pm.

## You don't need to know about wine to join us!



- Learn about wines from almost every corner of the world
- Professional speakers
- Usually eight wines to taste
- Light buffet
- Friendly, relaxed and informal evenings
- Tastings once a month on a Friday at Buckland Village Hall
- Non-members are welcome to come to our tastings

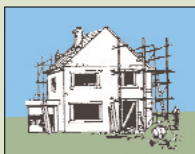
[www.astonwineclub.co.uk](http://www.astonwineclub.co.uk)  
or contact the club secretary on 01296 630531

# C.D. LANE

## CONTRACTORS LTD

*Established 1983*

Extensions • New Builds • Brickwork  
Conversions • Renovations • Driveways,  
Garden Construction • Excavator Hire (with driver)



We will undertake your project  
big or small from planning to  
completion with full site management  
including all carpentry,  
decorating, plumbing and electrical  
to achieve a first-class finished project.

No obligation quotations

Hatchways, Buckland Wharf, Buckland  
Aylesbury, Bucks HP22 5LQ  
Tel: 01296 630551 or 01442 732344  
Mobile: 07831 712683  
Email: [cdlane417@btinternet.com](mailto:cdlane417@btinternet.com)





# LOOKING FOR AN ESTATE AGENT?

## **We're here to help**

With a passion for property and an uncompromising approach to customer service, our balanced mix of local knowledge and professional know-how ensures our place as the leading agents for property sales and lettings in Aston Clinton, Tring, Berkhamsted and the surrounding area.

**Contact us today for a free valuation of your property**

Sales: 01442 827000

Lettings: 01442 826111

[tring@cesare.co.uk](mailto:tring@cesare.co.uk)

**CESARE&CO**

[cesare.co.uk](http://cesare.co.uk)